
FHM
JULY 2015 / ₹ 100
WHO THE HELL IS DAN BILZERIAN
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TURN THESE ROADS INTO RACING TRACKS
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07 BESPOKE COCKTAILS FOR MUCH NEEDED COOLNESS
FLIP SIDE OF Shruti Haasan
INDIA EDITION VOL 8 ISSUE 8



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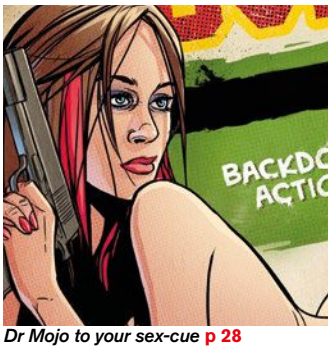
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ON THE COVER

Look1 - Crop top and skirt: Deme by Gabriella; Shoes: Christian Louboutin; Earrings and bracelets: Accessorize
Look2 - Top and cuff: The V Renaissance; Bralet: La Senza ; Pants: Zara; Shoes: Christian Louboutin



EDITOR'S LETTER

We're always excited about July stepping in. Halfway through the year, the weather has tell-tale signs of change, Uncle Sam is gearing up for his birthday bash, and all of Europe is looking towards Pamplona to run with the bulls. Of course, we have the Bikini Day, Kissing Day (*seriously?*) happening as well! July is refreshing, July means vacations, July is *FHM*! It's that time of the year when we open the voting lines for you to decide who the sexiest damsel in the world is! We are just weeks away from the winner of *FHM's* 100 Sexiest Women! Log on to www.fhmindia.com and make your vote count!

We bet that you will love our cover story. I mean, since we have two contrasting Shruti Haasans in every frame… who wouldn't? She is every bit pretty as she is intense; chirpy as she is forceful. We thought 'Flip Side', we thought Shruti Haasan.

We're all speed demons here and love metal chariots that get our adrenaline racing. We can safely say that about you and that's why we put together a delicious list of articles that will nudge you to hit the road! Thoroughbreds to look out for this year, review of the new Audi Q3, best roads in India to race on… it's all here.

Vilas Nayak is a prodigy speed painter and is making waves the world over. He caught our attention in a jiffy (*no pun intended*) and we could not stop talking to him. Read it all on Pg 84. We have always been in favour of the *FHM* man being acquainted with all things 'kitchen & bar' and thus have shortlisted an array of carefully crafted finger foods and cocktail accompaniments to let you show-off your culinary and mixology skills. A dash of lime, a cheesy dip and you're ready to rock your party!

Obviously, the regulars as well… Style Advice, Sexpert Column, gadgety stuff for the geeks. Oh! Did I mention a tête-à-tête with Lionel Messi?

Enjoy!

Ashish Pratap Singh, Editor



Get in touch!

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ACCESS

IT'S GREAT TO BE A MAN

EDITED BY *CHRIS SAYER*



WHO SHE?

Age: 24
Born: Philadelphia
Likes:
Tequila, bum bags
Twitter:
@MissValKeil
Instagram:
@missvalkeil

BREAK INTO THE PLAYBOY MANSION

From pouring pints to wet and wild garden parties with Hef, it's London-loving LA girl Val Keil…

We all really love a good 'when the impossible becomes possible' underdog story. Like *Rocky*, *Cool Runnings*, or the time Harry Redknapp let a West Ham fan play the second half in a 1994 friendly… and he scored. Turns out Stallone, 'Arry and the Jamaican bobsled team are in good company, as Valerie 'the best thing to come out of Philly since cheese steak' Keil has a rags-to-riches tale all of her own.

After hearing one too many boozehounds telling her she could be a model when she was working as a barmaid, Val emailed some snaps to *Playboy*, had a nap, and woke up to a phonecall asking if she fancied a shoot. Two years on, and when she's not holidaying in our capital or squeezing a sexy *FHM* photoshoot into the middle of a sightseeing trip to Big Ben and Abbey Road, our Val's a regular round Hef's–where you'll find her watching films, playing games or having a bad time on a slip 'n' slide. Better let her explain…

So Val, go on, what's this story about you and the slip 'n' slide?

Oh, it was during my first party at the *Playboy* mansion. It was 4th July, and every year there's a huge slip 'n' slide down this hill. Apparently we weren't supposed to go head first, and I didn't know this. You know, it's my first year, and I'm like, "Wooo, slip 'n' slide!" I went down headfirst, but at the »

MARSHALL JAMES

GREG SIMPSON





"I LIKE TO DRINK TEQUILA WITH WATER. PEOPLE LOOK AT ME LIKE I'M CRAZY"

end of it my knee hit my cheekbone, and I ended up having to get 15 stitches. I didn't stay for the fireworks, which was a bummer.

When did you last nip round to the mansion?

Back in April. It was Hef's birthday, and every year you have to dress up like someone from *Casablanca*. You have a nice meal, caviar, champagne and re-enact the movie a little. It's really nice.

We hear games night is big there. Is Hef a massive fan of KerPlunk?

(*Laughs*) I haven't played that in a while–the one with marbles and sticks, right? But no, we play Mexican Train. It's pretty much like dominoes. It's very fun, but I always lose.

You're a former bar girl. Are you a beer drinker?

You know what, since living in LA I'm not so much of a beer drinker, but back in Philly I liked craft beer. My personal favourite is a sour beer, but I do like an Allagash White, and also Wells Banana Bread Beer.

What's your tipple in LA, if beer's off the menu?

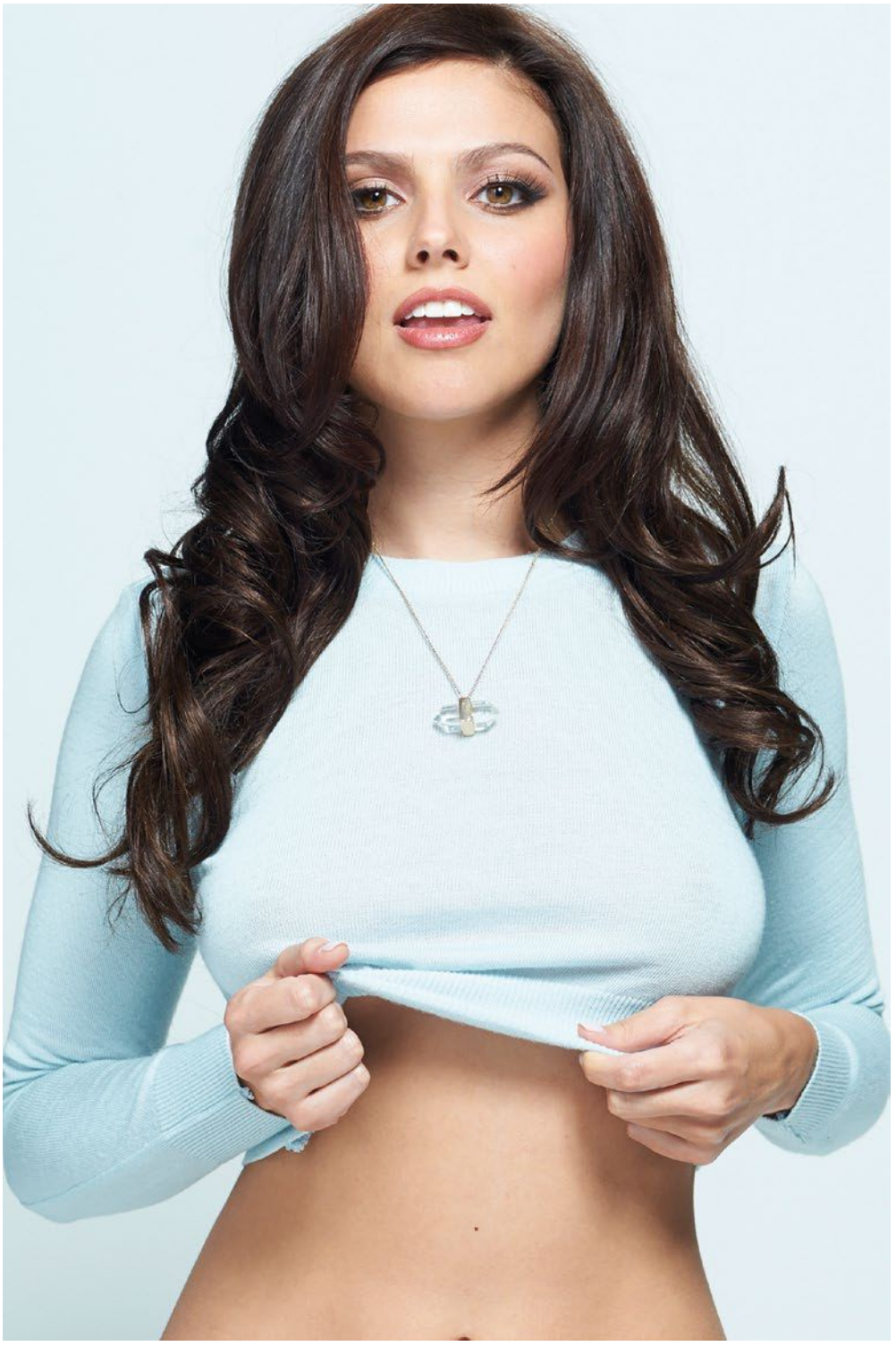
Tequila is my go-to now. I like to drink tequila with water. People look at me like I'm crazy.

You've been in London loads recently. What have you been getting up to?

I stayed in Notting Hill, and I got to see Portobello Road, Brick Lane and Abbey Road. I also went to (burlesque club) The Box. I didn't know what I was getting myself into–it's



"NOBODY TOLD ME YOU SHOULDN'T GO DOWN THE SLIP 'N' SLIDE HEAD FIRST!"



absolutely crazy in there. I also went to Chinawhite one night and saw a bunch of paparazzi. Turns out Lady Gaga had come out the same time as me. It was insane. I've never seen paparazzi like I saw for Gaga.

We saw on Instagram that you're trying to bring back the bumbag...

Last time I went home to Philadelphia, I found a fanny pack. I used it when I rode on the back of my friend's motorcycle, but I brought it back to LA and I use it all the time–they're just so fun. I haven't posted a fanny pack picture in a while, but that reminds me, I need to.

Stylist: Hayley Forrester-Lawrence. Hair and Make-Up: Susana Mota using Mac. Bra Set And Clothing: americanapparel.com. Knickers: calvinklein.com

JOKES

BAD PICKUP LINES

"Is your last name Gillette? Because you're the best a man can get."

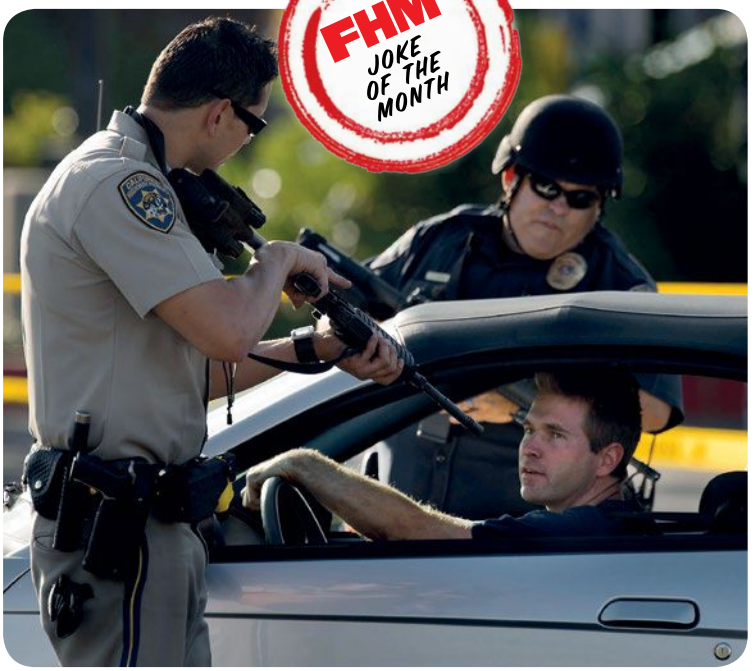
ACCESS

SKIN GRAFT

A married couple were in a terrible accident in which the woman's face was severely burned. The doctor told the husband that they couldn't graft any skin from her body because she was too thin. So the husband offered to donate some of his own skin. However, the only skin on his body that the doctor felt was suitable would have to come from his buttocks. The husband and wife agreed that they would tell no one about where the skin came from, and requested that the doctor also honour their secret. After the surgery was completed, everyone was astounded at the woman's new beauty. She looked more beautiful than she ever had before! All her friends and relatives just went on and on about her youthful beauty! One day, she was alone with her husband, and she was overcome with emotion at his sacrifice. She said, "Dear, I just want to thank you for everything you did for me. There is no way I could ever repay you." "My darling," he replied, "Think nothing of it. I get all the thanks I need every time I see your mother kiss you on the cheek."

GHOST OR GOATS?

A visiting professor at Cardiff University is giving a seminar on the supernatural. To get a feel for his audience, he asks: "How many people here believe in ghosts?" About 90 students raise their hands. "Well that's a good start. Out of those of you who believe in ghosts, do any of you think you've ever seen a ghost?" About 40 students raise their hands. "That's really good. I'm really glad you take this seriously. Has anyone here ever talked to a ghost? 15 students raise their hands. "That's a great response. Has anyone here ever touched a ghost?" Three students raise their hands. "That's fantastic. But let me ask you one question further... Have any of you ever made love to a ghost?" One student in the back raises his hand. The professor is astonished. He takes off his glasses, takes a step back, and says, "Son, all the years I've been giving this lecture, no one has ever claimed to have slept with a ghost. You've got to come up here and tell us about your experience." The redneck student makes his to the podium. The professor says, "Well, tell us what it's like to have sex with a ghost." The student replies, "Ghost? Damn..... From back there I thought you said 'goats'!"



SMART-ASS COP

Two guys are driving through Alabama when they get pulled over by a state trooper. The trooper walks up, taps on the window with his nightstick, the driver rolls down the window, and the trooper smacks him in the head with the stick. The driver says, "Why'd you do that?" The trooper says, "You're in Alabama, son. When I pull you over you'll have your license ready." Driver says, "I'm sorry, officer, I'm not from around here." The trooper runs a check on the guy's license, and he's clean. He gives the guy his license back and walks around to the passenger side and taps on the window. The passenger rolls his window down, and the trooper smacks him with the nightstick. The passenger says, "What'd you do that for?" The cop says, "Just making your wishes come true." The passenger says, "Huh?" The cop says, "I know that two miles down the road you are going to say, "I wish that jerk would've tried that shit with me."

BIRDS & THE BEES

A father asked his 10 year old son if he knew about the birds and the bees. "I don't want to know," the child said, bursting into tears. "Promise me you won't tell me." Confused, the father asked what was wrong "Oh dad," the boy sobbed, "when I was 6 I got the "there's no Santa" speech. At 7, I got the "there's no Easter Bunny" speech. When I was 8, you hit me with the "there's no tooth fairy" speech. If you tell me that grown-ups don't really fuck, I'll have nothing left to live for."

SIGN LANGUAGE

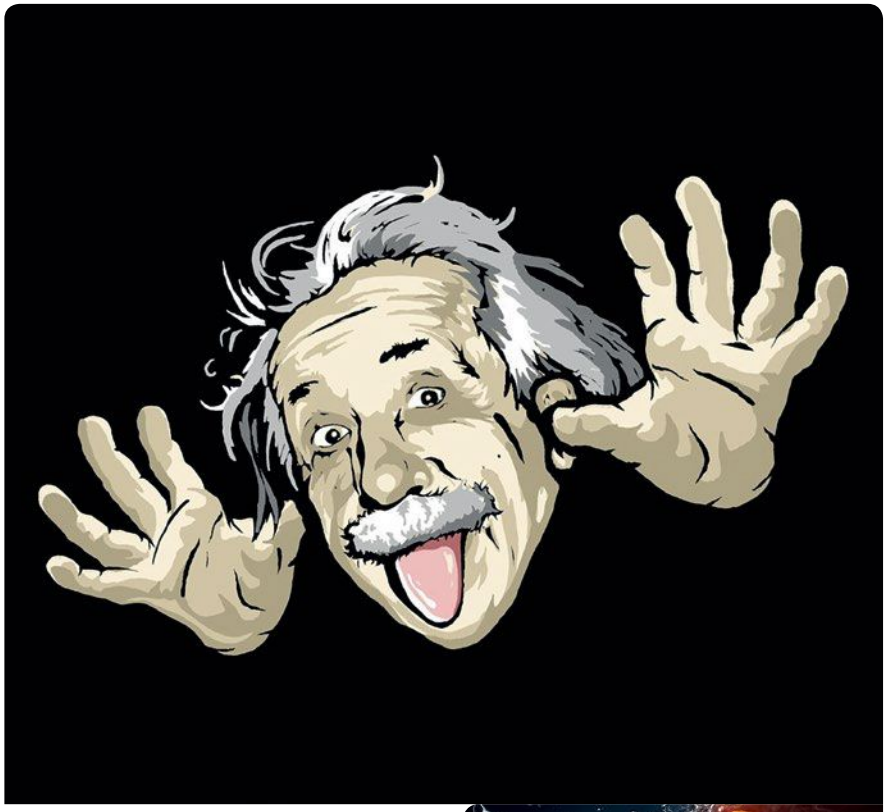
A Mafia Godfather, accompanied by his attorney comes to meet his former accountant. The Godfather asks the accountant, "Where is the 3 million bucks you embezzled from me?" The accountant does not answer. The Godfather asks him again. The attorney interrupts, "Sir, the man is a deaf mute and cannot understand you, but I can interpret for you." The Godfather says, "Well, ask him where my damn money is!" The attorney, using sign language, asks the accountant where the 3 million dollars are. The accountant signs back, "I don't know what you are talking about." The attorney interprets to the Godfather, "He doesn't know what you are talking about." The Godfather pulls out a pistol, puts it to the temple of the accountant, cocks the trigger and says, "Ask him again where my damn money is!" The attorney signs to the accountant, "He wants to know where it is!" The accountant signs back, "OK! OK! The money is hidden in a brown suitcase behind the shed in my backyard!" The Godfather says, "What did he say?" The attorney interprets to the Godfather, "You don't have the guts to pull the trigger."

SHARE GAGS, GET A GIFT

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Personality upgraded

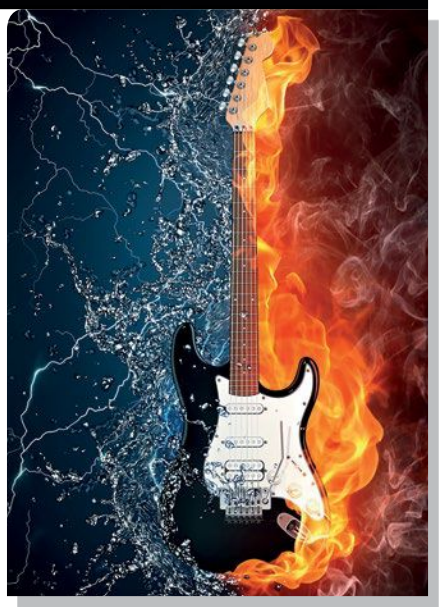
Simply SUPERB! The best article I have read in months, I would say. Honestly, I'd not expected to find something like this in *FHM*. I come from a small town in Bihar and have a lot of inhibitions about myself. The article gave me a lot of confidence on myself. I am trying hard to make a space for myself in the 'cool gang' of my office, but was always shy. I will definitely use the tips.

Amar Singh, Hyderabad

Hey, Amar, we are happy that we could help in some way. There are gangs that you wish you could be a part of. And we, at FHM, don't want anyone to feel left out. You're cool, buddy!

Jamming is fun

Hey guys, you have done a great job on the JAM, RECORD, PLAY AND REPEAT. It's an extensively researched products list and they are easily available as well. I am a guitarist myself and we have a band. We have been playing in inter-college competitions for over a year now. The only complain I have is that all the products you've shared are very expensive. Could you do a story with budget products, so that students like me can also buy them?



Adarsh Vinay, Kerala

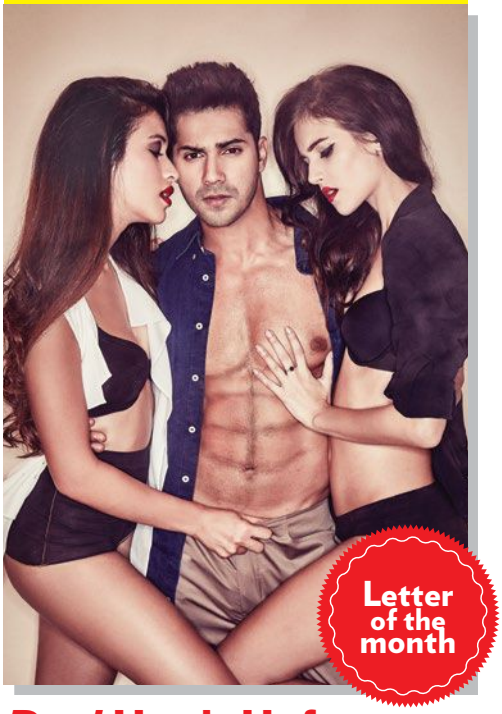
Thanks, man! It was actually some serious work and thank God you appreciated it. As far as the budget products are concerned, music is an expensive hobby, as a guitarist you would agree yourself. Trust us, we've left everything that was expensive out of the list. Cheers!

From Facebook

Abhishek Bhalerao (June 12)
She is amazing. I have met her. She is great! (For Karla, *FHM* June 2015 Girlfriend)

Yulia Yatskiv (June 16)
Dear FHM plz take this as feedback. Cover really looking bad. Poor quality PhotoShop. Poor hair and makeup. The tone is not matching the concept at all. The main model looks funny lol. look @ her lips. (For Cover)

Siddharth (June 23)
Tasteful cover...very international... (For Cover)



Desi Hugh Hefner in the making

I'm sure half of the male fraternity of Bollywood must be sulking after watching the young lad Varun Dhawan overtake them all, by laying his hands on not one, not two, but four gorgeous women together, and making it to the coveted cover of *FHM*. My congratulations to him and consolations to those left behind fretting.

Anju Khaterpal, Ghaziabad, UP

We are sure many of the hunks of Bollywood must be sulking after seeing Varun Dhawan in this 4-play. And yes, we did not get any call from David Dhawan to get his 'Son no 1' on the cover!

FHM
JULY
Girl Next Door



WHO'S SHE?

Age: 26
From: Kashmir
Likes: Dancing, hiking, cycling, swimming, playing badminton
Twitter: @sandeepaDhar
Instagram: @sandyied

VI-DESI VIBES SANDEEPA DHAR

Hot, cute and sexy... Sandeepa Dhar entices the world with roles beyond Bollywood as she rushes to capture the international stage.

Siddharth M Joshi Munna Singh

FHM: **Spain–theatre–Shakespeare–Australian Dance Theatre–that's impressive! How did the *West Side Story* happen?**
Sandeepa Dhar: I've been a dancer since I was a toddler. After having trained with Shiamak and Terrance for about eight years, I had the urge to study dance at the Australian Dance School for which I won a scholarship. While studying, I auditioned for the role of Maria and got it. That's how the journey of *West Side Story* started. After six months of strenuous rehearsals, we staged our first show in Australia. We've performed 100 shows in over eight countries.

You've been signed by a Chilean-Spanish writer-director Alejandro Amenabar for a Spanish flick. You seem to be on fire! Most actors make a westward move pretty late in their career. Tell us more.
(*Laughs*) I was performing in Spain for *West Side Story* where I met Alejandro, who complemented me for my performance and asked me if I'd like to work with him. I am really very excited about it but it's too early to say anything beyond this.

We believe you. Now that you're gonna be out there, what are your expectations from the Indian acting scene?
I am hoping for some interesting work as I am not into just the song and dance kinda stuff. I'm always on the lookout for meaningful films where I have scope to really perform as an actor. I'm glad our industry is slowly changing and films like *Ankhon Dekhi* and *Dum Laga ke Haisha* are doing well.



You're a Kashmiri but you don't stay there. Where do you feel most at home?
I was a newborn when my parents moved out of Kashmir due to militancy. So, I don't really have any memories of it. All I know of Kashmir is what passed on from my parents to me. And I'll always regret that I didn't get to experience it first hand. Now Mumbai is where I feel



most at home 'cos it's here that I studied, went to college, started dancing professionally and became a professional actor. No matter what part of the world I'm in, I'll always miss Mumbai the most.

You're a trained dancer. Were you really interested in acting or just ventured into it as a logical next?

I was always interested in acting, but as boring as it sounds I never thought that I'll be a part of Bollywood. I used to do theatre but I thought that's where it would end. When I was offered *Isi Life Mein* I was so surprised that I didn't even react. Later my role was appreciated by critics and audiences so I thought maybe I have it in me, so why not try my luck... and here I am. I'd say it was not my interest or logical step it is just that I am God's favourite child. (*winks*)

How come the God's favourite child is not very active on social networking sites?

To be very honest I am technologically challenged and too lazy for all this. I still believe in orthodox ways to keep in touch. I mean if I am missing someone I will call them. I don't like making my life very public. I love my privacy and my closely guarded space.

What do you think about the sexual content and nudity for a tasteful rendering of a scene?

I'm not very open about it, but again it depends. I mean I'm not very comfortable shaking my ass and b**** and doing an item number just to impress a guy. It also depends on who is making the film and how it is shot. I do mind doing a *chikni chameli* or *halkat jawani* but won't mind doing a romantic scene like it was in *Haider*.

That's some solace. So, would you go for a full monty shoot if we made puppy eyes?

Aww...the puppy eyes are adorable but the answer is NO!

On an average how many compliments do you get over a week? After all, not many hotties are as cute as you.

Well, thank you for the compliment. Yes, I do get a lot of compliments, but who keeps a count? :)

What do I have to do to make an awesome impression on you on a date? (*considering I am a hunk minus the flab*)

Be witty, make a nice home cooked meal and dress perfectly. Just don't try too hard to impress me 'cos that's a major turn off.

Alright, I'm all set. And how would you like the date to end?

With two glasses of wine and a rainbow sky. That's a great setting to end a date.

SANDEEPA DHAR'S LIFE SO FAR...



Amused enough!



Breathing a joke on the sets of *7 Hours to Go*



On the sets of *Global Baba* with Sanjay Mishra



She calls it a bad hair day. We wonder why!









SHEER INDULGENCE AT SPA BY JW

Spa by JW–the first of its kind in Asia Pacific, housed at the JW Marriott Hotel Mumbai Sahar, has recently opened its doors to its in-house guests and general public. Spa by JW offers guests an intuitive experience that is luxurious yet purposeful with treatments and products designed to address four core benefit states: Calm, Indulge, Invigorate and Renew.

It comprises of seven treatment rooms that include a couple as well as an Ayurvedic treatment room. Facilities include a private jacuzzi for couples, a dressing and make-up room, two steam and sauna rooms and two separate jacuzzi for men and women.
The **Spa Lounge** comprises of different zones...

EXPRESS TREATMENT PODS is a unique feature at the Spa at JW. The two express pods allow guests to revive with 12 minutes, 25 minutes and 40 minutes dry massage for the back, neck, shoulder and hands. Aptly suited for the business travellers, guests can walk in to relax, unwind and de-stress at the hands of professional masseurs.

PRIVATE TREATMENT PODS is for individuals who want a place to relax, work, think or read alone. These pods allow one to focus on their own sense of well-being, by feeling a sense of privacy without isolation. One can plug-in, connect to WiFi, work, read and/or listen to music from their own devices or from the SPA's music collection.

RETAIL ZONE is an array of Aroma therapy products, incorporated into each state of benefit that helps guests achieve the desired result as per their needs.

SIGNATURE SPA BY JW: Thai massage stretching followed by a specially designed massage using deep renewal and slow rhythmic movements.

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INTENSE NOURISHMENT: This luxurious treatment combines an aromatic salt and coffee scrub to prepare the skin for a soothing coating of velvety body butter.



FEATHER INFLUENCES NEW OMEGA COLLECTION

American supermodel Cindy Crawford launched the Constellation Pluma collection of luxury watch brand, Omega, of which she has been a brand ambassador for over two decades. With the introduction of OMEGA's Constellation 'Pluma', the collection is enriched with timepieces that combine a state-of-the-industry mechanical movement with exquisite styling. Deriving its name from a Latin word meaning feather, Pluma comes with a light coral-coloured dial reminding of the warm sunshine on a summer's day.



ITALIAN SPEED ON INDIAN ROADS

DSK motorwheels unveiled the range of legendary Italian super-bike brand, Benelli, for the first time in North India. The Italian giants also announced its first showroom in New Delhi with the entire range of bikes available in India. The company intends to expand its base in north India in order to cater to a larger audience of super-bike enthusiasts in the coming months. DSK plans to assemble the bikes in India for offer to sell across the country.





BLUE BAR GETS A TAJ

Enchanting English garden décor, sumptuous food and premium drinks, Blue Bar at the Taj Palace, New Delhi, celebrated being awarded as one of the best bars in the world by CNN International with great verve and charm. The beautiful evening saw Asia's bartenders, Dilbar Singh and Gaurav Dhyani, along with awarded mixologist, Joel Scholtens creating some exquisite mixes for the guests. Here's raising a toast to them!

DAVID HOCKNEY AND CECIL BEATON INSPIRE THOMAS PINK

British brand, Thomas Pink unveiled its spring/summer 2016 collection at the Institute of Contemporary Arts, as part of the London Collections Men. Presented against a botanical backdrop, the collection was showcased mainly on models. The theme of the occasion was inspired by a photograph taken by artist Peter Schlesinger in 1970, in which David Hockney and Cecil Beaton are caught reclining carelessly on furniture surrounded by potted pelargoniums and begonias. The collection captures the nonchalant mood of the 90s Brit-pop era for its style icon musicians.



FABRIC FOR THE COMPLETE MAN

Raymond-the leading manufacturer, marketer and retailer of suiting fabrics has introduced an exclusive jacketing collection. Upping the fashion quotient, this exquisite collection encompasses of a wide range of exotic fabrics such as Tweed–a favourite in the northern market along with camel hair and pure cashmere that truly exuberate international style. At a glittering launch event in Chandigarh, fashion designers Varun Bahl and Sahil Aneja showcased an exclusive range of jackets made of Raymond fine fabrics. Jackets will be available across all leading Raymond stores and MBOs starting at ₹1690 onwards.



BOTTEGA VENETA'S NEW COLLECTION

The 2016 men's spring-summer collection has been inspired by the idea of natural surroundings. Following the moments of the day, from sunrise to sunset, the clothing-line conveys the ease of individualistic dressing, combining sportswear with a refined simplicity. Dark saturated shades of green, blue, red and grey appearing in chiné knit sweaters and refined striped cupro pieces are the highlights of the latest collection. The company's famous motto, "When your own initials are enough," expresses a philosophy of individuality and confidence that applies to a range of products.

DO MY GIRLFRIEND'S BEST MATES HATE ME?

Bring on your A game and get your new lady's pals on your side with our tips…



You and your girlfriend have just made it official. You've wined her. You've dined her. You've tried out all your best bedroom moves and… she's liked them. You've even met her dad, and managed to charm your way through lunch without swearing like a pissed-up pirate, talking about his daughter's 'sexy butt' or being chased out of his house at gunpoint. Feels like all the hard work's done, right?

Nuh huh. There's one more giant hurdle left to overcome. A few of them, actually. They're the Simon Cowells of your relationship, the people who–with just a thumbs up or thumbs down–will dictate whether you have a joyous, sex-filled future ahead with your new girlfriend, or if you're dying a sad, lonely hermit.

The BFF Test is one where your chances of success seem, we're sorry to say, upsettingly slim. Her best mates know everything about you, even the whole "usually it lasts loads longer than that, honest" thing from the other night.

What's more, she already doesn't like you. You're fresh competition. She's just waiting for you to mess up, say something inappropriate, laugh at the wrong thing or look down her top. And when you do, oh Lordy, are you for the high jump. Scared? Yep, we're petrified for you too, pal.

So, to help you through the most important, life-determining interview of your life, we enlisted the help of three beautiful friends of *FHM* to give you the advice that'll help you come out the other end, alive…



Lana, 25

How much does a girl's bestie know about her boyfriend?
Lana: Absolutely everything. What he likes on his toast, what he likes in bed, penis size…
Jo: …all the bad things too. Bad habits, bad things you do when you're drunk, farting in bed. There's no boundaries.
Have you ever shared anything with a best friend that maybe you shouldn't?
Lana: Er, yes! I once told my best friend about an ex-boyfriend and how he didn't know where my clitoris was.
Why do guys get the feeling that their girlfriend's best friend hate them already?
Lana: Girls see their friend's boyfriends as a threat. Like, they're going to steal her away from them. So prove you're good enough.
The worst that can happen?
Jo: Anything negative towards your girlfriend, like telling her off for being too drunk, or saying, "We've got to go home now." I hate that. You look like a dick.
Layla: And I'll bet you she'll remember that. Anything snappy.
What's the first thing I should say when I meet her?
Jo: "Do you want some gin?" Just, be nice, polite. Buy her a drink when you meet up, give her a lift home, stuff like that. Oh and always tell her how good her eyebrows look. An eyebrow compliment will please any girl. It's not pervy, it shows you're paying attention.
What if I fancy her?
Layla: Er, that's a problem. Get out!
Jo: Nah, it's fine! You can fancy anyone, you just don't act on it.
Oh shit, she's just caught me staring at her boobs…
Jo: I've got the biggest boobs out of all my friends, so I'm OK with that.
Lana: When you go to the loo, she'll dob you in. So just don't.
Can a guy ever tell a girlfriend that he thinks her best mate is a dickhead?
Jo: No! No way! Never. Just say, "I don't think she really likes me, what can I do?" It shows you want to make an effort.
How can a guy win over a girl's best mate?
Lana: Tell her you're planning a secret holiday or party for your girlfriend, and because she knows her better than anyone, you could really do with her help. She'll love that you want to get her involved.

Photography: Marshall James. Styling: Hayley Forrester-Lawrence. Hair And Make Up: Charlotte Gaskell And Roseanna Larner. Models: Lana Parker at Girl Management; Jo Parker at Girl Management; Layla at Imm



IS THIS THE END OF MEN AS WE KNOW IT?

The differences between men and women are getting smaller. So what does the future hold for us?

Depending on how you look at it, the women of the Sanumá tribe in Venezuela are either really fortunate or particularly unlucky. The female members of the hunter-gatherer rainforest community have–for as long as anyone's ever known–called the shots. In Sanumán society it's the ladies who organise functions. It's the women who arrange marriages. It's even the women who labour in the fields, distribute crops and carry tools back and forth through the jungle.

Why are they unlucky? Because their male counterparts haven't kept up their end of the bargain. While the ladies are running things, the men have relinquished all responsibilities apart from those relating to mystical rituals. And it just so happens that Sanumán mystic rituals revolve around the hammering of naturally occurring psychotropic drugs like DMT. Picture it: the women–broad-shouldered, capable, full of beans; the men–withered, giggling, stoned and useless, like your wasteman nephew after a weekend spent with nothing for company but *FIFA* and Pringles.

The Sanumá situation is extreme, but it could

provide a microcosmic illustration of the way things are heading. Physically, men have been on a downward spiral for some time. Our aboriginal ancestors, judging by their skeletons and footprints, would have been able to run as fast as Usain Bolt. Rowers in Ancient Greece could perform feats that can't be duplicated by modern athletes. The arm bones of elite tennis players are *still* less thick than an average man from previous millennia. And it's not just our arms and feet getting weaker. Thanks to changing genetic priorities, our faces are, too. Recent research has discovered that modern women are attracted to men with less masculine features. Softer faces, so the theory goes, are subconsciously associated with traits that actually matter in the 21st century: stability and caring. As a result, the planet's Robert Huths and Jon Hamms are being eliminated from the gene pool. In 50 years' time, blokes with square jaws and powerful brows could be endangered, galumphing across the horizon, hunky features set in chiselled grimaces as they come to terms with imminent extinction.

Men then, are atrophying. This shouldn't come as a surprise. How many women do you know whose idea of a good time consists of sitting on a couch for 49 hours playing *Black Ops* [*Fig.1*]? It won't be long until we're a forlorn, lesser-strain of weak-chinned peons, brittle spines bowed from hours spent in front of computers, libidos depleted due to PornHub addiction. Women, meanwhile, have been making up for lost time. The gentler sex has never been more awesome. Olympic swimmer Ye Shiwen frequently clocks times faster than those achieved by men. The success of South African runner Caster Semenya resulted in her having to prove to the world (by DNA testing) that she wasn't a man. And–as you well know–Serena Williams could beat the piss out of 99 per cent of us without breaking a sweat [*Fig.2*].

It goes without saying that women are smarter than men. Exam results at all age groups show that girls do better than boys. Hedge funds managed by women do three times as well as those that aren't. And companies with female CEOs, on average, outperform those with male CEOs by 50 per cent.

Women are coming to the fore in all sorts of areas traditionally thought of as the sole and rightful domain of men. Since the notorious writer Christopher Hitchens declared that women are not funny in 2007, a plethora of female performers and writers have put paid to the lie that girls–if they *are* going to try their hand at comedy–need to stick to jokes about diets, sanitary towels and silly boyfriends. Tina Fey, Amy Schumer and Amy Poehler create popular TV and film every bit as quality as *Curb Your Enthusiasm* and *I'm Alan Partridge*. Clearly the funny bone is not located in the penis.

Dating apps like *Tinder* have helped shift the paradigm, too. Guys have always liked to believe they had the monopoly on the dating game, strings free or otherwise. These days, a girl doesn't have to wait for some slack-jawed clown to amble his way across a pub to ask her out. She can pick and choose whoever she damn well wants, plucked from a never-ending catalogue of eager men, often topless, sometimes posing with wild animals [*Fig.3*].

The good news is that this state of affairs is something to be celebrated, not feared. For previous generations of men, the accepted supremacy of their gender came with the burden of tremendous responsibility. Most of our dads and grandads were, by and large, expected to single-handedly support their families financially. Now men aren't the sole breadwinners. The last few years have seen an 80 per cent rise in the number of families in which the mother is the biggest earner.

The standard dynamic, whereby women stay at home to raise children while men earn a living, is being eroded. Currently in Britain, only 40 per cent of dads have taken paternity leave, but the numbers are on the increase. In Sweden, the government gives every family a gender-neutral parental leave allowance that pays 90 per cent of the household income for 180 days per child. The parents are free to divvy up those days between them.

It's a brave new world. And it would be a massive shame if we bottled it like the Sanumán caners, sat on our arses, dumbly waiting for the day women evolve to the point they are able to procreate without us. We're lucky to live in an age in which men and women approach the gnarly bastard that is adult life as absolute equals. Let's not let the ladies down.



Fig. 1
Although women *do* play video games, research shows that the 'hardcore' gamers who play for 20-plus hours per week are mainly men.



Fig. 2
We cannot get enough of women who could tear us limb from limb.



Fig. 3
Don't believe us? TinderGuysWithTigers.tumblr.com is actually a thing. Yes, really…

HOW I DID IT...

WIM 'THE ICEMAN' HOF, 56, EXTREME-COLD ENDURANCE ATHLETE AND RECORD BREAKER

I first learned I could withstand the cold when I was 17, in a frozen lake in Holland. That brought about real power within me, that self-control I had awakened by going into the cold. From there on I was able to swim in freezing water *and* enjoy it.

When I was a kid, sometimes my identical twin brother and I would fight almost to death. There would be blood, tension and fury between us, and then five minutes later we'd be best of friends.

Still, I once pretended to be him and began a relationship with his girlfriend.
I was 17 and he had to go away to be a sailor. At first she thought I was him and we dated for two years. Later my brother talked to me about it. He was angry, but he soon forgave me.

I'm 56 and I can do the splits like a ballet dancer. I can do 100 push-ups without breathing, but I only need one square metre for that, at home. You won't find me in a gym.

I could make up any challenge. When you've done it once, you get a sense you can do just about anything with your body.

I have 26 world records. They range from the longest ice bath (one hour, 13 minutes and 48 seconds) to a marathon around the Arctic Circle in a pair of shorts. Climbing Everest in shorts was easy. I found myself at 6,000 metres in a blizzard and I had to find my own way. I was alone for hours and hours, but it was probably my greatest experience.

Mind power is like electricity. I can channel it towards different places in my body.

I am able to intervene in my red cell generation. It took training and self-discipline through meditation, but now I can make my body absorb more oxygen and heal faster.

The circulation in my left leg once stopped. I was doing a half-marathon and, with 3km to go, it began to feel like a wooden stick. I still finished the race. A dermatologist later told me there was irreparable damage done, but within a month I'd healed myself.

I lost my wife in 1995. That was the worst moment of my life. She was the mother of my children, my dearly beloved. You think you're gonna spend the rest of your life together. It tears you apart. The worst moment is not one moment, it's all the years afterwards.

I raised four children by myself. I had to cook every day for many years. My speciality? Macaroni cheese. I'm more of a child than my kids. It's always me with the ball, saying, "Kids, will you come outside to play?" If they stay at home, I'll play against a wall.

Growing older is becoming balder–but wiser. Ageing doesn't bother me.

The weirdest place my job has taken me is under the ice. It is a really strange place. But by learning the capability to stay under, I experience a spiritual depth.

I love a hot shower, yes sir! If you experience a really hot shower after being in the cold, you appreciate it so much more. It makes life worth living.

Criticism polishes the diamond of knowledge. Cynicism and mockery has passed into my journey before. I just wash it away. I've never lied about anything I've achieved.

Money is invented by society. It's a psychological thing. But it doesn't matter–it's just something to compensate your feelings, and I've got my feelings right on.

If I wasn't doing this, I'd be a gardener. Plants, flowers and trees–I'm fascinated with nature. It's life. Everybody who visits me loves my garden. They call it a little paradise of mine.

I do not fear death. But I do fear not to live.

For more on The Iceman, see icemanwimhof.com





Words: Sam Rowe

GOT A DIRTY QUESTION TO ASK? FIRE AWAY!



Have an under-the-sheets, behind closed doors, sex dilemma you don't know who to ask? Make way for our in house sex guru, Dr Mojo, who would love to clear your doubts… the *FHM* way!



I AM IN LOVE WITH BUTT SEX AND HAVE BEEN ACTIVE IN THIS DEPARTMENT FOR A FEW YEARS NOW. NOW THAT I HAVE A NEW GF AND THAT WE HAVE JUST STARTED TO WARM THINGS UP IN THE SACK, I WAS WONDERING HOW MUCH TIME BEFORE I CAN POP THE QUESTION TO TRY THE BACKDOOR?

Advait Soman, Gurgaon

Have you heard of the term that you gotta crawl before you can learn how to walk? Slow and steady, bud… slow and steady. Give her time to get comfortable around you first, the idea of sex… let her find what she likes and what she wants to tone down a little… maybe then. And then also this is something you have to discuss and thrash out over coffee to know each other's boundaries and then take to bed. You got the flow, didn't you?



MY GIRL AND I HAVE BEEN TOGETHER FOR MORE THAN A YEAR AND THE SEX IS ROCKING! HOWEVER, AS MUCH AS I LOVE GOING DOWN ON HER, SHE IS NOT AT ALL INTO RECIPROCATING IN THIS DEPARTMENT. EVEN ON RARE OCCASIONS, WHEN SHE HAS, IT HAS BEEN MORE OUT OF OBLIGATION AND NOT REALLY WANTING TO DO IT. AND THAT GETS ME AWKWARD. ANY SURE SHOT WAY TO MAKE HER LOVE IT ENOUGH TO DIG IT?

Supreet Roy, Mumbai

Do we really need to spell it out? Okay here goes… each one of us has a distinct sexual personality. What flies with one need not jive with another. Just because you love finding heaven with your tongue doesn't mean that she should worship your tool with her mouth. Kapish? The idea of a memorable romp session is to play with each other's comfort zones. She is not into it. Period. Leave it at that, mate.



I HAVE BEEN HAPPILY MARRIED FOR MORE THAN TEN YEARS AND HAVE A ROCKING SEX LIFE. THE THING IS THAT EVERY NOW AND THEN I GET A PANG TO BEAT MY MONKEY! THE OTHER DAY MY WIFE WALKED IN ON ME WHEN I WAS WANKING OFF. AND NOW SHE THINKS THAT I AM NOT HAPPY WITH OUR SEX LIFE AND THUS I LOVE GETTING OFF ON MY OWN. WHAT DO I DO? IS THAT REALLY THE REASON?

Ritwik Sharma, Pune

Firstly, ouch! Then comes my question: How about locking the door through this 'very private' performance? Okay seriously… masturbating is one of the healthiest thing one can do. There are times when we just want a release (I couldn't think of a better word!) and rather than getting the partner in the mood, we just feel like giving ourselves a hand! Nothing to worry about. Talk to wifey and tell her that this has no bearing on your sex life. In fact, married women do it just as often. Seriously!



I HAVE BEEN DATING THIS BABE FOR ABOUT THREE MONTHS AND WE TOTALLY DIG EACH OTHER. AND JUST FOR THIS REASON WE WANTED TO TAKE THINGS SLOW AND IT WAS TILL A COUPLE OF WEEKS BACK THAT WE HAD NOT ATTEMPTED SEX AT ALL. BUT HERE COMES THE TERRIBLE PART. SHE HAS THIS REAL WEIRD SMELL IN HER PRIVATE PARTS THAT IS HARD TO IGNORE. IT IS A BLOODY BIG TURN OFF FOR ME! PLEASE HELP!

Deepak Tyagi, Bhopal

Stop sounding boorish and hear me out. All women, much like men, have a distinct fragrance/smell that is characteristic of them. Some have it subtle but some have it strong. This is just how nature books were written. However, since it's bothering you to such an extent, speak to her (no finger pointing. Time to play a gentleman). There are ointments and lotions available that live to serve just this purpose. So don't worry… it's not the end of the world as you know it.

IF THERE IS ONE THING THAT KEEPS THE MEN GOING, APART FROM HOT CHICKS, OF COURSE, IT'S SPORTS BIKES. AND IF YOU HAVE SO MUCH TO WATCH OUT FOR IN 2015, WHAT ELSE DO YOU NEED?

BIKES TO LOOK OUT FOR IN 2015

02 KAWASAKI NINJA H2

Kawasaki has re-launched the 1972 model of the same name and the result is a bike that is not just powerful but dramatically styled and finished to an extraordinary high level. The manned missile is not designed to go out and beat superbikes, win races or set best lap times. It's designed as an all-round performance machine. A crushing horsepower and a supercharged engine is the selling point of the H2. And the machine doesn't disappoint.

SPECIFICATIONS

PRICE ₹28-30 lac
POWER 197bhp
ENGINE 998cc, four-cylinder supercharged
LAUNCH April 2015



01 BMW S1000RR

The third version of S1000RR in five years is laced with almost similar updates to those that separated it from the previous two versions. And these small updates have made a big difference to the machine. A completely different chassis geometry, new engine internals, revised electronics, more power and more torque are some serious changes. With more power and 4kgs less weight, the bike carries three riding modes to choose from – Rain, Pro and Race.

SPECIFICATIONS

PRICE ₹27 Lac
POWER 199bhp, 113Nm
ENGINE 999CC
LAUNCH MID 2015



Words: Sudhakar Jha



03 INDIAN CHIEF DARK HORSE

Meet the Indian Motorcycle's Indian Chief Dark Horse, the basic chief classic that has been blacked out till the rear fender. The all black look is sexy as heck. The bike has retained remote keyfob ignition, cruise control, and ABS brakes, but dropped the analog fuel gauge, oil-cooler, and "driving" lights from its previous version, making it the lightest Chief ever. It's not a world beater but is certainly good enough to take on other cruisers.

SPECIFICATIONS

PRICE ₹21.99 lac
POWER 80bhp
ENGINE 1811cc, four-cylinder supercharged
LAUNCH April 2015



04 YAMAHA YZF–R1

After falling behind European giants like Ducati, BMW and KTM, Japan's Yamaha has finally hit back and hit back hard. Yamaha has picked up from where others left off and introduces the MotoGP technology in the new YZF R1. Making no mistakes, the superbike is a game changer. With a more aggressive and revvy nature, the crossplane-crank engine is far more racy than the previous generation bike. The successor to the 1998 model shines through the transition and it is truly said that good things do take time!

SPECIFICATIONS

PRICE ₹15 Lac
POWER 197bhp, 112.4Nm
ENGINE 998cc, forward-inclined parallel 4-cylinder, liquid-cooled
LAUNCH FEB 2015

05 DUCATI 1299 PANIGALE S

The new Panigale 1299 S sets fresh standards in the superbike fraternity, with a claimed 205bhp at 10,500 rpm. Simply put, there is nothing like that on two wheels. Ducati delivers a stronger engine, new styling, updated electronics package with wheelie control, and reworked steering geometry.

SPECIFICATIONS

PRICE ₹ 27 Lac
POWER 205bhp, 144.6Nm
ENGINE 1285cc, Superquadro V-twin
LAUNCH MID 2015







SHOLAY

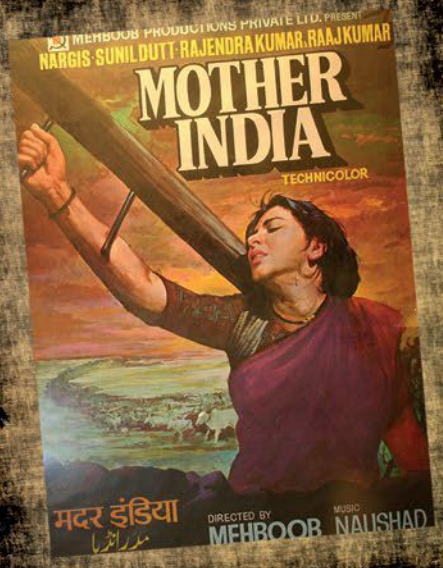
This is the re-release poster of the "Film of the Millennium" as declared by BBC India. Jai and Veeru are seen in 3D glasses, in-line with the 3D format of the film as released in 2014.

SIZE 40"x30"
AVAILABLE bollywoodmovieposters.com
PRICE ₹499

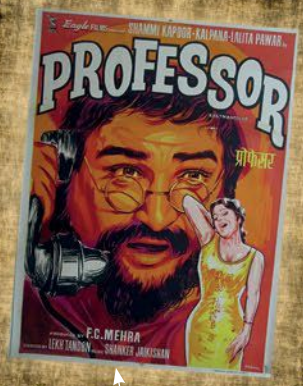
MERA NAAM JOKER

A replica of one of the rarest *Mera Naam Joker* posters, it was originally designed on a hand painted canvas by a small time art studio in Delhi. Unfortunately, the original is lost forever.

SIZE 19"x13"
AVAILABLE pepperfry.com
PRICE ₹245







MOTHER INDIA

The most iconic of all hand painted posters in the history of Indian cinema. It bears the original signature stamp of Dnyansagar Litho Press, Bombay, at the bottom.

SIZE 40"x30"
AVAILABLE bollywoodmovieposters.com
PRICE ₹9,000

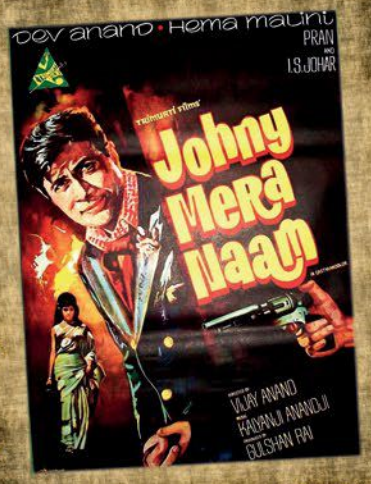
PROFESSSOR

Featuring the 'Elvis Presley of India', this vintage movie poster was hand painted on canvas in a leading design studio in Mumbai by an avid artist, Vishnu.

SIZE 40"x30"
AVAILABLE bollywoodmovieposters.com
PRICE ₹25,000

VINTAGE REFLECTION

Bohemian. Raw. Evocative. It's everything that they call PUNK. Exploring the art of Bollywood on paper… in Eastman Colour.



JOHNY MERA NAAM

This 1970 poster was originally designed on a hand painted canvas by the greatest and highest paid Bollywood movie poster artist of all time, Diwakar Karkare.

SIZE 40"x30"
AVAILABLE
bollywoodmovieposters.com
PRICE ₹1,500

BARSAAT

The "Showman of Indian Cinema" Raj Kapoor got the master artist, Dr. S M Pandit–the most acclaimed portrait artist in India of his time–to design this masterpiece.

SIZE 40"x30"
AVAILABLE
bollywoodmovieposters.com
PRICE ₹25,000

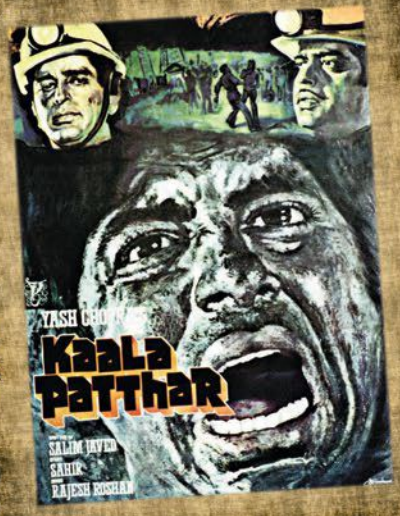




SHREE 420

The film had its poster designed in hand painted, oil on canvas format by a small time art studio, and printed in a single vintage ink blue colour, presumably for cost cutting.

SIZE 30"x20"
AVAILABLE
bollywoodmovieposters.com
PRICE ₹7,500



KAALA PATTHAR

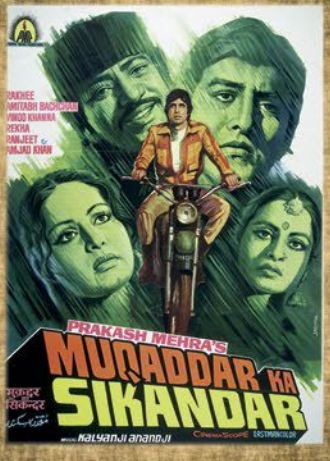
Designed by the esteemed Diwakar Karkare, this poster was printed and circulated after the first release of the film, but never ended up being used.

SIZE 40" x 30"
AVAILABLE
bollywoodmovieposters.com
PRICE ₹1,250

MUQADDAR KA SIKANDAR

Printed at Nensey Offset Pvt Ltd., this poster was printed and circulated for the re-release of the film in 1980. It has been restored by significant amount of taping at the back.

SIZE 40"x30"
AVAILABLE
bollywoodmovieposters.com
PRICE ₹2,499





DON

Another masterpiece from Diwakar Karkare's kitty, the poster uses a rare typography with the entire text reading in English with just the title translated into Hindi at the bottom left.

SIZE 40" x 30"
AVAILABLE
bollywoodmovieposters.com
PRICE ₹8,000

Compiled by: Siddharth M Joshi

Entertain your brain

July



01 Thriller
DRISHYAM

Ajay Devgn, Tabu and Shriya Saran are in the lead role of this Hindi remake of the Malayalam hit of the same name. Tabu will be playing the role of the Meera Dekhmukh, a cop, and Shriya will be Ajay's wife. Desperate measures are taken by the hero to save his family from the dark side of the law, after they commit an unexpected crime. Interestingly, Saif Ali Khan was first approached for the movie before Ajay landed up in the role. With a brutal movie like *Force* behind his back, expect Nishikant Kamat to deliver another thriller with *Drishyam.*
Out on 31st July.

02 Comedy
GUDDU RANGEELA

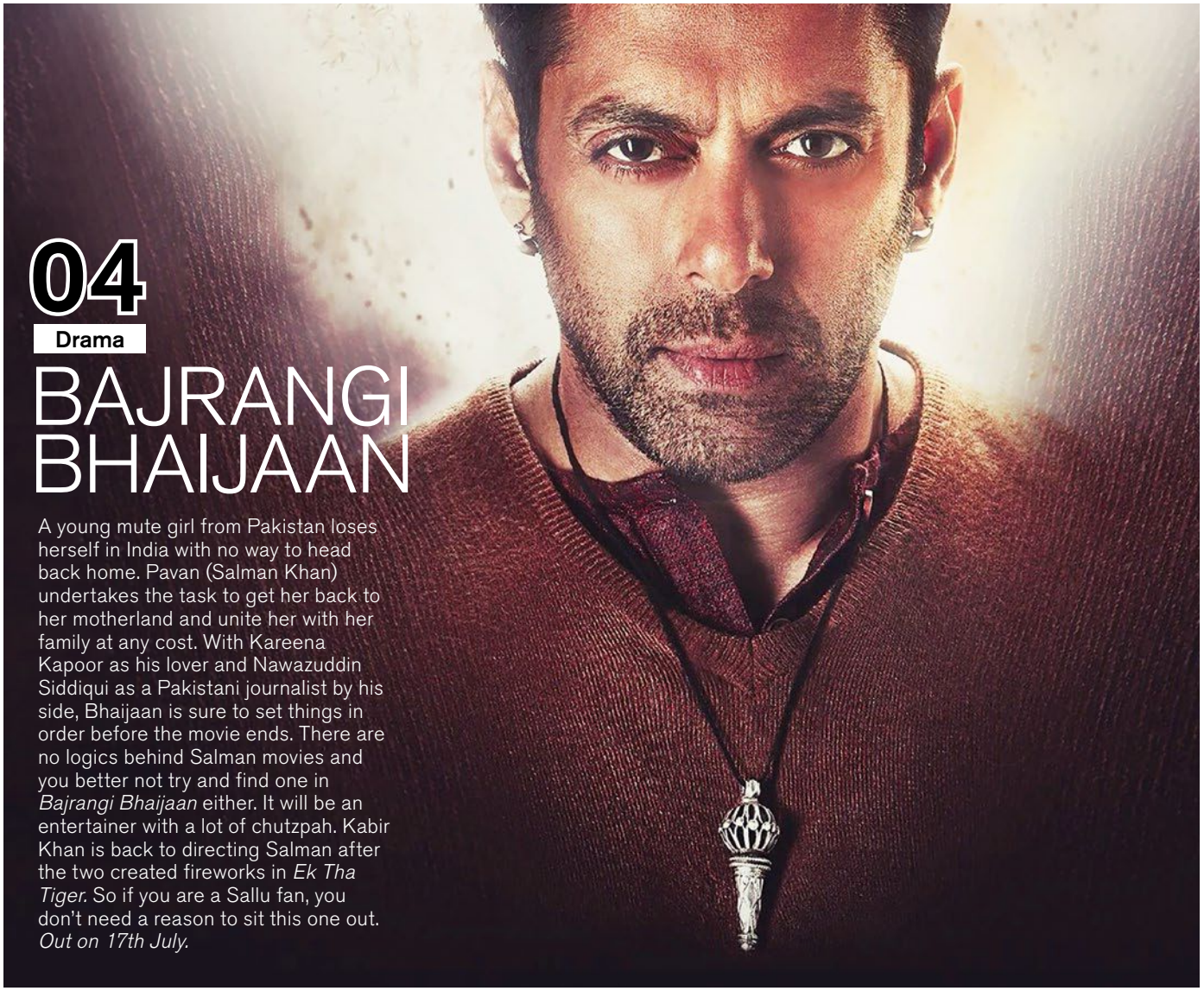
Two cousins, Guddu (Amit Sadh) and Rangeela (Arshad Warsi), run a small-town orchestra party while moonlighting as informants for local gangs. Younger impetuous Guddu can't keep his hands off women and Rangeela is still fighting a hopeless court case to avenge the killing of his wife, Babli, years back at the hands of local political leader, Billu Pahalwan (Ronit Roy). When a local 'PR for the Underworld' Ashfaq gives them a chance to make quick money to pay off the new corrupt inspector and to continue their case by kidnapping a young girl named Baby (Aditi Rao Hydari) from another city, they don't realise that they have chanced upon the perfect revenge plan because Baby is the estranged sister-in-law of the vicious Billu. They set off on a road journey, which becomes a cat-and-mouse chase between the political power, police force and a budding story of forbidden love on the run. Subash Kapoor and Arshad Warsi's national award winning team of *Jolly LLB* returns with yet another comical satire on the society and it seems intriguing enough for us to go watch the flick.
Out on 3rd July.





03 Sci-fi
TERMINATOR GENISYS

The fifth instalment (seriously!) of the *Terminator* franchise is a reboot to the series. When John Connor (Jason Clarke), leader of the human resistance against Skynet, sends Kyle Reese (Jai Courtney) back to 1984 to protect his mother, Sarah (Emilia Clarke), from a terminator assassin, an unexpected turn of events creates an altered timeline. Instead of a scared waitress, Sarah is a skilled fighter and has a terminator guardian, Arnold Schwarzenegger, by her side. Faced with unlikely allies and dangerous new enemies, Reese sets out on an unexpected new mission: reset the future. So, if you have not had enough of Emilia as Daenerys Targaryen, go throng the theatres.
Out on 3rd July.

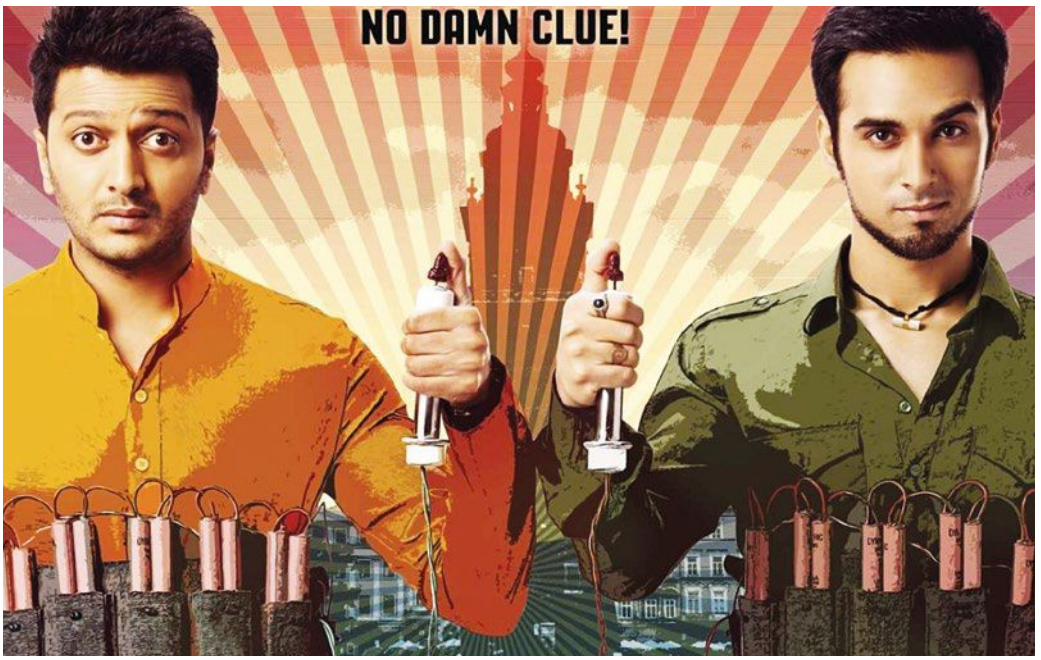


04

Drama

BAJRANGI BHAIJAAN

A young mute girl from Pakistan loses herself in India with no way to head back home. Pavan (Salman Khan) undertakes the task to get her back to her motherland and unite her with her family at any cost. With Kareena Kapoor as his lover and Nawazuddin Siddiqui as a Pakistani journalist by his side, Bhaijaan is sure to set things in order before the movie ends. There are no logics behind Salman movies and you better not try and find one in *Bajrangi Bhaijaan* either. It will be an entertainer with a lot of chutzpah. Kabir Khan is back to directing Salman after the two created fireworks in *Ek Tha Tiger.* So if you are a Sallu fan, you don't need a reason to sit this one out. *Out on 17th July.*



05

Comedy

BANGISTAN

The film follows the lives of two blundering terrorists on a mission to change the world. Riteish Deshmukh and Pulkit Samrat play the young guns with lofty ideologies but ordinary talent who keep pace with a series of unanticipated high-energy, fast-paced and exceptionally entertaining events, which have a huge impact on world peace. Karan Anshuman, after starting out as a critic, has ventured into direction and it will actually be interesting to see a Bollywood critic make a movie. *Out on 31st July.*

Words: Sudhakar Jha

06

Loco Footy

Prepare for football's most bonkers tournament

Daniel Sandison, editor of footy mag Mundial, tells us why this month's Copa America will be the most important, albeit utterly ridiculous, competition of the year...

"The domestic football season has trundled to its conclusion. Your team have scrambled to their objectives or, far more likely, failed miserably. That lad with the quick feet is probably off somewhere sunny and your season ticket renewal letter has landed on the doormat with a thud as welcome as a claw-hammer to the back of the head. Time for an international tournament and a break from the world of the Premier League.

"This summer, Chile will host the 44th edition of the Copa America. The continent's finest players will assemble, referees will blow their whistles and some mad, mad things will happen. Why will mad things happen? Because mad things *always* happen in South American football. From River Plate and Boca Juniors' historic rivalry, to the phenomenal ability of players like Pelé and Garrincha, this continent



has the potential to dictate the pace of how we view the game we love so much. It is flawed, disorganised and, much like the patterns on a Jorge Campos kit, often very hard to take seriously at all.

"South America has always provided the world of football with a pipeline of unalloyed weirdness. Without you noticing, the continent has been responsible for all your favourite footballing memories. It has injected every single tournament with vibrancy, colour and, more often than not, exquisite gamesmanship. So, give the Copa America a go. It shows, in microcosm, why we all fell in love with football in the first place.

"For every Messi goal, Neymar flick and James Rodríguez thunderbolt, there will be a Bolivian who isn't quite sure how to take a throw-in and some bizarre Colombian fancy-dress in the crowd. And, in the era of Chelsea's joyless efficiency and the proliferation of countless grim-faced footballing autobots, isn't that exactly what we all want to see?"

07

Series Binge

Feel the *True Detective* effect

It's done wonders for Matthew McConaughey's career, and is set to do the same for Vince Vaughn, but who else are we praying will get a resurrecting cameo when the much awaited season two airs?



Corey Feldman
Career high: *The Lost Boys.*
Career low: *Dancing On Ice.*
***True Detective* credit:** 'Rambling conspiracy theory loon' – a loveable snitch who lives in a trailer park and thinks the government has tapped his brain. Dies in episode four from accidental electrocution.



Macaulay Culkin
Career high: *Home Alone.*
Career low: Bottled off stage with band Pizza Underground.
TD credit: 'Trouserless junkie' – a vital witness to the plot's major 'event', there's one thing he hates more than talking to cops: wearing trousers. Killed by snakebite in episode four.



Charlie Sheen
Career high: *Platoon.*
Career low: His sacking from *Two And A Half Men* and subsequent meltdown.
TD credit: 'Old soak' – the bar owner with a story that'll blow this whole thing wide open, unless he ends up dead. He ends up dead in episode four.



Sylvester Stallone
Career high: *Rocky.*
Career low: The new Warburton bread advert.
TD credit: 'Senator Bill' – in a dig at Arnie, Sly appears as a ball-breaking politician, hell-bent on pushing our hero cop to the edge. Chokes on scotch egg in episode four.

08

Girl Crush

SURVIVE A NIGHT IN THE WOODS WITH VOGUE WILLIAMS

● Planning a trip into the wilderness to find your inner self this month? Well hold up a sec. Super-hot Irish model Vogue Williams, champion of recent *Bear Grylls' Mission Survive*, is here to guide you…

HELP! I'VE RUN OUT OF SAUSAGES TO BARBECUE, BUT I HAVE A GIANT RAT...

"I'd trek for miles to find a shop, because I really don't want to eat rat again. I tried to cut its head and tail off to make it look less ratty, but when you ram a stick up it, it just looks like a rat lollipop."

I'VE STILL GOT ROOM FOR PUDDING...

"Cannibalism? I would totally go there. We decided whoever the mosquitoes bit the most, must be tastiest. Turns out Dame Kelly Holmes would be first on the barbecue."

SHIT! I'M OUT OF WATER, BUT NEED TO PEE...

"Don't! When Bear made us do it, I vomited it back up."

DARN! ALL MY CLOTHES HAVE CAUGHT FIRE...

Get busy with the leaves. It worked for Adam and Eve, right? That, or pick on the weaker ones in your group and take their clothes."

A TARANTULA BIT ME...

"Er, you're in trouble. Find a hospital? The worst thing about tarantulas is, if you eat one without singeing off all the hairs, they get in your throat, so close it up and you suffocate."

FLIP! A BADGER HAS CLAMPED ITS JAWS AROUND MY LEG...

"Put a finger up its bum. I know that because I'm terrified a pitbull is going to bite my dog, and I would do it if I had to."

WHOOPS! SOMEHOW BIG FOOT HAS FALLEN ASLEEP IN MY TENT...

"Hopefully you're camping with [Ex-England rugby player] Mike Tindall so you can let him fight it. He doesn't feel pain or fear."

EEK! YOU'VE FOUND AN OLD SHED TO SLEEP IN, BUT THE EVIL DEAD ARE AWAKENING OUTSIDE...

"I'd start up a leaf blower to startle them and then get stabby with a pitchfork. Survival of the fittest!"



09

Raving

UNLOCK THE MIDDAY FESTIVAL MONSTER IN YOU

Don't be *that* guy who waits around all day for the headline act to take to the main stage. Instead, take dubstep rock quartet and ultimate festival party starters Modestep's advice, and get your rave juices flowing with these five under-the-radar must-sees…

FuntCase

Josh Friend, lead singer, says: "FuntCase is a total monster behind a mask. This guy plays the most intense party tunes."

Trolley Snatcha

Josh says: "Trolley Snatcha is the king of the seriously dance-led vibes. Every tune he makes is a banger, and he's an absolute legend to work with in the studio."

Neosignal

"They make party music that sounds like it's from the distant future," says Josh. "You can imagine them playing a set at a rave in *Blade Runner*!"

Camo & Krooked

Josh says: "Camo & Krooked are fellow party animals! They're also drum 'n' bass veterans – they're putting a whole new party twist on it."

Teddy Killerz

"Another act crossing over rock and dance music, they made us drink our entire body weight in vodka when we met them in Russia," says Josh.

Modestep's new album, London Road, is out now. See them at Reading and Leeds this year



10

New Game

Burn rubber in the Batmobile

Rocksteady Studios' Batman: Arkham trilogy is set to come to an end with Arkham Knight (out 23rd June), in which Batman faces a new villain determined to unite the Caped Crusader's enemies against him. ***An all-star line-up of baddies are throwing down, but this time, not only can you flip between different characters–playing as Batman, Robin, Nightwing or Catwoman–you can finally drive the goddamn Batmobile. OH LORD, YES!***

11

Tennins Ace

PREPARE FOR A WIMBLEDON UPSET

Federer, Nadal, Djokovic and Murray may have bossed the court for more than a decade, but finally there's a class of hungry contenders who could mess up their plans and sneak into the Wimbledon semi-finals this month…



Stan Wawrinka
The Swiss 30 year old is the first man outside the 'big four' to win one of the Majors since 2009, after taking victory at last year's Australian Open.

Marin Cilic
The current US Open champ is aiming to 'peak his form' for this year's Wimbledon, and has former champ Goran Ivanisevic coaching him.

Kei Nishikori
The only Japanese player to break the top 10 rankings, the 25 year old reached the US Open final before triumphing in Barcelona in April.

Grigor Dimitrov
After reaching last year's semis, the Bulgarian is looking to go further this time round. His style has been compared to Roger Federer's.

12
Big Reads

Find your perfect holiday reading partner

Your summer holiday is the perfect time to catch up on all those man books you know you should have read. But polishing off tome after tome is thirsty work, especially while sunning yourself by the pool and eating your weight in salty continental crisps. What you need is a chilled alcoholic accompaniment. Luckily for you, all your favourite authors were raging boozehounds, so you can channel these six genius wordsmiths with their poison of choice as you lose yourself in their finest works…



MEN WITHOUT WOMEN
Ernest Hemingway
Even if he hasn't, every man will tell you he's read Hemingway's *The Old Man And The Sea*. But this alternative collection of short stories about bullfighting, drinking, sex and death, will punctuate your trips to the bar and dips in the pool wonderfully.
Perfect poison: Mojito.
Author's encouragement: "A man does not exist until he is drunk."

POST OFFICE
Charles Bukowski
You're not alone in dreading a return to your 9-5. Bukowski's Henry Chinaski feels your pain, so tries to numb it out by splashing all his wages on booze, hookers and gambling.
Perfect poison: Boilermaker (beer and whiskey shot).
Author's encouragement:
"Stay with beer. Beer is continuous blood. A continuous lover."

THE BIG SLEEP
Raymond Chandler
Nothing will keep you rooted to a sun lounger like one of the world's finest hard-boiled LA detective novels, even 76 years on from its first publication.
Perfect poison: Gimlet.
Author's encouragement: "I think a man ought to get drunk at least twice a year just on principle."

BIG SUR
Jack Kerouac
Take time off work, forget all your responsibilities, grab your closest pals, head for the coast and get so drunk that you make a right tit of yourself. Sounds familiar, right?
Perfect poison: Margarita.
Author's encouragement:
"Don't drink to get drunk. Drink to enjoy life."

IN COLD BLOOD
Truman Capote
Grasping how brutal a human being can be is the second most shocking thing about this page-turner.
Perfect poison: Screwdriver.
Author's encouragement:
"In this profession, it's a long walk between drinks."

THE RUM DIARY
Hunter S Thompson
Proof that drinking is far better when done under the sun. Or after being chased by Puerto Rican gangsters.
Perfect poison: Wild Turkey whiskey and ginger beer.
Author's encouragement:
"I'd hate to advocate drugs, alcohol, violence or insanity to anyone, but they've always worked for me."

Photography: Marco Vittur

who the hell is **DAN BILZERIAN?**



33-year-old high stake poker player, venture capitalist, risk taker and actor, Dan Bilzerian hosts 'Once in a lifetime!' parties, swims in rivers of money, beds smokin' hot women and has a net worth of $100 million! How does that sound for a lifestyle? FHM tells you more about the coolest man on earth!

01
EX-NAVY OFFICER

Dan is an ex-navy officer. He served in the US navy for 4 years before being thrown out due to a dispute with an administrative officer in his training days for Navy SEALs.

02
BARRAGE OF GUNS

He was once arrested for carrying a machine gun in his car in a school property. He now owns 97 guns and they are on display in every room of his mansion.

03
POKER KING

Dan has won 50 million dollars through playing poker alone. He had once won 10.8 millions in one night!

04
CRAZY LIFE

He suffered 2 massive heart attacks before the age of 30 after 5 days of partying, snowboarding, gambling, crazy sex, sleep deprivation, consumption of cocaine and 200 milligrams of Viagra.



13
Hero



05
FRIEND INDEED

Mr Bilzerian once invested $2000 in a friend's new venture and he gave Dan $1million and a goat in return for his friendship!

06
RISK TAKER

Dan once made $400,000 in a drag race against his friend. Dan rode in his 'tricked out' 1965 Shelby 427 Cobra to outsmart his friend in Ferrari 458 Italia.

07
ACTOR IN THE MAKING

Dan has sued *Lone Survivor's* producers for cutting his role short in the movie. He has demanded $1.2 million as penalty. (Woah!)

08
DADDY'S BOY

Dan once bailed his father out of jail by paying a third of his trust fund. Paul Bilzerian didn't talk to Dan for this gesture for 8 freakin' months!

14

Music

REFUGE IN MUSIC

Jive to *FHM's* Top 5 music albums for June. There's something for everyone, every mood and every split in your personality.

1

ALBUM: Forever
ARTIST: Alesso
GENRE: Electro



Listen to this for a perfect infusion of Pop Music into EDM. Don't cringe as yet, we aren't big Pop fans ourselves but that seems to be the natural culmination pattern for the electro scene now. This is Grammy-nominated Swedish DJ/producer, Alesso's debut album with collaborations from Calvin Harris, OneRepublic, Ryan Tedder and more.

2

ALBUM: Hozier
ARTIST: Andrew Hozier-Byrne
GENRE: Soul/ Blues

RUBYWORKS RECORDS



With strong vocals bordering on the gospel style and lyrics that're pure poetry, the debut album of the Irish singer-song writer, Hozier, is a collection of acoustic rock ballads. You need to check it out for the seductive side of a poignant artist. The songs will stay in your head long after your iPod exhausts its charge.

3

ALBUM: I Don't Want to Let You Down
ARTIST: Sharon Van Etten
GENRE: Indie Rock



JAGJAGUWAR LABEL

If you're in the mood for some heavy harmonies, inclining towards the folk style, Van Etten is your pick. The album explores the emotionally complex intersection of power and vulnerability, independence and reliance. It's hard to find such simple lyrics making this strong an impact today.

4

ALBUM: Drones
ARTIST: Muse
GENRE: Alternative Rock



WARNER BROS.

This is pure rock for you, with no experimentation with any other genre. Seventh studio album of the band Muse, it takes you back to the times of the wailing electric guitars and the traditional guitar-bass-drums-charge. Listen to it for the guilty pleasures you've always derived off of alt rock.

5

ALBUM: Big Love
ARTIST: Simply Red
GENRE: Soul/Pop

EAST WEST RECORDS



Big Love is a romantic album to its core. The British band *Simply Red* celebrates the softer, soulful sounds of the '70s by doubling down on the smoothness that separates them from the legions of neo-soul sounds. The band has an original sound. It's an album that deals with birth, love, death and all the stuff in between.



The new Q3 not only features a refreshed design but also a number of technical innovations.

15
Cars

THE EVERYDAY MUSCLE

Like it was even possible, Audi Q3 has got a facelift and better functions and is ready to roll on Indian roads. We just had to get down and dirty with this beautiful damsel.



When I got a call from Audi to come and experience the all new Q3, it was not a question of if, but a matter of when. Audi has, through the years, maintained pedigree of superb engineering seamlessly infused with DNA of irresistible style. When the news of the all new Q3 came about, I was curious to know whether the pedigree and DNA had been carried forward. And man, was I surprised!

AT FIRST GLANCE

Even before you step into the car, there are some marked changes that scream for attention. Tailgates have been given a characteristic wrap-around treatment. The front grille is Singleframe and gives a meaty look from the word go. The car has a wider, lower appearance that gives it the look of a hunting cat getting ready to pounce–impressive!

On the inside, shiny chrome streaks have been used adequately to get your second (and third, fourth) glances. Leather and plastic have been used exquisitely to maintain the luxury feel. Need further pampering? Interior lighting is pure LED and power adjustable front seats (that's a first in Q3). It's also loaded with MMI Navigation System, which impressed beyond compare. I put it to good use in the back-of-beyond forgettable winding roads of south Goa and not once did I take a wrong turn or hit a dead-end. One can only fathom how well the busy metros have been mapped.

Music for me forms an inseparable part of an excellent driving experience and I could not wait to put the Q3 in ignition and tinker with the barrage of buttons to get the boombox thumping. Internal storage of 20GB is practical and adequate and so are other ways to plug in an external source of your favourite tracks. Bang & Olufsen audio system is divine and transcendental.

ENGINE AND DRIVE

The new Audi Q3 continues with the same engine that it has previously housed, which belts out 177hp with the help of a seven-speed S tronic transmission. The car also sports, for the first time, paddle gear shifts for the manual option, which I loved for its sheer spunkiness. Nimble and responsive, manual option was found to be far more tempting than the automatic choices that you may make.

After shifting it in 'D' and letting it roll, the car was expectantly behaving itself on the snaking alleys of old Goa. Come Panjim and open roads, I did what any gearhead would… floored the pedal–and got slapped by a bit of disappointment. For a car that is armed to the teeth with 130kw, 177hp engine, I expected a cheetah on four wheels. But what I got was a leisurely canter. The car seemed to take a long, deep breath before launching itself. Fine! Maybe the dynamic mode was not cutting it. I slipped it into 'Sports' and saw the RPMs, even in idle, go to uncomfortable levels. Stepped on the gas and the same response. Don't get me wrong–it was super smooth and agile to get off the grid, but that momentary hesitation was painting the wrong picture. Back to Manual and she (Q3) and I patched up things real quick.

CONCLUSION

The all new Audi Q3 is a big step up from the older one in every sense. Exteriors, interiors and features. It makes for a perfect city car for just about any chore that you have lined up for it. Features galore, it exists to please. And yes, if you're wondering whether the Audi oomph is there… fret not. There's oodles of it!

A 130-kw (177hp) engine will power the new Q3 with the 7-speed S-tronic transmission.



Clear ergonomics, outstanding workmanship highlight the new interiors.



It now boasts of a variable luggage compartment from 460 to 1, 365 ltrs.

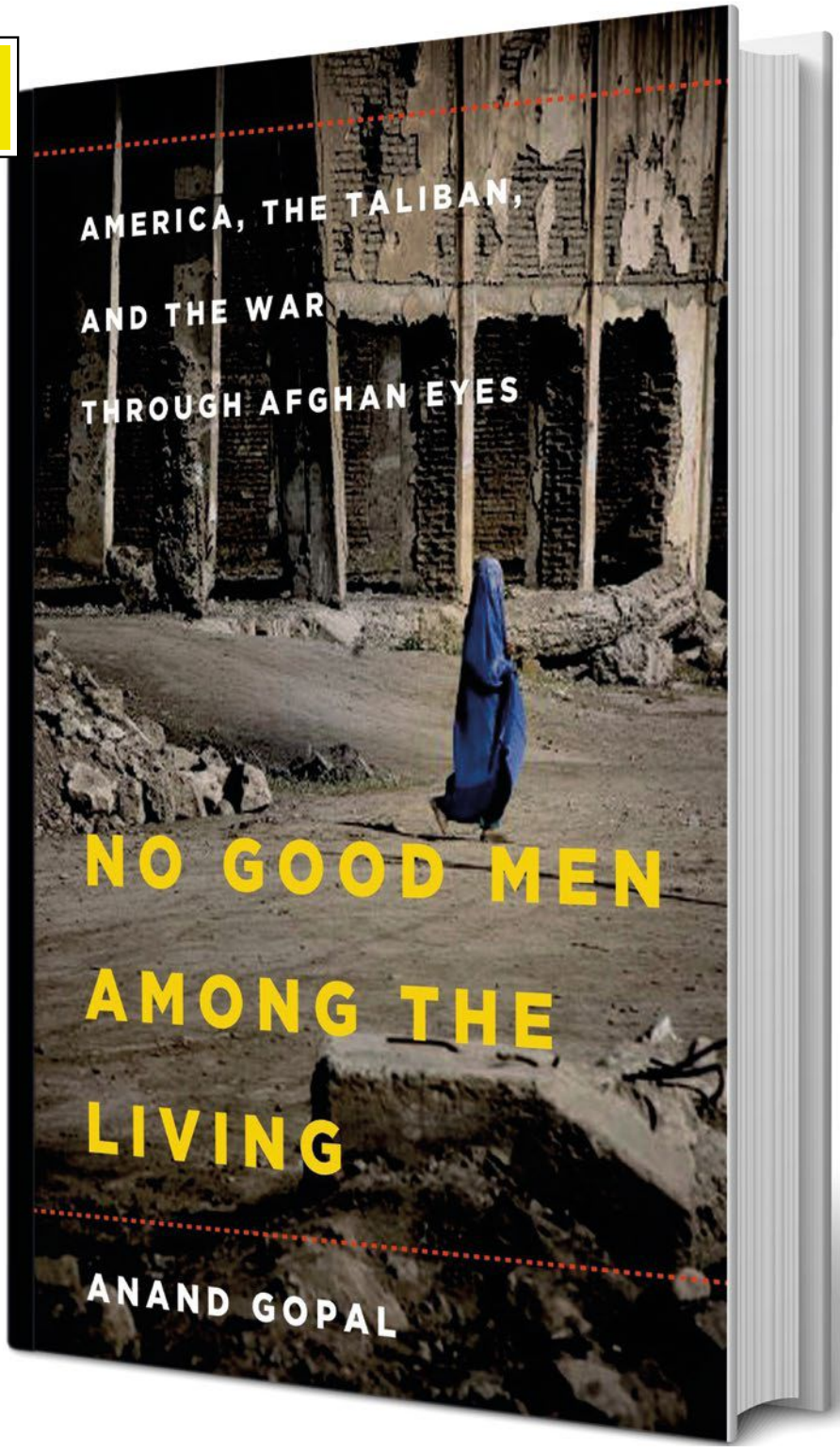
Words: Ashish Pratap Singh

And you thought you knew it all...

16

Books

CTRL+ ALT+DEL AFGHANISTAN



Rating: 8.5/10

Book: No Good Men Among the Living: America, the Taliban, and the War Through Afghan Eyes

Author: Gopal Anand

Genre: History

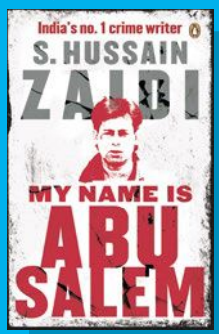
Publisher: Pan Macmillan

Price: ₹699

Review by: Siddharth M Joshi

FHM SUGGESTS YOU TO ALSO FLIP THROUGH...

A lot of hullabaloo around the latest titles. We gave them a read and found these worthy of mention for this month.



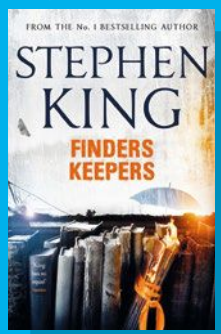
My Name is Abu Salem
Mumbai has produced many dons, but perhaps none so colourful as Abu Salem.

Author: S. Hussain Zaidi

Genre: Crime

Publication: Penguin India

Price: ₹299



Finders Keepers
A spectacular and heart pounding suspense story.

Author: Stephen King

Genre: Thriller/Crime & Mystery

Publication: Hodder & Stoughton

Price: ₹699

The literary world has been bombarded with hundreds of books on the landlocked region of Afghanistan ever since the word Taliban made its debut in the prime-time news internationally. Stories embedded in the pre-war country made writers like Khaled Hosseini renowned worldwide and the American media went nuts over their versions of history as they lived it during the war. But one thing that remains common among all of them is the reduced voice of the Afghans into mere mumblings. You could hear the victims' cry for help and the dramatic cracking of the Talib whip but still no sound from the stereotypical crusader who was not a Bin Laden or a bigwig political wart on the desert ground. For all these years, the American war on Afghanistan and the final dismissal of the tyrannous regime have been celebrated among the allies in all their political might.

For the first time a book gathers the sonorous echoes from across the world that sending troops to Afghanistan was a mistake and that the whole situation was misjudged and executed in an extremely egotistical imbecility. Anand Gopal, who covered Afghanistan for *The Wall Street Journal* and *The Christian Science Monitor,* in his first book, *No Good Men Among the Living: America, the Taliban, and the War Through Afghan Eyes,* records the ignored attempts by top Taliban leaders to surrender. The book is a reflection of how the west, specifically the US, saw Afghan men in solid shades of white and black and turned an absolute blind eye to the more prominent gray. The title draws from a Pashtun proverb, "There are no good men among the living, and no bad ones among the dead," suggesting that there were no heroes and villains in Afghanistan.

It tells the story of the war through the eyes of three Afghans: a Taliban commander, Akbar Gul aka Mullah Cable, who was disillusioned with the Talib morals but upset with the corruption of the police and the American presence, rejoined them; a tribal strongman, Jan Mohammad, a long time pal of Hamid Karzai who dealt in US dollars and crushed anyone who opposed him; and a cosmopolitan university graduate, Heela, who was forced to flee Kabul, take refuge in a village and lead a life of a dormant housewife. With a lot of glimpses of the Soviet insurgency of 1979, the brutal civil war in the 1990s and the uncompromising rule of the Taliban, most of the action happens post the fall of the Taliban regime in late 2001, when Hamid Karzai took over.

> **"THE BOOK IS A REFLECTION OF HOW THE WEST SAW AFGHAN MEN IN SHADES OF WHITE AND BLACK."**

THE VERDICT

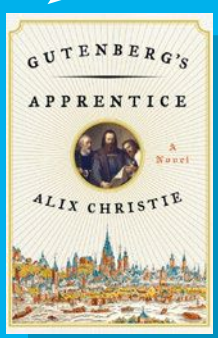
It's an honest book with its own shortcomings of putting everything that went wrong in the perspective of America's naivety. While the US playing one side of the Afghan population against another appears more thought out than the only option they had in order to 'bring back order' in the land, as goes the book. The book also falls short of indicating the Paki main spying agency, ISI's involvement in backing the resurgent Taliban in Afghanistan. But you get valuable insights into the bloated images of the likes of Mullah Omar, who had a more legendary personality in the media than in real life, and many more. And how *Al-Qaida* was ready to hand over Bin Laden to the US right at the start, on the grounds of him being tried on an Islamic land.

Overall, the amount of research that the author has put *in situ* for over four years is impressive and laudable. Read it to relive history and hear the story almost from the horses' mouths and challenge your usual perception of the Afghan war.



ABOUT THE AUTHOR

Anand Gopal has served as an Afghanistan correspondent for *The Wall Street Journal* and *The Christian Science Monitor*, and has reported on the Middle East and South Asia for *Harper's*, *The Nation, The New Republic, Foreign Policy,* and other publications. *No Good Men Among the Living* was shortlisted for the '15 Pulitzer Prize.



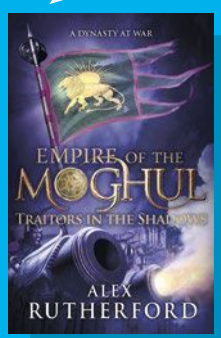
Gutenberg's Apprentice
A gripping historical novel about the men behind the invention of Gutenberg Bible.

Author: Alix Christie

Genre: Historical Fiction

Publication: Headline Review

Price: ₹599



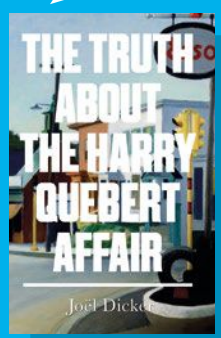
Empire of the Moghul: Traitors in the Shadow
The sixth volume in the series covers the reign of Aurangzeb.

Author: Alex Rutherford

Genre: Historical Fiction

Publication: Headline Review

Price: ₹599



The Truth About The Harry Quebert Affair
A fast paced, tightly plotted, cinematic literary thriller.

Author: Joel Dicker

Genre: Literary Fiction

Publication: Maclehose Press

Price: ₹399

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1 GIRLS

You don't need us to tell you this. But even then for those still not enlightened we find, shoot some of India's hottest girls to shoot in their delicates. Its a tough job, but ah well.

2 FOOD & BOOZE

What's the second best thing to sex-on-toast women? A great glass of sweaty beer, a side of a *tikka*, three bottles of wine...you get the drift.

FHM

3 CARS AND BIKES

We drive the cars and bikes you lust after. Sometimes cycles too. Sometimes.

4 GADGETS & GIZMOS

In our endeavour to deliver the best to you each issue, we are constantly forced to change our phones, use new cameras, laptops... so you know which one to upgrade to. Sigh.

5 ADVENTURE

Jumping out of a plane? Climbing a mountain? *FHM* is always at hand. Yes like a sherpa.



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3	36	₹3600	₹3600

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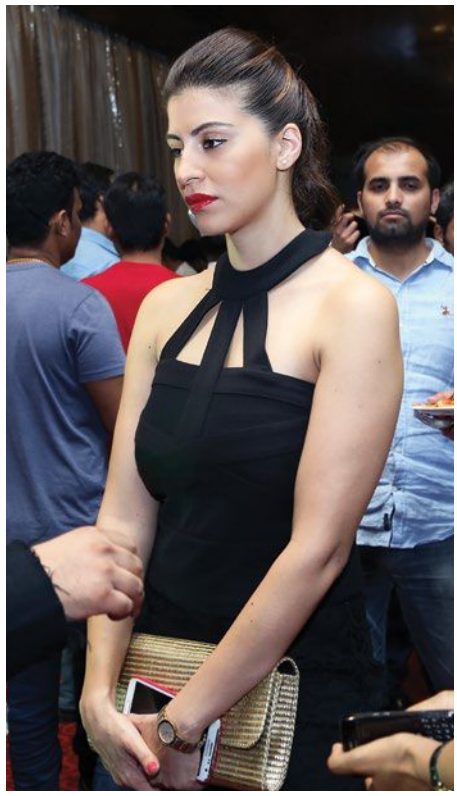
Neha Sharma, our covergirl for August 2014, makes an appearance at the party.





Elli Avram, Rochelle Rao, Karishma Kotak, Kiara Advani and two hot new Miss Indias at the 100 Sexiest Party.







FHM POST EVENT PARTY JULY 2014





Winners of the Gionee Users Choice Award, Varun, Vineet Markan and Jagdish Repaswa





Rajesh Mahajan, PP Telecell Mktng. Pvt Ltd, Anurag Sharma, Director PP Telecell Mktng Pvt Ltd, Arvind R. Vohra, India Head Gionee Smartphones, Sundeep Sharma, Co-founder Xposure (from left to right) at the party.

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10
NEW ENTRY

TELLY BEAUTY

DRASHTI DHAMI



09
2013 RANK: 06

PENNY. PENNY. PENNY.

KALEY CUOCO

08
2013 RANK: 76

B-TOWN'S 2014 SCORCHER

ILEANA D'CRUZ



07
2013 RANK: 28

IN-YOUR-FACE-BEAUTY

NEHA SHARMA



2013 RANK: 04

06
HOTTEST SHARMA



ANUSHKA SHARMA

2013 RANK: 88

05
BESTEST ABS EVER



SHRUTI HAASAN

WOMEN IN THE WORLD



2013 RANK: 72

04 NYC'S BIGGEST LOSS
NARGIS FAKHRI



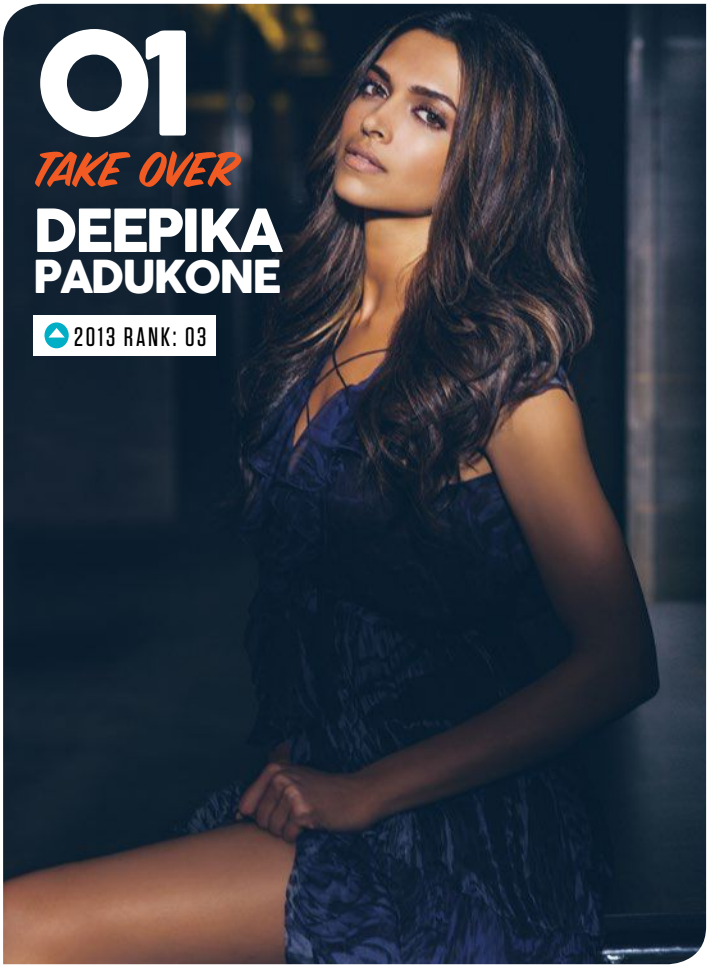
2013 RANK: 01

03 TWO FROM THE TOP
KATRINA KAIF



02 LITTLE MISS SUNSHINE
PRIYANKA CHOPRA

2013 RANK: 02



01 TAKE OVER
DEEPIKA PADUKONE

2013 RANK: 03

COVER STORY



Fringe jacket: Rohit Gandhi + Rahul Khanna; Bra: La Senza;

THE FLIP SIDE OF SHRUTI HAASAN



Shirt: Tommy Hilfiger ; Bra: La Senza; Shorts: Zara

She is the yin to her yang. She is effervescence to her own intensity... pretty violet to deep purple. There are two actors, two people that effortlessly exist in the same space; two sides to the same coin. Need we reveal more? It's Shruti Haasan, people! And we managed to talk to both sides (*both Shrutis are so much fun!*).

Words **ASHISH PRATAP SINGH** *//Photography* **ARJUN MARK** *//Styling* **AAKANKSHA JAIN**
Hair & Makeup **TARRYN AT TOABH MANAGEMENT**
Fashion Assistants **REVATHI, NIKITA AND TANISHQ MALHOTRA** *// Production* **MADMOTH PRODUCTION**

We had this grand yet seemingly improbable idea of capturing two very distinct sides of an actor to give diametrically opposite intensity quotients to the same shoot. Arjun raised an eyebrow but was up for the challenge. Next speed bump was figuring which actor could rally between portrayals effortlessly. We needed someone who could turn whites into pretty while making blacks look sexy. We demanded vibrancy from a prim-and-proper hairstyle and, at the same time, looked divine in messy hair. We looked for an innocent smile to light up a room. We also wanted a careless smirk to spark one's imagination. We knew we had to get Shruti Haasan.

From the time she walked in, we knew our choice was bang on! Unabated laughs peppered with humour were like a rainbow on a gloomy morning. Wait long enough for the smile to vanish and dark clouds begin to gather. Charming and intense, colourful yet passionate. We couldn't wait for the camera to start rolling.

Shruti has her hands full currently with five projects that she is doing simultaneously (*what!*). Three are Bollywood big-ticket movies. One is *Welcome Back*, then there is *Yaara* with Tigmanshu Dhulia and the third one is *Rocky Handsome*. 2015 is going to be a big year for our doe-eyed lass and we can't wait to catch the matinee shows of each of her releases. The last we caught her onscreen was for *Gabbar is Back* and the junta loved her for making her screen presence every bit as heavy as Mr Kumar's. But Shruti is quick in crediting the content for the roaring success of the movie. Humility, we say! But Akshay Kumar and interesting anti-corruption message, says Shruti! She doesn't dilute her character in the movie but. "My role is of a strong woman who understands Gabbar and proves to be an emotional rock that he can lean on," Shruti adds.

She has raised our expectations bar higher by a number of notches and now her next flick is eagerly awaited. *Welcome Back* is the sequel to the rip-roaring 2011 *Welcome* that had a stellar star-cast. In Shruti's words, it's fun and is one crazy comedy. It also has a few elements of the original star-cast like Anil Kapoor, Nana Patekar, Paresh Rawal, which is pretty cool actually. But what does Shruti play? We gathered that she plays John Abraham's romantic interest and that hers is a part that's fun and quirky in a sweet fun love story. We can't wait!

One thing about Shruti Haasan that we fell hopelessly in love with is that she is pure electricity in any setting and leaves a certain vacuum when she leaves. Before she could flutter away, leaving us agape, we did manage a quick-fire interaction with the bedazzling charmer…



Leather knit corset and wrist cuff: The V Renaissance; Bra: La Senza ; Pants: Zara; Shoes: Christian Louboutin

CAREER

FHM: **From *Luck* to *D-Day*, you have constantly experimented with roles and have come out on tops. Which genre are you most comfortable doing?**

Shruti Haasan: I am actually comfortable doing any genre but what I love a lot is either intense drama or extreme comedy.

That's two ends of the spectrum!

That it is. But isn't that good for your cover story? (*laughs*)

After *Gabbar is Back*, tell us which of your co-stars are the most fun to be around on sets?

I can't really choose like that. Although I must say that working with Akshay Kumar was amazing because he is one of the fittest, funniest co-stars one can have. Having said, I can't really pick. Because there is a barrage of co-stars in south cinema as well and I don't want anyone to feel bad. I love everyone equally.

Imran Khan, Arjun Rampal, Akshay Kumar… who is the most methodical actor? Wittiest in terms of sense of humour? Most intense actor?

Talking about being a methodical actor, I really can't define as I am not a movie critic and I hope I never become one. Everyone gives it their cent per cent to every project.

And the wittiest and most intense… I'm guessing you're not going to answer those either?

No! (*chuckles*)

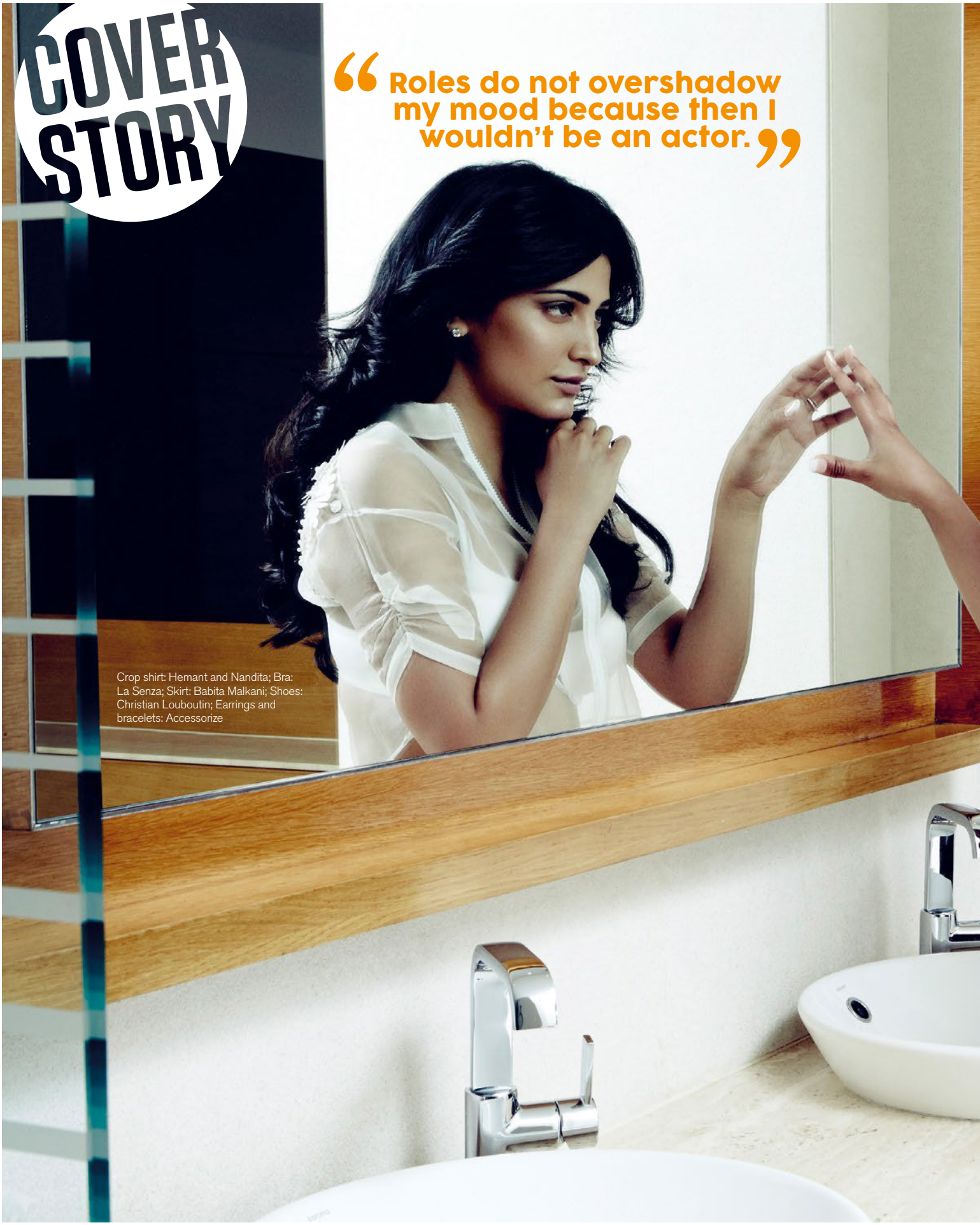
What is your temperament like on shoots? Are you so much into your role that you forget to have fun?

It depends on the day, really. But I'm not one of those method actors who,



Crop top and skirt: Deme by Gabriella; Shoes: Christian Louboutin; Earrings and bracelets: Accessorize

COVER STORY



"Roles do not overshadow my mood because then I wouldn't be an actor."

Crop shirt: Hemant and Nandita; Bra: La Senza; Skirt: Babita Malkani; Shoes: Christian Louboutin; Earrings and bracelets: Accessorize



Crop top and shorts: Rohit Gandhi + Rahul Khanna; Earrings: Accesorize

on the day have to do an intense scene, will not talk to anyone just to get into that kind of a mood. But I am not myself completely either. I am more in the zone of what is required. But I always love a fun and energetic mood on the sets where everyone is driven to create something extraordinary. Therefore, I try and make it light and fun and positive. Roles do not overshadow my mood because then I wouldn't be an actor, would I?

Which actor, who you have not worked with yet, but are really dying to work with?

So many! Actually all the ones that I have not worked with.

We get the picture. You like to be politically correct. But any Hollywood actor you want to work with?

Ryan Gosling. I want him on and off the sets as soon as possible. (*couldn't stop grinning*)

Ayesha from *Luck*, Suraiyya from *D-Day*, Shruti in *Gabbar*... Out of these... which character portrayal is closest to the real Shruti?

None actually. I have never played anything like myself on screen to date.

But hopefully sometime soon. I really liked *D-Day's* Suraiya because portraying her was out of my comfort zone and enjoyed playing that part a lot.

What remains? How is Shruti Haasan going to transform as an actor in the next few years?

There's so much that remains! Life influences you, the people you work with, content keeps changing... there is a lot of growth to be achieved. I am looking forward to it. There is more that I have not done than I have achieved.

You singing career started much before your acting debut. Which passion precedes the other?

It's really difficult to choose. I always say this that making a choice here would be like asking a parent to choose between his or her kids. It's unrealistic to ask which child the parent loves more and which one the parent wants to get rid of. Therefore, they are both equally loved. I get a completely different satisfaction from acting and a different one from singing and composing music. But I have to say that when the two meet in some form, where I can sing for myself or for someone else's performance, when I can experience cinema and music meet, that is most fun. It's an indescribable feeling.

Composing? That too? How did that happen?

I always wanted to write lyrics and poetry and also compose music that went with it. I did that too. But I wasn't confident enough and didn't know if I could do it, till I went to music school and learned song-writing. Ever since then, I am a happier person because I can compose music now. Because there's so much that I can deal with or cannot share with the world, I find composing to be the only channel that I know how.

And to top it all... you're the lead vocalist for an alternative rock band called Extramentals. How cool is that?

I used to be but Extramentals was disbanded three years ago because most of the members moved to different corners of the world. I started the band with my best friend who is now living the ultimate life in LA. Now I collaborate with musicians whenever possible. But don't have a band.

COVER STORY

GROWING UP

You're elder of the two sisters. Usually the younger ones are the pampered ones. Was that the case in your family too?

Oh yes! I guess that is the case with most, if not all, families. The younger ones are smarter as opposed to the older ones, who do not know as well how to get out of trouble. The younger ones see their parents and their older sibling and figure out the politics and how to use it to their advantage. Every younger sibling is like that... At least my sister was (*laughs*).

Akshara is a gifted dancer and you're a talented classical vocalist and an actor. Between the two of you, what remains?

We do not have a PhD in the family right now. Hopefully one of our kids will be an astronaut with NASA. I want one kid to be in the movie business and the other to be in outer space. (*woah!*)

Who are you closer to? Mum or dad?

This is a real terrible question because when someone asks, 'Are you mummy's pet or daddy's pet?' it's really silly. Because I wouldn't be here without either of them. Therefore, one cannot choose.

We differ, because over the years one does get closer to one parent than the other, doesn't it?

I would say that, with my mum, there is so much to talk about. She is very independent so there's so much to learn there. With my dad, he is really chilled out and a true and a complete artist. So I get different things from both.

How were growing up years? What do you remember?

I really loved going to school and I loved my friends that I made there. Some of them are still my best buddies. I went to an extremely interesting school as well. It's called Abacus Montessori School and it's in Chennai. It was a really hippie, fun school where cultural talent and sports were as valued as education. We were encouraged to become the best at what we loved.

Any fondest memory?

So many! It was great growing up in Chennai. It's the perfect mix of being conservative and cultural. I grew up in a liberal environment in terms of my



family and school. So it was such a nice balance to grow up there.

Did you ever accompany your dad or mum to movie sets when growing up?

A hell of a lot! Because my mum, whenever she was not acting, was always part of the movies by either doing costumes, or sound, etc. And my dad was always acting. So a lot of my childhood was on movie sets. For me, thinking of generator vans and doing homework in them brings back fond memories.

Did the experience ever enamour you?

Oh yes! I first wanted to be a movie actress. But then I somehow got in my head that I would not be able to do it. Thus I started working towards wanting to write and direct. I only stumbled upon acting.

When did you get your calling to join movies?

It was really weird because it really happened overnight. I knew I wanted to but I never thought I would follow through. And it just fell into place then. To cut a long story short… now I am here.

One movie role (Indian or international) that you would love to see yourself do?

It hasn't been written yet. Why would I want to play a part that someone has already played?

Maybe because they played it so well that you thought, 'wow'! I would love to play that and figure whether I could pull it off just as well.

Then let them only play it! They have put in a lot of effort to pull off a classic performance. What can happen is that another actor could see the performance and get inspired by it to play something similar. I would get inspired to perhaps do a role that is more tailor-made for me. I would rather have the audience say that Shruti played that role to perfection; rather than my saying that I could play an already played role better.

Any yesteryears movies that are your favourites?

The *Godfather…* that is my all-time favourite. In Hindi I love *Mughal-E-Azam*. It's one of my favourites simply because it's an amazing film. Also the story behind the movie on how long it took to make it and how they finally finished it against all odds. They are so inspiring. Another fabourite is *The Sound of Music*.

PERSONAL LIFE

What does your typical day look like?

I am just working all the time. I wake up, get ready and go to work (*try to squeeze in a workout in there somewhere*). I Whatsapp all my friends stupid pictures of mine from the movie sets, get back home and catch some shut-eye. And it's the same routine again the next day. It's all work and no play. The days I have off, I like to spend time with friends or stay at home.

You're obviously in awesome shape. Who do you train with and what is your exercise regime like?

I really like to watch what I eat because I can put on a ton of weight if I am allowed to eat what I want to. I do as much cardio as I can. There was a time when I was obsessed with working out and I thought to myself that my body should never need PhotoShop. I was completely on another trip but was not a happy person then. It's important to work out because it keeps your core strong and your blood pumping. But more than that, no one should go nuts about how they look because there is nothing sexier than someone owning their body the way it is.

If we raided your fridge, what awaits us?

Lots of stuff! There is some South-Indian sambhar puddings, along with the top shelf, which is usually loaded with gojiberries and other berries. It's a mix of everything but it's healthy for the most part.

What are your stress busters?

Watching television, the complete meaningless types like the Shopping Network kinds. It really relaxes me. (*We can't believe it!*)

Ever do stress eating?

Yes. And then it's French fries and chocolate ice cream. And lots of sambhar.

Bike person or a car chic?

I am neither a car chick nor a bike person. And it doesn't matter because I cannot drive either.

What's your taste in music like? Favourite tracks?

It's eclectic. I only don't listen to Mexican Rap. I have some issues with it (*laughs*). I find it displeasing.

Something to do with the language?

I like Spanish. It's fine. It's just displeasing on a frequency level. Other than that I can listen to pretty much anything.

Any favourite tracks?

I listen to Classical, Jazz, I love Metal. I am now getting into EDM, which I am starting to enjoy. I love Retro and Blues.

Let's talk about men now. If given a chance to date one famous celeb, who would it be?

Jeez… I never thought of it! Is a musician okay?

Musician would be fine…

Then Brandon Boyd from Incubus.

Any Hollywood men perhaps?

Ryan Gosling… always! (*Why did we even bother?*)

What's your idea of a perfect guy and a perfect date?

It depends on the person, really. There's no thing as a perfect date.

With Ryan Gosling?

We could be doing anything in the world… sweeping the streets probably? And it would still be romantic. My idea of a perfect date is to have an excellent conversation and a lot of laughs.



Crop top and skirt: Deme by Gabriella; Shoes: Christian Louboutin; Earrings and bracelets: Accessorize

ASKED ALONG THE WAY

#Favourite dish
Sambhar Sadam

#Colour that is most visible in your wardrobe
Black

#Colour that comes second
Grey

#No. of pairs of jeans and shoes
At least 50-60 each!

#Favourite label/ designer
Manish Arora because his stuff really stands out

#International label
Undoubtedly Balmain

#Expertise in the kitchen in terms on cooking
I am good; with just about anything. I just need a recipe

#Morning or a late night kind of person
Only late nights! I hate mornings. I just don't know why we have to start the day at 9am. (*laughing out loud!*)

#Beach or mountains
Beach

#Favourite gadget currently
My phone… Always! I have an iPhone and the other one is 1+1

#Favourite fragrance
I have two-three favourites.. One is Bulgari Black, which is actually for men. Ralph Lauren Romance. I also love 212 Sexy

#Favourite workout tracks
I listen to metal when I really need to lose weight

#Favourite superhero
Batman! Because he is the sexiest superhero. He is manic depressive so I want to fix him

#FHM for you is…
This is my third cover with *FHM* so it's like my very own magazine

“I want my one kid to be in the movie business and the other to be in outer space.”



Leather knit corset and wrist cuff: The V Renaissance; Bra: La Senza ; Skirt: Deme by Gabriella; Shoes: Christian Louboutin


MESSI
10
unicef



IT DOESN'T GET MESSI-ER THAN THIS

WHO COMES TO MIND WHEN YOU HAVE TO THINK OF A FOOTBALL ICON WITH THE CLEANEST IMAGE? IT'S BOUND TO GET MESSI. THERE IS PRECIOUS LITTLE THAT LEO CAN'T DO. SO HOW DID THE FOOTIE SUPERSTAR FARE WHEN WE GAVE HIM AN OPEN POST TO KICK SOME BALLS? READ ON TO FIND OUT...

INTERVIEW BY **THOMAS UNSWORTH**

LIONEL MESSI

FHM: **Hi Leo. There can't be more happy moments in your life these days, right?**

Lionel Messi: These are great days for me, but I am always looking for more. I have said that when I retire I should be able to look back on the success. But for now it's about looking forward!

Winning the La Liga must have been a soothing feeling...

Yes, of course! It's a big trophy for us. When you are with Barcelona, every trophy you win is a big deal.

How do you think Barca went on to win the trophy after missing it last year?

Since the start of this year we have been on a great run, and the whole team has been playing well. When you are winning, it gives you the confidence to play well and to keep on winning.

How have Neymar and Suarez helped Barcelona?

I think it's clear to see how much they have helped. They are both great players in their own domain, but they are both team players as well. Neither of them is interested in personal glory, or scoring goals, they are just interested in playing for the team and playing exceptionally well.

Does the holy trinity gel well together?

I think so! It's normal that when you spend time training together you are going to understand each other well. The understanding between the three of us is already very strong, but I believe there is even better to come from us.

Is there competition between you guys as to who scores the most goals in a season?

Not at all, man! Like I said, nobody cares about personal glory at Barca. The objective is to make sure that we win as many trophies as a team.

After the World Cup disappointment, how did you resolve yourself to play this season?

It was obviously very disappointing to lose the World Cup final, but you cannot take that disappointment into a new season with you. I still want to win things with Argentina, but to make sure this season was successful, I had to put the disappointment in Brazil behind me and come back strong.

You have taken your game to another level this season. What changes have you made to your playing style?

I think I am always maturing as a player, but I owe so much to my teammates. Playing with such great players helps me to become a better player myself.

You score in almost every game and two games without scoring, people start talking. That's obviously pressurising. How do you deal with it?

I really don't feel pressure. The truth is, I still love to play the game as much as I did when I was a kid. Every time I go into a game I am excited and can't wait for the referee to blow the whistle.

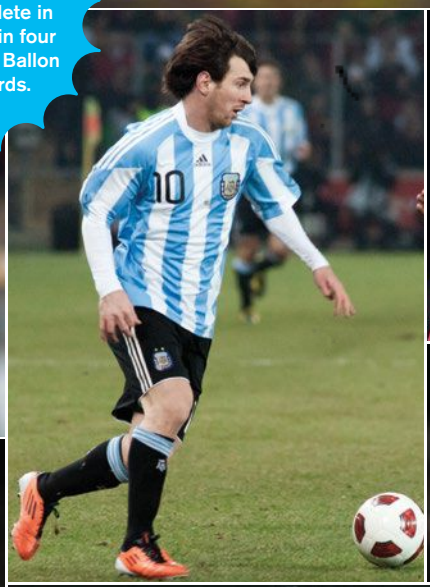
Do you think you will win Ballon d'Or this time?

Personal awards are nice and to be acknowledged, of course, make you feel proud. But for me I will always concentrate on success and trophies with the team and not personal awards. If success with the team means that I win

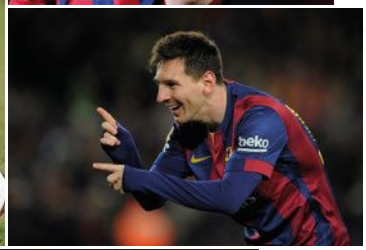


Messi is the first football athlete in history to win four consecutive Ballon d'Or awards.





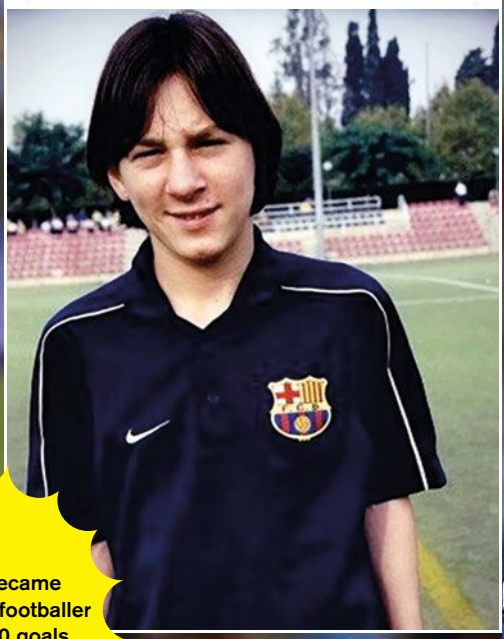






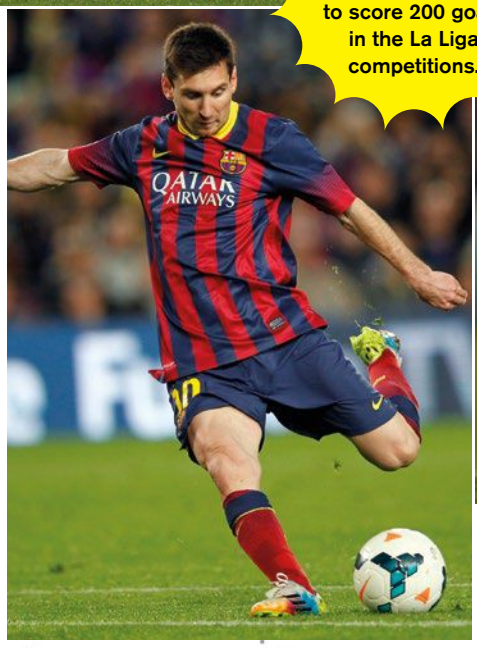








At 25 he became the youngest footballer to score 200 goals in the La Liga competitions.







personal trophies, then that will be very nice, obviously.

What after Barcelona?

I am not sure; all I am doing at the moment is enjoying playing football. I have not even thought about what I will do after I finish playing; there's still so much that I want to achieve.

Where would you love to retire?

Barcelona, without an iota of doubt! They have given me everything. I have always said that I will stay at Barcelona as long as they want me. I want to end my career here if that's possible.

As a kid, who influenced your style of play?

I was so fortunate to have a little time at Barcelona to learn from Ronaldinho. He is one of the best players in the history of the game, and he adopted the game in the right way… with a smile on his face. I know that he said in interviews that he wished that he and I had more seasons playing together and, for me, the feeling is mutual.

Any thoughts on the perpetual rivalry with Ronaldo? Is it overhyped?

I don't think that there is, seriously. And I know that Ron feels the same way. It is just something that the media has invented; it has never come from either of us.

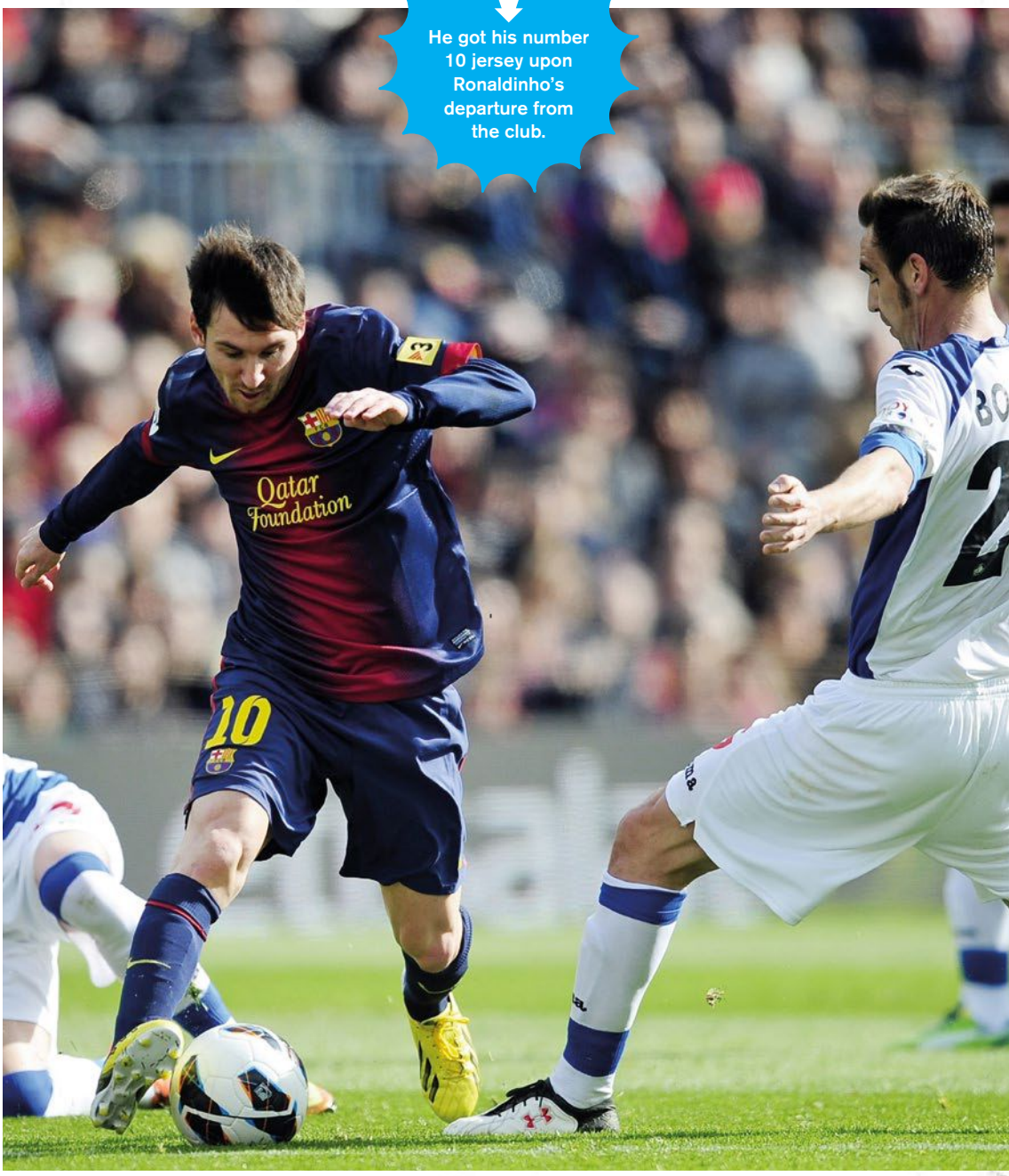
Now that Fabregas has left Camp Nou, is he still a good friend?

I have known Cesc for a very long time now; he will always remain a good friend. He is one of the most intelligent midfielders in the world; it's no surprise that he has become a champion at Chelsea this year.



"I HOPE BARCELONA CAN DO A TOUR OF INDIA SOON."





He got his number 10 jersey upon Ronaldinho's departure from the club.

Are you a fan of cars and bikes? Any favourites?
I am, but I am not obsessive about them.

As part of the game, footballers have to travel a lot. Do you like this part of your life?
When you have children it makes it harder, but we are so lucky to play the game that we love that I cannot complain about anything.

As one of the good guys of football, are you a party person? Or you go straight back home?
There is not a party culture at Barcelona. You can't expect to go out partying and then to have success and win many trophies. Right from La Masia days (Barcelona's youth academy) you are taught to stay out of nightclubs.

Which restaurant serves you the food you cannot live without?
There is a place in Barcelona that does these great Argentinian steaks that are as good as we get back home. A lot of Latin American players at Barcelona visit there.

When will we see you playing in India?
I hope that Barcelona can do a tour of India soon. I have visited before, and the reception that I got from the Indian fans at the airport was one of the best ever. I was very humbled.

Any parting words for the fans in India?
Thank you for all your support, I am absolutely overwhelmed with all your love. Hope you enjoy watching us in future too. I really wish to visit you again soon!



GET THE MAGIC BACK

MASTER THE BASICS OF LOVE & SEX

Ditch the reverse cowboy, lose the love swing and forget sonic felching. When it comes to romance, it's all about the fundamentals

Words: **Joe Mackertich** Photography: **Rufus Stone**

As with so many things in life, *Fifty Shades Of Grey* is to blame. When E.L. James' series of pervy novels became a zeitgeist-straddling porno phenomenon, a new fear descended over the men of Britain. What if it was no longer enough to be quite good at sex? What if, in light of the raunchy sado-sex revolution exploding all around, we had to become bullwhip-wielding, sneering fuckmasters of the universe to cut it in the bedroom?

Girls, it was decided, were no longer interested in supermarket own-brand lovemaking. Does the bottom draw of your bedside table contain nipple clamps, a ball gag and an economy-sized vat of EZ-Glide lube? No? Then get back to the '50s, you buttoned-up weirdo! The world's moved on. You probably don't even like fisting.

Thankfully, this turned out to be a load of tosh. At *FHM* we compel you to (carefully) put down the rubber drildo and rediscover the basics of love and sex. Because what good is a latex bukkake dungeon if you aren't able to spoon your lovely girlfriend afterwards?

We asked romantic woman Stevie Martin to come together (giggle) with comedian Naz Osmanoglu and renowned relationships expert James Preece to devise a guide to the fundamentals of romance. The stuff that we, as a civilisation, are in danger of forgetting.



Our experts – James Preece, Naz Osmanoglu and Stevie Martin

HOW TO UNDO A BRA



Girls can effortlessly do it one-handed, behind our backs, so how hard can it be? Apparently, quite hard.

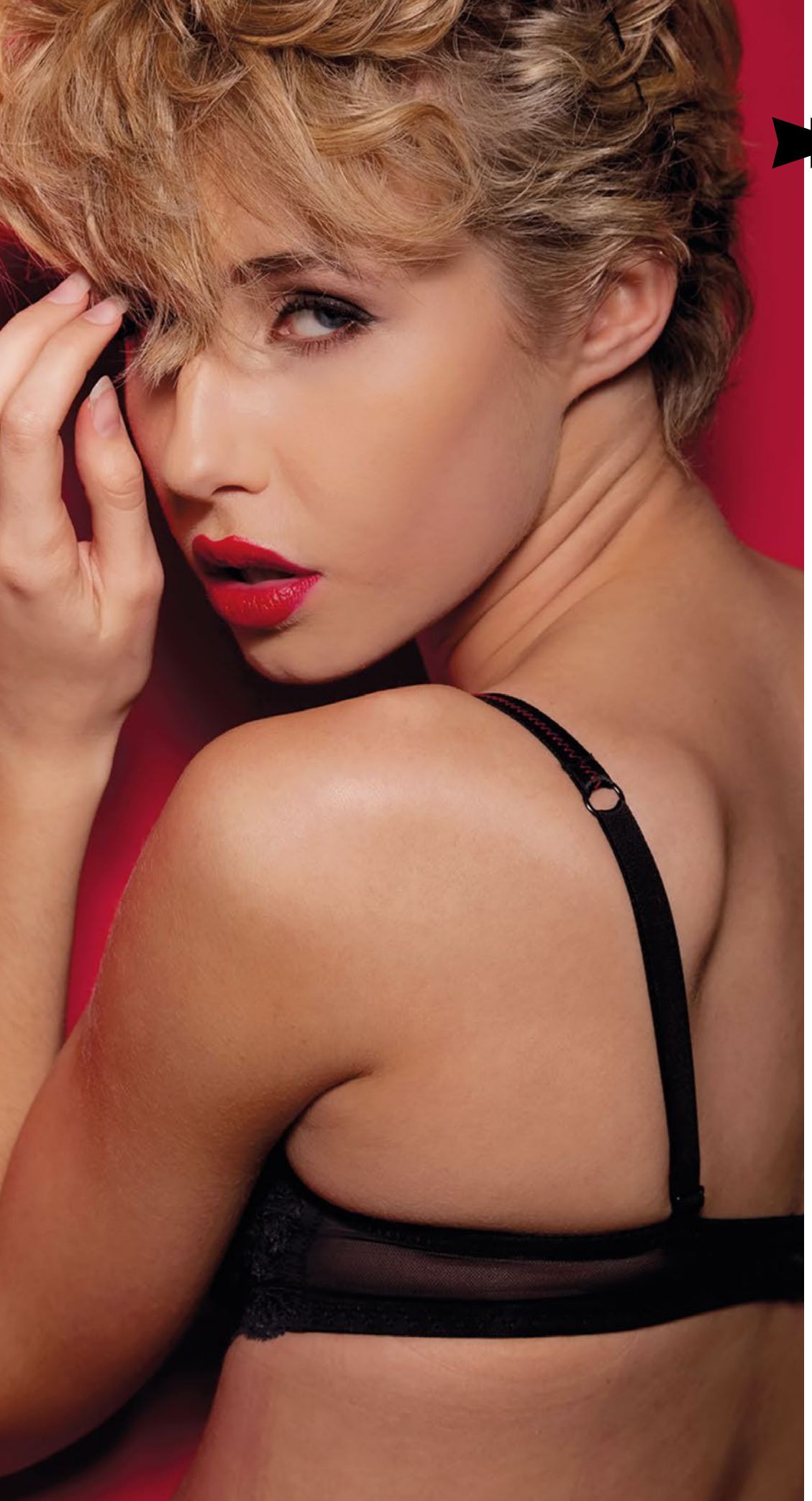
"They are too niche for their own good–like hipsters," says Naz Osmanoglu. "Very difficult to open in one fluid hand motion. Why not buttons? Or a toggle? Even a sandwich bag zip would be easier. Or cufflinks. It's basically alien technology that requires a thumb scan and loads of awkward pissing about." More helpful is James's advice for nailing it in one: "Just put your thumb and forefinger either side of the clasp and squeeze. Use both of your hands, as she won't be able to see what you're up to anyway."

HOW TO GIVE A MASSAGE

This strikes fear into most humans, but all you need to do is watch a YouTube tutorial and maybe practice on a dog or something. "Get them to relax, light a candle and play some relaxing music to get them in the mood," suggests James Preece. "Move your hands slowly and gently, easing away any tension. The best place to start is the shoulders, neck and back, moving your way down."

TOP TIP!

If she says 'ARGH' then move to a different area



HOW TO GET ON WITH HER FRIENDS

If you don't make the effort with her mates, you're not making an effort with her, and she'll think you're a dick. "You need to get them on your side as they'll be the ones she talks to when you have problems," says James, sagely. "Make them laugh, buy them drinks and above all, show them you like her. Ask your girlfriend about them every now and again and accept invitations when you know they will be there, even if you don't want to." And most of the time, you won't want to. Because other people's friends are crap.

3 friends that every girl has

The 'fun' one
Her mate from uni that appears to be the source of every anecdote involving tequila, rugby players and vomiting in cabs. In spite of yourself, you'll actually be jealous of her.
How to win her over: Get in the 'bucas (even if it is Monday).

THE TRAGIC ONE
For whatever reason, ladies tend to have one girl mate who is perpetually unlucky in love and always in need of a two-hour WhatsApp pep talk.
How to win her over: You need to become her gay best friend, without being gay. Unless you want. Whatever.

THE SOLID-GOLD BEZZIE
They've been friends since infant school and appear on each other's Facebook feeds in every other photo. **How to win her over:** Do everything in your power to endear yourself to her, short of transferring a million bucks into her bank account.



HOW TO SURPRISE HER

If you organise a surprise weekend away, a meal, picnic, trip to a petting zoo, or literally anything, then you get roughly 40,000 romance points. Basically, pick something you've seen in a typically romantic film and emulate it. Get one of her mates to check she's free, figure out her movements and, yeah it sounds a bit creepy, but no girl ever said: "He surprised me with a romantic gesture this weekend, what an absolute prick."

HOW TO ASK A GIRL FOR HER NUMBER

Both of you know that the underlying message is 'I want to bone you big time', but there's no way round it. "This is difficult," says Naz. "Which is weird because in life we get asked to fill out our contact details all the time. Maybe it would feel more natural if you gave her a form to fill out."

DO Ask for it in a casual way, like it's no big deal.

DON'T Immediately call the number she's just given you while she stands there, 'just to make sure'.

DO Joke that you are saving her into your contacts under 'enigmatic brunette'…

DON'T Tell her she's going into your phone under the name 'Richard' because of your 'psycho, girlfriend'.



DO Send her a funny text message a few hours later.

DON'T Ask her out over text and, when you don't get an immediate reply, tell her she's a 'stuck-up clown' who has 'blown it forever'.

HOW TO KISS

Not. Too. Hard. Thank you. "Don't just go in for the kill unexpectedly," says James. "Take it very slowly and let her moans, hands and reactions guide you as to how it's going." Also, don't try to lick her oesophagus.

KISS-KISS BANG BANG

We asked all the girls we know what their biggest gripes are when it comes to men kissing. Here's their top five:

5 Not using hands at all
4 Keeping eyes open (creepy)
3 Stubble rash
2 Too tight-lipped
1 Excessively forceful tongue

HOW TO SPOON

"What happens when the sex is over, you're spooning and you realise your drummer wants to do another solo?" worries Naz. Presuming that's a metaphor, boners are fine during spooning provided you reference them (there is nothing worse than unreferenced wood), otherwise neither of you will sleep because you're both wondering if you're about to have sex again. If you want it, say. If you don't, then make a joke about your boner. Then have a spoony sleep. "Girls love spooning," says James. "Spoon them while they fall asleep and you'll come across as protective and deepen your bond."

HOW TO STAY ROMANTIC AFTER AN ARGUMENT

All couples fight, but it's what you do afterwards that really makes or breaks your romance credentials. If you've been a dick, say sorry. If she's been a dick, say you're sorry you argued and hopefully that will encourage her to say sorry. Immediately suggest something nice to do in the near future like going to dinner. Or abseiling. Done.



WHEN TO HOLD HER HAND

Unless she's explicitly asked you not to, hold her hand at every available opportunity. Even if you're on fire. It's the easiest thing in the world, unless neither of you have hands.

HOW TO WRITE A LOVE LETTER

Or, indeed, this could be a love email, extended WhatsApp, or particularly intimate text. "It's tough without it sounding like a silly joke, or worse, a piece of evidence to be used in court," says Naz. "If you say, 'Your eyes are so beautiful, give them to me', things can get dark quickly."

James advises, "Avoid cheesy poems or anything that might suggest it's a joke. Treat it seriously and talk about the things you might do in the future. She'll start to imagine you being a big part in it."



THE GREATEST OPENINGS TO LOVE LETTERS OF ALL TIME

"We get old and get used to each other. We think alike. We read each other's minds."
Johnny Cash to June Carter

"Time passes swiftly, but is it not joyous to see how great and growing is the treasure we have gathered together."
Winston Churchill to wife Clementine

"My love has made me selfish. I cannot exist without you–I am forgetful of everything but seeing you again."
John Keats to his neighbour Fanny Brawne

"You don't realise of course, how fascinatingly beautiful you have always been."
Richard Burton to Elizabeth Taylor

BRA AND KNICKERS: MIMI HOLIDAY AT DAMARIS.CO.UK
SHOES: CARVELA AT KURTGEIGER.COM
RING: VITALITYDESIGN.COM



HOW TO IMPRESS HER DAD

"You never know whether to go in hard or try the more sensitive approach. And it's a constant struggle not to blurt out, 'Oh, by the way, I'm boffing your daughter'," says Naz, king of parent charming. Look, just be polite and don't try too hard. If sweat drips into your eyes and blinds you, turn it down a notch. "Be as respectful as possible and try to find mutual interests to talk about," says James. "This could be sports, holidays, television shows or hobbies. Play it safe. And definitely avoid sarcasm wherever possible."

HOW TO ASK HER TO BE YOUR GIRLFRIEND

"It's hard," says Naz. "'Going out' just seems so childish; 'Do you wanna date?', too American. 'Wanna hang out?' is too vague. 'You, me, exclusive sex?' To be fair, this one is quite good. 'Would you like to skip and hold hands and roll around in hay and frolic all fucking day long?' Too mental. 'Could I borrow your copy of *Das Boot*?' has worked for me in the past, but there's a limited amount of times you can really use this."

Just say 'D'ya reckon I can refer to you as my girlfriend now?' in a jokey kind of accent to mask any awkwardness. Nothing like a Jamaican patois to distract her from your feelings (unless you're Jamaican, in which case go Cockney).

HOW TO SET THE SCENE

Smooooth producer and DJ extraordinaire Budgie on the tracks you need lined up and ready to go the first time she stays over…



Mint Condition
Breakin' My Heart (Pretty Brown Eyes)
This one is tried and tested. A good one to let her know how you feel, whatever the colour of her eyes.



BJ The Chicago Kid
Good Luv'n
Honestly, this guy's the only person making these kind of songs nowadays and actually doing them justice.



Lil' Louis
Do U Luv Me
If she's sick of all the slushy R&B and wants something a little more up tempo, this one is perfect. And still sweet enough to melt a raver girl's heart.



Wee
I Think I Am In Love With You
This one is for the more sophisticated lady. You can really impress her with your musical knowledge. Don't forget to tell her you have a copy of the £1,000 OG vinyl pressing at your parents' crib.



Teena Marie
Turnin' Me On
You can file this one with the BJ song above. Great to get down to. RIP to the great Lady Tee.



Deborah Cox
Nobody's Supposed To Be Here
This list wouldn't be right without a straight-up slow jam. In the 1990s' R&B canon, this hangs a little left of centre, but is still guaranteed to make your lady weak at the knees.

Budgie is part of the Livin' Proof DJ collective: livinproof.co.uk

Model: Katja at MOT. Hair and Make-Up: Susana Mota. Styling: Graham Cruz at LHA

IF YOU HAVE EVERYTHING UNDER CONTROL, YOU AREN'T GOING FAST ENOUGH, SAID MARIO ANDRETTI ONCE AND AT *FHM*, EVERYTHING IS RACY AND PACY. SO, GO FAST AND GO FURIOUS…

Statutory Warning: We aren't encouraging any type of illegal racing!

WORDS BY **SUDHAKAR JHA**



Top 5 ROADS TO RACE PAST EVERYONE!

BEST RACE ON THE GLOBE



MOTOCROSS ***Championship***

The European race is a popular international bike racing tournament. The off-road motorcycle racing is held on off-road circuits. The FIM Motocross Championship is the biggest tournament of this kind of racing and it happens usually in Europe, with events in North America, South America, Asia, Australia and Africa. Competitions consist of two races that are called Motos with a duration of 30 minutes plus two laps.



DAKAR ***Rally***

The most famous cross-country rally is the Dakar Rally. It was previously held in Western Europe, often Paris, to Dakar in Senegal via the Sahara Desert. Since 2009, the rally has been held in South America travelling through Peru, Argentina and Chile. Typically using larger bikes than other off-road sports, the event takes place over many days to complete.



01 YAMUNA EXPRESSWAY

India's longest 6-lane, controlled-access, 165-km long stretch connects two cities of Uttar Pradesh, Greater Noida and Agra. With CCTV cameras installed at every 5km, there are less chances of going all cylinders. Mind you, there are hefty fines for crossing the speed limit. But the superbike you have parked at home is of no use until you decide one day that unlike football, cricket and baseball, you actually need more than one ball to race.

➢ **Length:** 165kms ➢ **Number of lanes:** 6 ➢ **Type of road:** Concrete



02 BANJARA HILLS ROAD

Banjara Hills is an urban commercial centre in Hyderabad. The area was a hilly forest and least inhabited in the past. Royal family members of Nizam's dynasty used it as a hunting ground. But now it has completely transformed into a market cum business hub. With the roads segregated from 1 to 14, there are illegal races held every Saturday at midnight in the area. Get your bike and some money to bet and you'll be instantly taken into the gang.

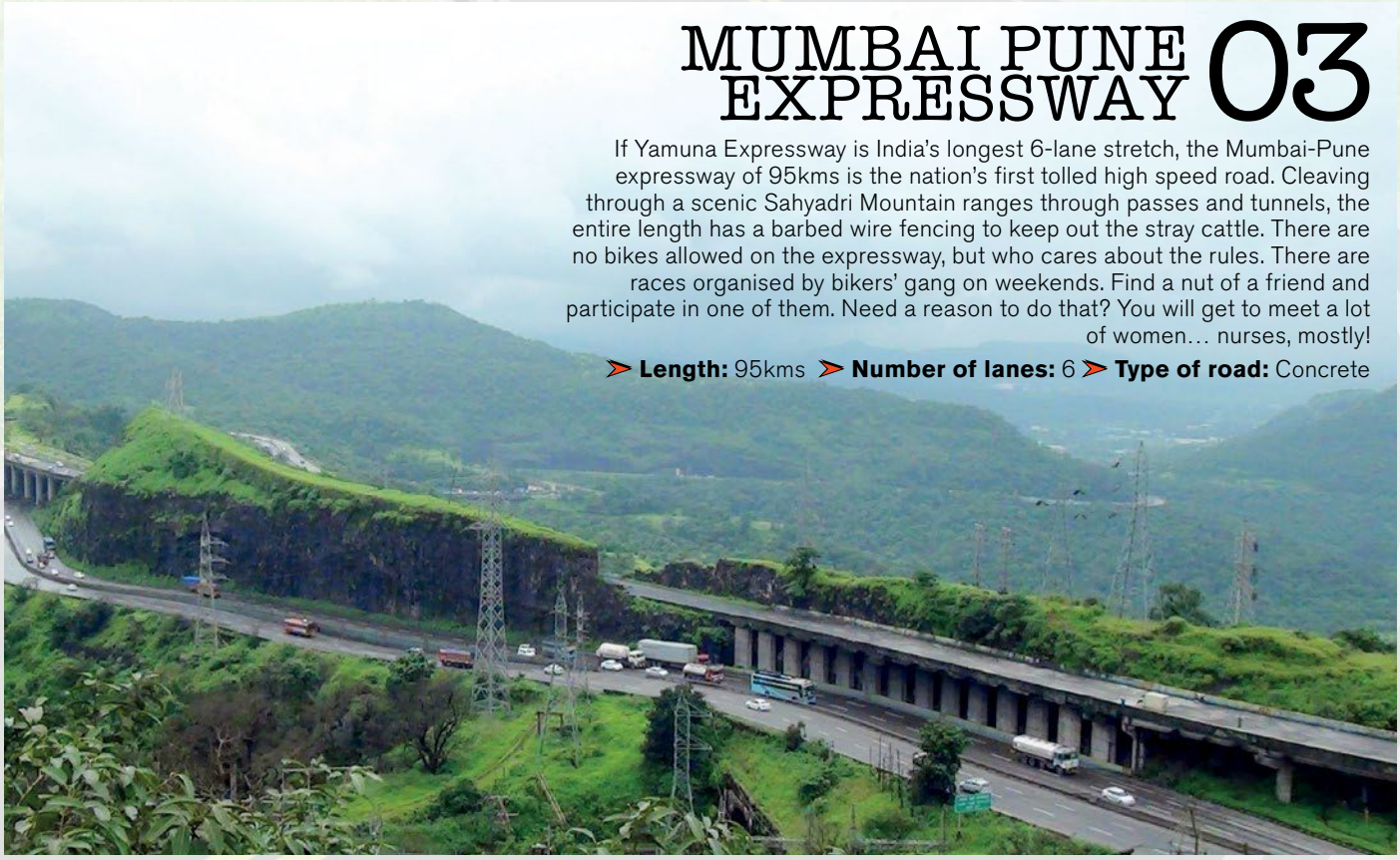
➢ **Length** 12kms
(From Road no 1 to road no 2)
➢ **Number of lanes** 4
➢ **Type of road** Concrete



"THE GREAT FIGHTS WITH YOUR STRONGEST RIVALS ARE ALWAYS THE BIGGEST MOTIVATION. WHEN YOU WIN EASILY, IT IS NOT THE SAME TASTE."

- VALENTINO ROSSI

03 MUMBAI PUNE EXPRESSWAY



If Yamuna Expressway is India's longest 6-lane stretch, the Mumbai-Pune expressway of 95kms is the nation's first tolled high speed road. Cleaving through a scenic Sahyadri Mountain ranges through passes and tunnels, the entire length has a barbed wire fencing to keep out the stray cattle. There are no bikes allowed on the expressway, but who cares about the rules. There are races organised by bikers' gang on weekends. Find a nut of a friend and participate in one of them. Need a reason to do that? You will get to meet a lot of women… nurses, mostly!

➢ **Length:** 95kms ➢ **Number of lanes:** 6 ➢ **Type of road:** Concrete

04 WESTERN EXPRESSWAY

The 25-km 8-10 lane arterial road of the Western Expressway is a hotspot for highway racers. It is the widest road in the city and has no traffic signal till Mira Road, Mumbai. Bikers are found till wee hours to be going full throttle two days a week. There are many other spots like Marine Drive, Worli Sea Face and Chembur Freeway, but Western Expressway is thronged on weekends by biker gangs for drag races.

➢ **Length** 25kms ➢ **Number of lanes** 8-10
➢ **Type of road** Concrete





05 DELHI GURGAON EXPRESSWAY

A joyride of 28kms connecting Delhi and Gurgaon is a part of the golden quadrilateral project. The expressway is the busiest inter-city route in India. With 11 flyovers, CCTV surveillance and SOS one-way telephones at every 1.5kms, the scenic beauty of the expressway is a sight to behold. Bikers from Delhi and NCR can throng to the stretch and race their mean machines. There are races organised from different checkpoints on the expressway on weekends, which are deadly but stunts and bet races are on full display.

➢ **Length** 28kms ➢ **Number of lanes** 4-6
➢ **Type of road** Concrete

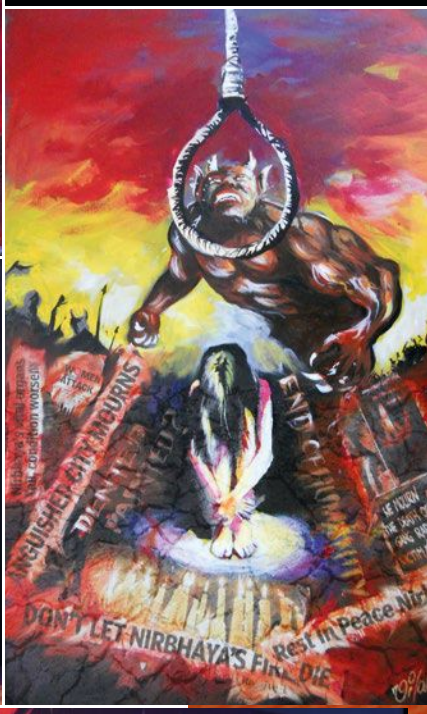











DON'T LET NIRBHAYA'S













FHM HERO

SPEED 'N' STYLE

IF YOU THOUGHT PAINTINGS WERE CREATED IN DINGY STUDIOS OVER DAYS OF SOLITARY CONFINEMENT, THINK AGAIN.

Words: **Siddharth M Joshi**

THERE IS A MAN ON STAGE WITH A CANVAS BEFORE HIM. HE LOOKS YOUNG AND VULNERABLE, PREPARED TO GOOF UP BIG TIME IN FRONT OF HUNDREDS OF PEOPLE SITTING IN THE AUDITORIUM.



The music starts and he dips his brush in the paint bucket. He moves in high speed like in one of those Charlie Chaplin movies, as patches of colours start taking shape on the canvas. Nobody smiles. They're gripped by the process of creation right in front of their eyes. And BAM! in only a few minutes a painting stands ready to be auctioned for art connoisseurs.
Vilas Nayak, a former HR professional with an MNC, decided to finally give up the mundane and follow his heart by becoming a full time performance painter. Rest, from the horse's mouth...

How would you describe what you do?
I just call it Hues and Tunes! It's the dance of colours to the tunes of music.
When did you start painting? How did speed painting happen to you?
I started painting at the age of three. Whatever I do is practically by trial and error method, because I didn't learn it from any school of art. Very interestingly, when I was in school one of the judges came late and asked us to complete the sketch in five minutes. I got the first place in that competition and realised I could sketch really fast. My first live, on-stage performance was in 2004 during college days. I have worked hard from then onward to improve accuracy and speed.
What is the relevance of music, other than giving a cool effect on the stage?
Music gives me inspiration! Apart from the fact that it gives a cool effect, it also boosts audience's energy and adds a meaning to the painting. For instance, if I am painting a picture of Mother Teresa, which talks about helping people in need, I would play Michael Jackson's *Heal the World.*
Have you tried your hands on abstract art?
I have, in fact, a couple of times. But I realised it's not my cup of tea. I like art that can communicate with the common man. I like shapes and tones that communicate feelings, and the beautiful expressions on a face that can touch our hearts.
Who's been your inspiration?
Denny Dent and BKS Verma are my greatest inspirations, specifically for speed painting. I am also inspired by personalities who are from other fields- Sachin, SP Balasubramaniam, Michael Jackson. For me their enormity of talent, hard work and humility inspire me to do something big in life.
Which is your medium of choice? Have you ever mixed two or more media?
Currently my medium of choice is acrylics because I like to work fast even at my studio. It dries fast and is vibrant. I have created art works using pen and water colours or acrylics and colour pencils. We can go on experimenting!
You need to be really confident to actually paint live in front of people and camera.
After how many years of solo practice did you give your first 'performance'?
It's strange but my first solo performance in 2004 (during college days) was straight on stage, without any practice! I had used a small paper to create an art work in 15 minutes. Today I can paint on a 5-feet canvas sometimes in less than two and a half minutes! I have created live art works of Dr APJ Abdul Kalam, Shah Rukh Khan, Sachin Tendulkar, Aishwarya Rai Bacchan, and many more, when they were present with me right on the stage. It's indeed a huge challenge to complete a painting in less than four to five minutes, entertain the audience and yet make sure it's accurate and does look

like the person who is present there. Obviously it takes lot of guts to go on stage and paint when the audience is watching you.

What is the fastest that you've finished a painting in?

I created Gabbar Singh on *India's Got Talent* on Colors TV and Heath Ledger (Joker) on AXN *Asia's Got Talent*. Both of these works were created in just 150 seconds!

Which is your biggest painting, dimension-wise?

A 10x6-feet painting in less than eight minutes!

Is this your full time occupation now? What else do/did you do?

I worked in the HR for an MNC in Bengaluru. It was a secure and well paying job but then I had a constant feeling that I am not using my talent at all. I believe it's futile to think about a permanent job in this very temporary world and hence I took a risk to quit my job and take on art full time. Today I am the leading speed painter in Asia. It's been close to four years now, I have done over 300 shows in 12 countries. Following my passion has been the best decision of my life.

What is your academic qualification?

I have done Masters in Social Work from Mysore University and PGDHRM. I was a rank holder from Mangalore and Mysore Universities in academics.

How difficult/easy is it to find buyers for your paintings? What is the most expensive that you've sold anything for?

Thanks God I don't find it difficult to find buyers! In fact, I get regular inquires.The highest so far has been ₹4 lakhs for a painting.

What is the scope for a speed painter? Where does he perform traditionally? Is India a good market for that?

The scope for a speed painter is unlimited depending on how versatile he is. I have performed at various events like television shows, fashion shows, private functions, charity events to raise funds, college fests, rock and music festivals, corporate shows, product launches, etc. India is certainly the best market for me right now. It is such a vast country and the event market is growing bigger by the day.

Do you have a studio to which people have access? Would you like to share your talent with other people?

As of now I have a studio at my Bengaluru residence; however I have not been able to concentrate much on fine art due to the extensive travelling I have to do for shows. Lot of youngsters keep messaging me on Facebook asking for tips to start speed painting. I try my best to reply to their queries. However, in future I would love to start an art school to encourage more youngsters.

Future plans?

My plan is to travel the world and perform in every nook and cranny of the world. Art can travel beyond language barriers and I really want to reach out to more people and touch their hearts. In future, I want to dedicate more time to fine art and, at the same time, innovate new techniques in speed painting that will produce never-seen-before visuals and experiences for the audience.











UPGRADE

Supercharge your packed lunch

Life's too short for sweaty sandwiches: here's how to make your lunch the highlight of your day.



01

CLING FILM IS THE ENEMY

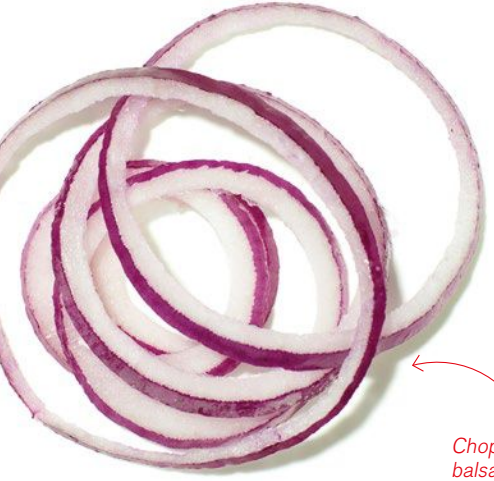
"Don't wrap your sandwich in cling film, it will make it sweaty. Instead, wrap it in parchment paper, which will give it a deli feel and let the air circulate. You can bring your sarnie to work in a Tupperware box, but I prefer a sturdy paper bag– again, it lets the sandwich breathe."

02

FEELING SAUCY?

"I know it's obvious, but I love mayonnaise, especially alioli, which is the really garlicky variety. You should always use butter on your sandwiches as it not only adds flavour and texture, but stops it going soggy. Another great addition is onions in balsamic vinegar– just chop them up and they'll add a sturdy base to your sandwich. Finally, mustard: you can't go wrong with the wholegrain variety by Pommery."





Chopped onions in balsamic vinegar add a sturdy base to your sandwich



03

GREAT HAM MEANS GREAT TIMES

"You won't get a finer ingredient than jamón ibérico, the daddy of all hams. It's made in Spain and cured for at least four years, often five. It adds complex flavours that go from savoury to sweet in one mouthful, and is incredibly moist. Try it with manchego cheese, also from Spain. Another underrated ingredient is smoked fish: break up some peppered mackerel and serve it with watercress."

04

BREAD: KEEP IT NICE AND SIMPLE

"You might expect me to choose something really posh but I think a really good high-street sandwich loaf is hard to beat. A decent one like Kingsmill will hold everything together nicely. Another one to try is sourdough, which I prefer to more fancy varieties you find in some delis. One thing to note: no matter what bread you use, a sandwich should be served at room temperature, never cold. You can put it in the fridge at work, but take it out 20 minutes before you eat it. It'll taste much better."

05

NO BREAD? IT'S NO PROBLEM

"Some people don't want to eat too much bread, so if you're looking for an alternative to the sandwich, try a tortilla, or Spanish omelette. Just make it the night before, adding sweated onions, chorizo or sweet potatoes, and you'll have something you can easily eat at work. As it's firm, just snap a bit off and you're done."

06

LUNCH AL-DESKO?

"Some people think you shouldn't eat at your desk, but it doesn't bother me. As my job involves rushing between restaurants, then it's quite relaxing to just sit there, have a chat and look at stuff online. But ideally, it's good to get away from your desk at some time. Go for a walk before you eat, you'll enjoy it more when you come back."

07

YOU GET WHAT YOU PAY FOR (MOSTLY)

"The key to a decent packed lunch is the same as for any meal: decent ingredients. Spend some money and your sandwich is going to taste better and be better for you in the long run. There are loads of shops where you can get great ingredients, and places like Lidl are amazing value. n fact, the cooked meats there are some of the best you'll find."





Worried that mayo might make for a soggy sarnie? Just butter your bread and it's problem solved

Words: Anthony Teasdale. Photography: Marco Vittur

THE DILEMMAS OF MAN

CAN I PULL OFF '90S OLD SCHOOL?

Scared of dressing like your 12-year-old self? Crack this season's top trend in style…



OTT LOGOS ARE COOL

Think of those in-your-face logo belts and caps that fill the shops when you're on your summer hols abroad and just add a cool British edge. Oh, and the bigger the logo, the better.

IT'S ALL ABOUT THE BRANDS

Many heavyweight labels of the '90s have made a triumphant comeback in 2015. The likes of Fila, Ellesse, Champion and Umbro are all there, with cool updates of their classic styles.

EASE YOURSELF IN

If reppin' the old school from head to toe is a bit daunting, just add one retro piece to your everyday attire. Swap your skinnies for some Marky Mark-style looser-fitting legwear, your polo shirt for an Ellesse one, or your track top for a towelling Fila version.

BAGGY JEANS ARE YOUR FRIENDS

When it comes to denim, it's all about bootcut fit. That's right, simply add an extra inch or two to the width of your favourite slim-fit selvedge pair.

OLD SHIT JUST GOT 'VINTAGE'

Next time you pay your family a visit, get into the loft, rummage through your old threads and pull out your Ellesse hoodie, Kappa popper trackies and Adidas shell toes and ask why you ever put them away.

Hat, Stüssy at urbanindustry.co.uk
Jumper, Fila at scottsmenswear.com
Polo, Ellesse at scottsmenswear.com
Jeans, Calvin Klein at urbanoutfitters.com
Trainers, Adidas at footasylum.com

LET'S GET READY TO RHUMBLE

Yup, your new style heroes are PJ and Duncan, Tupac and a 19-year-old Becks. It's time to invest in 2015's version of the 1990s' most-worn items and earn some serious street cred

THEN

NOW

NIKE AIR MAX 95

A favourite of rapper Eminem, they came with a colour palette that could match everything and make any cool outfit complete.



Nike at jdsports.co.uk



The summery blue stripes combined with the black base colour make for a great all-round pair of kicks. Best worn with your denim shorts.

KANGOL HAT

If anyone wore the hell out of the iconic Kangol hat, it was LL Cool J. We think he pretty much wore one for all 3,652 days of the '90s.



Kangol at selfridges.com



They got it right the first time, so why fix it? Great for long, sunny days or festival dance tents by night.

CHAMPION HOODIE

Before Angels–and weirdness–Robbie Williams actually looked pretty cool, layering and accessorising like a king.



Champion at size.co.uk



Champion has a logoed sweat or tee in virtually every colour. So whatever shade tickles your fancy, they've got it.

CK JEANS

Apparently, wearing your jeans lower than your boxers was acceptable–oh, and with a petite metal chain round your neck to finish off your outstanding look.



Calvin Klein at urbanoutfitters.com



Luckily, we don't have to bowl around in jeans with legs so wide a small man could fit inside, as Urban Outfitters has this slimmer cut.

UMBRO SWEATER

Pre Posh, tattoos and multi-million-pound deals, a certain young, floppy-haired teen was never seen out of his Umbro England kit.



Umbro at size.co.uk



Umbro has reinvented and released its pro-training range–and it's guaranteed to look top-notch with your selvedge jeans.

FILA TEE

The late, great Alexander McQueen had a circuit of impressive friends, a book of legendary designs and a good old collection of Fila garms.



Fila at scottsmenswear.com



With smaller logos for 2015, Fila has jumped back on to the scene with some styles that you'll find hard not to wear for five days on the trot.

Photography: Marco Vittur, getty, rex. Styling: Daisy Deane

A cut above





It is fancy, it is tasteful and it is an experience. This is Tamra–the new fine-dining restaurant at Shangri La's Eros, New Delhi.



From the time you step into the first floor restaurant in the hotel, which is located in the nifty neighbourhood of Connaught Place in Delhi, the first thing to hit your senses is taste. From the décor, to the spreads to the attractive view from the tall glass façade, everything in Tamra exudes a thought process of taking fine-dining to another notch.

AMBIENCE

Conceptualised by Dubai based Stickman Design, the restaurant is a visual depiction of culinary delights from around the world. The seating is sprawled and unhurried. Walk around to find a corner that will be perfect for your conversations. Tall ceilings and the view of the Janpath roundabout make for visual and elegant treat. Tamra follows the concept of open kitchens; where chefs can be seen behind spreads concocting delicacies as you want them.

FOOD & DRINK

Our favourite part, we went with gastronomical expectations and were not let down. From Thai to Japanese, Indian to Continental, each cuisine was fantastically prepared and very well presented. Red Snapper Dimsums were a class apart and so were Prawn Sui Mai; thin and light batters, cooked to just the right level. Maki, Nigiri Rolls and Sashimi, leaving aside the quantity of the fish in them, were delicious and fresh. Red Thai curry had all the flavours of a nice red curry; however being served in a buffet, the curry had thickened up a bit on the higher side and lacked the spice quotient for the Indian palette (perfect for the expats however). Sole Fish Tikka, with a lovely mouth-watering raw mango rub, was a nice break from the usual masala fish tikkas that we are used to. Two dishes grabbed our attention more than others… German sausages–we believe they were the best in town and that's how sausages should be! The other was the Mustard Fish. Probably the best dish of the evening, it was a perfectly cooked dish with an even better mustard sauce.

CONCLUSION

Tamra is a refreshing choice to an already burgeoning list of everything-under-one-roof restaurants. If you are looking for an upmarket address to savour multi-cuisines and to have memorable and leisurely conversations, you know where to head.





WHAT
Tamra

WHERE
Shangri La's Eros Hotel, New Delhi

HOW MUCH
₹3000 for 2 + taxes

RATING
8/10

It's all about the Aura at The Claridges

If it says Aura-The Vodka Bar, doesn't mean they don't serve anything else!



AMBIENCE

Aura-The Vodka Bar is a dark, contemporary, chic and cool place to hang out on a Friday. With minimalistic interiors, special effect lighting and an extensive range of beverages that even your granddad mustn't have tasted his whole life, the bar is on the front side and seating arrangement right across as you can see the whole setup in front of you. We simply went in with a purpose of getting drunk to an extent where we would not remember anything. It says bar, after all.

FOOD & DRINK

With 75 different variants of vodka in their menu, we tried at least ten of them and they looked coming straight from Russia! The bartenders know their trade well and are just perfect in mixing it up. When it came to food, we had the batter fried prawns and chicken yakitori. The prawns were moreish. Crunchy on the outside and creamy on the inside. You know, those perfect evening snacks with a flavoured drink. On the other hand, chicken yakitori was more juicy and easy to bite on.



CONCLUSION

If you're in love with Vodka or your girlfriend is not sure of anything else, there are 75 types of them to keep her engaged.

WHAT
Aura-The Vodka Bar, The Claridges

WHERE
12, Aurangzeb Road, New Delhi

COST FOR 2
₹2,500 + taxes

RATING
8/10

The taste of Germany

What does a bloke do after a long dog day in Deutschland? He heads to the brauhaus and gets wasted.

AMBIENCE

NCR has its own piece of German micro-brewery in Gurgaon, which offers you the taste of rich Bavarian malts and hops in its signature craft beers. We found the place to be very modern in appeal, done around a carefully casual setup. Huge stainless steel tanks, laid out all over the place, offer a unique rustic brewing experience. This is in stark contrast to the otherwise insufficiently concealed air of sophistication. Visit after dark for a beautiful display of warm lights around the in-house natural chestnut trees and to enjoy a session of live music…

FOOD & DRINK

You won't find any bottled beer other than the four variants of the home brew on the tap: lager, wheat, special and double malt blend. Do try the double malt blend for a dark kräftig flavour. If you have an appetite that leaves you wanting for more with a regular continental portion, order just about anything, it's big! Basic meats like chicken schnitzel and grilled pork sausages pass the litmus test with flying colours.

Go there for a Sunday brunch and you'll find, on offer, almost double of the original menu. We couldn't help but spend a good 45 minutes and half of our gut's capacity over the beautifully laid salads. It's a big deal for us until salads mean salads-not. But these are no goddamn greens that only goats ought to eat. We're talking chicken with fruit salsa, Thai prawns with coconut cream dressing, Grunkenwurst salat, and what felt like thousands more. The brunch menu changes every week and is a pleasant surprise… every time.



CONCLUSION

Not only are the ingredients German but the brew-master himself is a Deutch import. Add this to your list of hangouts on weekends or even during other days. Ask the staff to take you on a round to see the brewing plant. Engage the executive chef in a conversation if you love food. (He may well pass as Shankar Mahadevan's doppelganger.)

WHAT
7° Brauhaus

WHERE
South Point Mall, Gurgaon

COST FOR 2
₹3,000 + taxes

RATING
8/10

STYLE MANTRAS

HAVE A STYLE DILEMMA THAT YOU DON'T KNOW WHO TO ASK? FRET NOT. *FHM,* IN COLLABORATION WITH AN ACE FASHION DESIGNER EACH MONTH, WILL CLEAR YOUR SARTORIAL DOUBTS. THIS MONTH LET'S GIVE IT UP FOR ROCKY S!



Style Fact

Rocky does personal styling for John Abraham, Katrina Kaif, Salman Khan and Hrthik Roshan.

About Rocky S

Rocky, as a designer, has renewed the way fashion is seen in India. An artisan of embroidery, silhouettes and unconventional textures and styling details, Rocky Star is known for his excellent construction, detailing and finish. His unique creations that define chic essence and beauty have made their way towards the major podiums and personalities around the world.



Amandeeep Singh, Ludhiana: **With bold colours being really in this season, do you think they make for a good style statement when worn for work? What are some rules to keep in mind?**

Rocky S: Bold and bright colours are making their way into being fashionable this season. Say bye to boring monochromes and 'traditional colours' that are considered appropriate for work. Of course, bold shades can be worn to work, making a confident and vibrant first impression. Also, the colours we wear tend to influence our mood and productivity; dull colours will leave you feeling dull all day. Having said that, one must know where to strike a balance. As it's a working environment, you cannot go over the top with bold colours and prints. Pairing a bold coloured top with a basic black, white or beige trousers is just perfect to suit your fashion needs and to look sophisticated for office.

MUST-HAVE



Karma Dhondhup, Dharamsala: **I like layering up my garments. But with my big body frame I end up looking stuffed. Are there really any norms that should be followed while layering up for winters?**

Rocky S: While layering up for the winters, it's important to keep in mind to wear fabrics that trap the air and don't allow it to pass through. Trapping the air in between the layers is what will keep you warm in chilly season. Also to avoid looking bulky, you can wear a thin thermal inside, layered with a synthetic top or a woollen blend topped with a jacket.



Govind Kushu, Pune: **I am a big fan of drop crotch jeans and trousers, but not sure of how to sport out the trend formally. Please help.**

Rocky S: Go for a more tailored fit, it balances the sag of the drop-crotch pants. You can pair it with a fitted shirt. Wearing both the shirt and pants fitted makes your body structure and shape more visible, while both loose hide the body completely. It's always better to have either of the two fitted and the other flowy.



Nimit Jain, Mumbai: **I like brocade as a fabric but am clueless when it comes to combining it with formal dressing. How do I address this? Any style rules?**

Rocky S: The trick with brocade is to club it with layers. For men, in the form of a pocket square or a necktie. And for women, probably a brocade choli or a crop top paired with a nice jacket or a neck scarf to team up with a formal jacket. Also another way to work with brocade is to keep the look minimalistic.



Jai Singh Chohan, Gurgaon: **Given the current weather, I sweat a lot and, it by and large, shows through my shirt/tee by way of patches. It's embarrassing. Are there any materials that you recommend that are summer-friendly in this regard?**

Rocky S: The scorching heat brings with it perspiring embarrassments. But not to worry–there are a few do's and don'ts for the summer. It's essential to wear lightweight clothing as it allows your skin to breathe and helps the moisture evaporate. A lot of fabrics have properties that make it water repellent, which are completely wrong for this weather. Fabrics like cotton, linen and silk blends are advisable. Synthetic fabrics like rayon, nylon and viscose should be avoided. Clothes made out of banana fibres are gaining popularity in the fashion industry. They're eco-friendly and not harsh on the wallet either.



Ajay Burman, Guwahati: **Bandhgalas make for a perfect fashion statement. How can a pocket square further add to the look? Any other accessory that I can use?**

Rocky S: A pocket square can add that perfect amount of class and sophistication to a simplistic bandhgala. A brooch may be added to accentuate the look.

Alok Singh, New Delhi: **I love wearing kurtas when it comes to formalwear but now want to break the monotony and wear something different. Please suggest.**

Rocky S: The basic kurta is the safest way to go when you're unsure of what to wear. You can very rarely go wrong with Indian. But, if you're bored of that look and wish to experiment then there is so much you can do! You can try some smart straight cut pants and a formal shirt. Or go simple on the shirt and pair it with a pair of skinny pants. It'll be a fresh breakaway from the kurtas.



Who's got the boomiest box?

Wires–who needs 'em? Music's best when it's cable free, but which Bluetooth speaker sounds the best? We take a listen, while design expert Emily Proctor rates their looks

FESTIVAL FAVE
Marley Get Together, ₹15,000 amazon.co.uk

Look good?
Emily says: "A retro-style speaker that harks back to mid-20th century style. A good option if you don't want anything too modern."

Can I take it to the beach? Yep, the rechargeable battery means you can take it anywhere. The wooden construction also makes it an option if you lose your beach tennis racket.

Sound good?
The wood casing and twin woofers mean this model delivers a serious amount of bass, even with the sound turned up loud.

Our verdict:
Great product that works at home and in the middle of a field. We like. **7/10**

HEAVY HITTER
Harman Kardon Aura, ₹35,130, johnlewis.com

Look good?
Emily says: "A lot of thought has gone into the appearance of this speaker, but it resembles a vacuum cleaner. Sorry."

Can I take it to the beach?
You can try, but as there's no battery it might end up as a rather expensive swimming aid.

Sound good?
Oh yes. It may only be about 10 inches high, but the plastic dome acts as a subwoofer (for bass), while mid and high-range sounds are both clear and crisp.

Our verdict:
It looks a bit weird but this is a serious bit of home kit. We dig. **8/10**

TINY BUT MIGHTY
Bose Sound Mini, ₹17,112, bose.co.uk

Look good?
Emily says: "You'd buy this for its sound quality, not its looks."

Can I take it to the beach? You can. On a full charge, it will blast out a full seven hours of your 'mind-numbing techno' playlist without breaking a sweat.

Sound good?
For a tiny thing, the sound is full, bassy and not distorted.

Our verdict:
A great package that can fill a room with well-balanced sound. **9/10**

Photography: Marco Vittur



FURRY ONE
Libratone Loop, ₹35,130 shop.libratone.com

Look good? Emily says: "After a while it started to resemble a giant chocolate button. But furry."

Can I take it to the beach? No, unless you want a luxury frisbee to throw around, in which case it's ideal.

Sound good? It's not bad. You're not going to get huge amounts of power here, but at mid volume, the sound is balanced and clear.

Our verdict: The Loop is a decent and distinctive all-rounder. It won't rock a party, though. **6/10**

BEST FOR POSING!

DESIGN CLASSIC
Stellé Audio Pillar, ₹25,060, apple.com/uk

Look good? Emily says: "Simple, stylish and available in a range of subtle finishes, I'll take the gold one please."

Can I take it to the beach? You can! But not just any beach. Thanks to its stylish looks, it'll be one of those private ones where you get free towels and bowls of olives.

Sound good? Not bad. The [adopts hi-fi snob's voice] 'separation' between tones is great for the size. Not so great for bassy dance tracks.

Our verdict: Beautiful-looking piece that your interiors-obsessed lady will love. **7/10**

BEST FOR SOUND QUALITY!

SERIOUS PLAYER
Naim Mu-so, ₹90,043, johnlewis.com

Look good? Emily says: "This looks as expensive as it is. At least it looks like a speaker, too. Not a speaker disguised as a dog or a dildo."

Can I take it to the beach? No. Firstly, it's mains-only. Secondly, if you did, you'd be out of your mind, obviously.

Sound good? It sounds better than good. Records that you've known for years are born anew, with bass and drums sounding especially strong. And it goes *really* loud.

Our verdict: This is it, this is hi-fi perfection. Imagine it sitting there, next to your massive, 52-inch telly. Who needs a girlfriend now, eh? Eh? **10/10**

BEACH BABY
Jabra Solemate, ₹13,083, amazon.co.uk

Look good? Emily says: "The gimmicky design should put off anyone who wants to retain any street cred."

Can I take it to the beach? You can. Its rechargeable battery will last an afternoon, while the robust build means it'll take a knock or two.

Sound good? The two woofers and tweeters means it delivers a decent enough sound.

Our verdict: Ideal for outdoor chilling. **5/10**

GROOMING

A MAN'S GUIDE TO MANSCAPING

Trim and tidy up without cutting off anything essential in the process



01 INVEST

Firstly, get yourself a decent pair of clippers. You won't have to break the bank to get your hands on a quality pair. But do make sure you go for a wet-and-dry technology razor that will make caring for your jewels down below a bit easier.

02 DON'T GO CRAZY…

Trim your man-hair a bit, but there's no need to go for smooth, unless you're a porn star. Around half a centimetre of hair will make it easy to maintain and will feel much more comfortable than itchy stubble.

03 STRETCH IT OUT

When dealing with your more sensitive areas, make sure you stretch that skin tight. Skin down there is a lot thinner and looser, making it easier for a razor to catch it. Take this as a warning because we've heard far too many horror stories, and frankly, nobody needs to see the consequences of your mis-snips in the bedroom.

04 DON'T BACK OUT

Sack and crack: it's a cliché for a reason. For these areas, we'd opt for a professional wax but, if you haven't got the balls, do it yourself at home. Just make sure you've got a mirror, room to bend over and, for the love of God, check everyone's out.

05 OTHER OPTIONS

Don't fancy putting a bit of machinery down below? There are plenty of creams, gels and treatments out there. "We've found laser hair removal is the most popular for men aged 25 to 40," says Mark Norfolk, the clinical director at Transform Cosmetic Surgery.

Words: Carlotta Constant. Photography: Marco Vittur. Trimmers And Gloves: Homebase.co.uk

Celebrating THE WORST

The world has always been cruel to bad things. It has always been about the best. But what about the worst? FHM celebrates the bad ones too…



01 MOST TERRIBLE KING (VLAD III OF WALLACHIA)

Vlad III is best known for his exceedingly cruel punishments. He impaled every person in the city of Amlas, killing nearly 20,000 men, women and children. Vlad tortured the people by ordering them to be skinned, boiled, decapitated, blinded, strangled, hanged, burned, roasted, nailed. Ouch! And all this tyrannical achievements in six years!



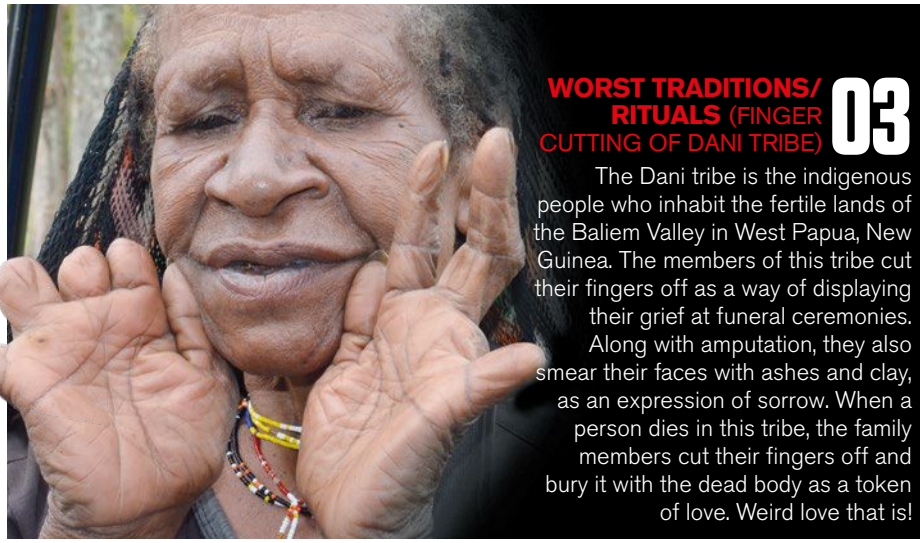
04 WORST BOX-OFFICE BOMB (CUTTHROAT ISLAND)

Up until Pirates of the Caribbean series, pirate-themed films were a doom for the Box Office. Despite being released in 1995, the BO collections are frightening enough till date. Made with a budget of $98 million, the movie earned just $10 million. Adjusted for inflation, Cutthroat Island lost MGM a total of more than $147 million and remains the worst financial disaster in film history. (business.time.com)

02 WORST MOTORABLE ROAD (YUNGAS ROAD)

69 might be a good figure on the bed, but when it comes to roads, the 69-km stretch of Yungas road leading from La Paz to Coroico in Bolivia has nothing good about it. Also known as the 'Death Road', it is a common sight for buses and trucks to go tumbling down the valley, especially when they are trying to overtake. The largely single lane road has no guard rails and cliffs of up to 600m. In the rainy season, fog and rain severely hampers visibility and during the summer, rockfalls are a common phenomenon. Walking isn't that bad after all!





03 WORST TRADITIONS/ RITUALS (FINGER CUTTING OF DANI TRIBE)

The Dani tribe is the indigenous people who inhabit the fertile lands of the Baliem Valley in West Papua, New Guinea. The members of this tribe cut their fingers off as a way of displaying their grief at funeral ceremonies. Along with amputation, they also smear their faces with ashes and clay, as an expression of sorrow. When a person dies in this tribe, the family members cut their fingers off and bury it with the dead body as a token of love. Weird love that is!



05 WORST ARCHITECTURAL STRUCTURE (RYUGYONG HOTEL)

The world's 22nd largest skyscraper has been vacant for more than 2 decades now and it is likely to stay that way… forever. The 105-storey building is horribly ugly, with 3000 rooms and three 328-feet concrete wings that rises to apex of 1,083 feet actually looks like the worst designed building. The construction of the hotel began in 1987 by Baikdoosan architects, but was stopped from 1992 to 2008 due to economic crisis in North Korea. It was later completed but the hotel is such an eyesore that the government often airbrushes it to make it look like it is open. But it's not and never will be.

MIX 'EM UP FOOD &

BORROW THESE EXCLUSIVE RECIPE IDEAS FROM A CHEF NOVATEUR AND THE SULTANS OF BOURBON, FOR A PERFECT MONSOON EVENING...



MANU CHANDRA
EXECUTIVE CHEF AND PARTNER
MONKEY BAR

Chef Manu Chandra, a graduate from St. Stephen's College, Mumbai completed his post graduation from the Culinary Institute of America, New York. There he apprenticed with some of the City's most celebrated kitchens, including Restaurant Daniel, Le Bernardin, Gramercy Tavern, Café Centro, Jean Georges and Town and opened the now legendary Mandarin Oriental Hotel in Manhattan. He returned to India in 2004, and joined Olive Beach, Bangalore as Executive Chef. Since then there has been no turning back for him as he started the Monkey Bar that is now present in three major cities, New Delhi, Bangalore and Mumbai.



DRINK

RICOTTA AND PANEER KEBABS

SERVES 4

Melt-in-the-mouth, stuffed with minted mushy peas. Grilled pav and tomato kalonji chutney

INGREDIENTS

Cottage cheese	360gms
Ricotta cheese	120gms
Hung curd	120gms
Garam masala	5 tbsp
Cumin powder	2 tbsp
Chopped onion	40 gms
Fresh coriander	60 gms
Fresh red chilli	4 nos

FOR STUFFING

Green peas	150 gms
Chaat masala	to taste
Mint leaves	30 gms
Olive oil	10 ml

METHOD OF PREPARATION

- Grate cottage cheese. Combine it with ricotta cheese and hung curd. Mix well. Slit the chillies lengthwise and remove seeds. Chop them finely and mix into the cheese and cottage cheese mixture. Add spices and chopped onions. Season with salt and pepper. Add chopped coriander and mix well. Refrigerate the mixture.
- In a sauté pan add the oil and sauté the green peas, roughly shred the mint leaves and add them to the pan. A little water can be added to aid the cooking of the peas. While cooking, smash the peas a little with the back of a spoon. Finish with the chaat masala and allow the mix to cool.
- Take about 50 gms of the cheese mixture and form into balls. Flatten each ball and place a little of the smashed peas and cover and form into a disc shape.
- Sear the kebabs in *ghee* till golden brown on both sides. Finish with a little sprinkle of amchur powder and serve with warm pav and tomato onion seed chutney.

INGREDIENTS

Lump crab meat	350 gms
Imitation crab meat sticks	50 gms
Cream cheese	400 gms
Chopped onion	30 gms
Light soy sauce	3 tbsp
Ginger chopped	1 tbsp
Garlic chopped	1 tbsp
Scallion (finely chopped)	1 cup
Worcestershire sauce	1 tbsp
Wanton sheets (4x4 inch ea)	16 nos

METHOD OF PREPARATION

- In a mixing bowl add the crab meat. Check for any shells and keep aside. In another bowl add the cream cheese and soften using a rubber spatula. Add the chopped onion, light soy, ginger, garlic, scallion and Worcestershire sauce mix well and season with salt and pepper. Roughly chop the crab sticks and add that along with the crab meat to the cheese mixture. Mix well.
- Place about 50 Gms of the mixture in the centre of each wanton sheet. Fold the sheet to form a triangle and seal using water or a slurry made with flour and water. Bring the two ends of the triangle and join similar to a shape of a tortellini.
- Deep fry till golden brown in colour and serve with sweet chilli sauce.



CRAB RANGOON

SERVES 4

Crab meat with cream cheese, scallion, garlic, ginger and onion

JUST ANOTHER REASON TO DRINK

SUMMERS ARE BEGINNING TO ROAST US AND ALL THAT WE CAN DO IS PRAY TO THE RAIN GODS. BUT WE FOUND A SECRET PATH TO MUCH-NEEDED COOLNESS. PRESENTING FIVE SUMMER COOLER COCKTAILS THAT WILL LOWER THE TEMPERATURE FOR THE PARTY TO GET STARTED. SIMPLE INGREDIENTS, A BOTTLE OF JIM BEAM AND VOILA! WHERE'S THE SHINY DISCO BALL?

EVER THOUGHT OF HOW BEAUTIFULLY I AM MADE, BEFORE TAKING A SIP?





WHISKEY SOUR

INGREDIENTS

- 1½ parts Jim Beam Original
- 1 part lemon juice
- ½ teaspoon sugar

PREPARATION

Combine ingredients in a mixing glass and serve over ice in a rocks glass. Garnish with lemon or orange wedge and cherry.

* Recipes developed by Yangdup Lama for Jim Beam

KENTUCKY STORM

INGREDIENTS

- 1part Jim Beam Honey Bourbon & Liqueur
- 3 parts ginger beer
- Juice of ½ a lime

PREPARATION

Build over ice in a Highball glass. Garnish with a lime wedge on the rim.





MINT JULEP

INGREDIENTS

- Jim Beam – 60ml
- Fresh mint sprigs – 5 numbers.
- Angostura aromatic bitters – 3 drops
- Sugar syrup – 5ml
- Dry Gingerale (optional) – 30ml

PREPARATION

In a tall glass drop the mint sprigs and gently muddle. Pour Jim Beam, aromatic bitters, sugar syrup and stir. Filled with crushed ice and add gingerale. Garnish with a mint sprig and serve.

APPLE ROCK BOTTOM BLUES

INGREDIENTS

- 1 part Jim Beam Bourbon
- 2 parts fresh pressed apple juice
- 1 part fresh lemon sour

PREPARATION

Build over ice in a tall glass. Garnish with a lemon wedge.



BOURBON COOLER

INGREDIENTS

- Jim Beam-60ml
- Lime juice-30ml
- Ginger ale-90ml
- Freshly cut cucumber-1 slice

PREPARATION

In a tall glass filled with ice cubes measure Jim Beam, lime juice and top with ginger-ale. Cut a fresh slice of cucumber and place into the drink and serve.





BEAM ORANGE MIST

INGREDIENTS

- Jim Beam-60ml
- Orange bitters-3 drops
- Soda-60ml

PREPARATION

In an old fashioned glass filled with crushed ice pour Jim Beam, orange bitters and fill with soda. Release oils from a fresh orange peel, drop and serve.

MANHATTAN

INGREDIENTS

- 1 ¾ parts Jim Beam Bourbon
- ¾ part vermouth
- Dash bitters
- Cherry

PREPARATION

Add ¾ part sweet vermouth to 1 ¾ parts Jim Beam Bourbon in a Manhattan glass. Add a cherry. Optional- add 1 dash bitters. Enjoy!



Oppo N3

Own it for the Camera

32 GB internal space and 5.5 inch screen. But everything is downplayed by the 16 MP flip camera of this Oppo machine. We loved it–but there's more to a phone than just the camera.

The Oppo N3 is a phone of the classic Oppo mould. A bit strange, too big, and too chunky to handle. With the N3, Oppo brings a camera that flips around on a motorised hinge, offering selfies and dramatic panoramas. Taking cue from its flagship N1, the camera's rotational skill has been enhanced with other specifications beefed up too.

DESIGN

If you're looking for just a beautiful, sleek and sexy phone, look elsewhere. The N3 is a brick of a phone, the likes of which we don't see too often now. It looks, feels and is big! 9.9mm thick and weighing at 192g, the other 5.5 inchers aren't that heavy. However, it does feel well made. The rear is plastic with aluminium alloy exoskeleton that provides much of the phone's strength.



The best design feature is the fingerprint scanner. You can add up to five fingerprints; the index finger works the best by far. This is definitely the best scanner we've used in a phone (no offense to iPhone).

SCREEN, SOFTWARE AND PERFORMANCE

5.5 inchers, once, used to be phablets but with the ever growing large screen fixation, people have become accustomed to big screens. The N3 doesn't really benefit from design improvements that other big names have worked on over years. However, it is satisfying enough. Quality wise, the IPC LCD screen of 1920 x 1080 Pixels with a 403ppi pixel density, the screen looks pleasant. Natural looking colours, brightness and good viewing angles make it pass our 'display test' with flying colours.

The ColorOS 2.0 operating system means that the phone comes with Android 4.4.4. The most serious change in the phone is the 'apps' menu missing. Everything is cluttered on the main screen in iOS style. There are additional themes that alter icon styles and wallpapers. The customisation factor helps you create your own gesture for every app, which will directly take you there.

We even noticed a few glitches here and there, like elements not responding as they should at times. N3 contains a 2.3 GHz Snapdragon 801 processor with Adreno 330 GPU and 2 GB RAM, which is quite powerful. Everything thrown at it was handled easily, but still it is not at par with some latest phones.

CAMERA AND O-CLICK

So, this is where the buck stops. The Oppo N3 is the first smartphone to have a fully motorised camera that is both your front and rear facing camera. This means the 16MP camera with Schneider Kreznauch lens is for both high-res selfies and gorgeous landscapes. As for the camera app, more work has been done than on any other feature. After all, this is what Oppo is selling. So, swipe up from the shutter icon and you're given a range of different camera modes such as 'Ultra HD', a night mode, an 'auto panorama' mode (automatically rotates the lens to capture a wide panorama), 'beautify' mode and an 'expert' mode. The remote (O-Click) which comes with the phone is also unique in every sense. So, keep the phone at a distance and use the remote to click.

VERDICT

At Rs 42, 990 and a relatively unknown brand, you'll feel that it's overpriced. Yes, there are a few quirks and bugs in the ColorOS interface. The phone is too big, but with so many camera features and a good-to-go hardware, this can surely be in your 'maybe' list.



Let your budget go haywire for this super sexy machine!

HP Omen
GAME ON

HP is playing to win. The gaming laptop is a surprise that brings a good omen. An omen you wouldn't mind keeping.

HP has offered a mid-year surprise with the Omen, a new gaming laptop that might be the most inventive notebook design to come from the company in years. The Omen arrives aptly at a time when it's the most exciting year for PC gaming, with a flood of new hardware and components offering great experiences for almost any budget-and it looks like HP is playing to win.

LOOKS

Shunning the flashing lights and brightly coloured accents of its competitors, the Omen stuns in jet-black anodised finish and glowing red accents. In a clever design decision, the notebook's lid is wider than its base, and tapers in such a way that it looks like an upside-down trapezoid. Across the lid is a pattern of tiny triangles imprinted into the black aluminum, with a Hewlett-Packard logo etched into it. The multi-coloured backlit keyboard sits in a slight recess between a pair of discreetly lit speakers that run from the top to the bottom of the deck. The hinge of the laptop gets some unexpected visual flair with a shiny chrome hinge, and the ends of the hinge have a coloured flame pattern. The gleaming silver rod is stained blue on each end, like it has been kissed by a hot rod.

HARDWARE

The 15.6-incher comes with a 1080p screen, a quad-core Intel i7 processor, and GeForce GTX 860M gaming graphics, that's made to entice the gaming crowd, though it doesn't look like a big and bulky gaming laptop. Instead, a thin chassis with a wedge design gives the Omen an airy feel while housing components that can easily run many of graphic-heavy games.

An Intel Core i7-4710HQ is the processing force behind the Omen, while its graphics department has an NVIDIA GeForce GTX 860M adapter with a 2GB memory. The rest of the configuration includes a 512GB solid state drive (SSD), and 8GB of DDR3L SDRAM. This is the top model in HP's stable of Omen offerings.

GAMING

So, this is where it needs a real test. Playing the *Call of Duty: Advance Warfare* with all the textures set to medium and ultra, it was a comfortable game-play. Our only concern, and a major one, is that the system gets uncomfortably warm while playing the game. And it is not just the game, it gets pretty hot even while browsing the web. It doesn't perform as good as other gaming desktops, but hey, the games will look far superior on this one. The visual effects are as good they get... maybe even better. Omen runs for less than two hours during continuous game-play. Maybe, HP takes a note on this!



VERDICT

There is a lot to like about HP Omen, but it is ultimately a niche product, given its price tag of ₹1,59,990. Omen is a solid product minus the bulky exterior and obnoxious design and get past the line with its performance and slick look. Take a serious note of the Omen if you are a gaming maniac!

THE DEFINITION OF BEING HUMAN, AS WE UNDERSTAND IT, IS TO BE ABLE TO GOOF UP IN FULL GLORY AND THEN MAKE BRILLIANT ATTEMPTS TO CLEAN THE MESS. THAT'S PRECISELY THE SPIRITUAL PURPOSE OF LIFE TOO... BUT WHO GIVES A SHIT ABOUT THAT! ALL YOU STRIVE FOR IS TO SAVE FACE IN THESE MOST RECURRING, WONKY CIRCUMSTANCES. JUST FOLLOW OUR LEAD...



No. 01 NOT A GOODBYE!

That time when you say a goodbye to someone, only to realise that they're also heading in the same direction as yours. You feel a warm tingling behind your ears and it's plain awkward!

What to do?

This may happen in two situations: solitary or with a group. The latter is easier to handle because you customarily bid farewell to everyone and someone just happened to go in the same direction as yours. No big deal. The former is a little tricky as you may have said some intense closing lines or may have excused yourself for something that's really not your plan. Wit is the key. Don't just walk quietly, seemingly embarrassed. Make a joke about them following you, or that the universe doesn't seem to get you two to part so soon. The other party is also in the same situation as yours, so take this one easy. You're freeing both of you from feeling awkward by doing just about anything.

No. 2 WAVE FAIL

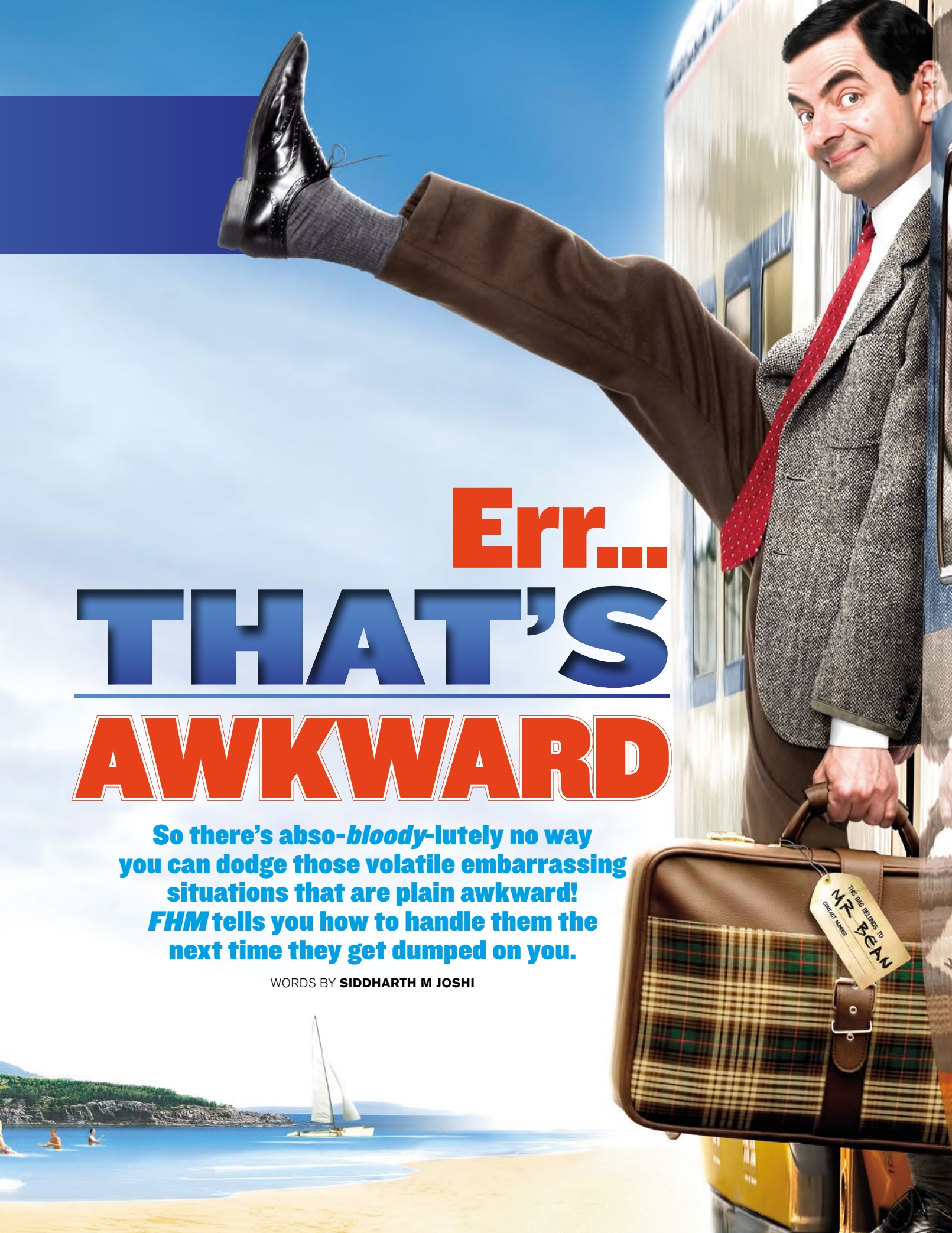
This is one of those situations that make you want to hit the rewind button in life all the more desperately. You're walking down the street, you see someone, you know them down to their last name and you're kinda excited for having spotted them in the crowd. But as you wave your hand at them, your cruel eyes reveal the prank they just played on you. Turns out you don't know this guy and he confirms it by looking behind his back to calculate your creepiness coefficient.

What to do?

Okay, this one's a funny mess. One option is to totally ignore the guy and carry on with your business audaciously. It's easier said than done And that'd be un-cool and we don't promote that. Be a sport– accept that you goofed up and let your gestures convey this message to him. Your embarrassment will fade away as the other guy smiles at your honesty.

Caution: *It does run the risk of crossing over into 'gay' space!*

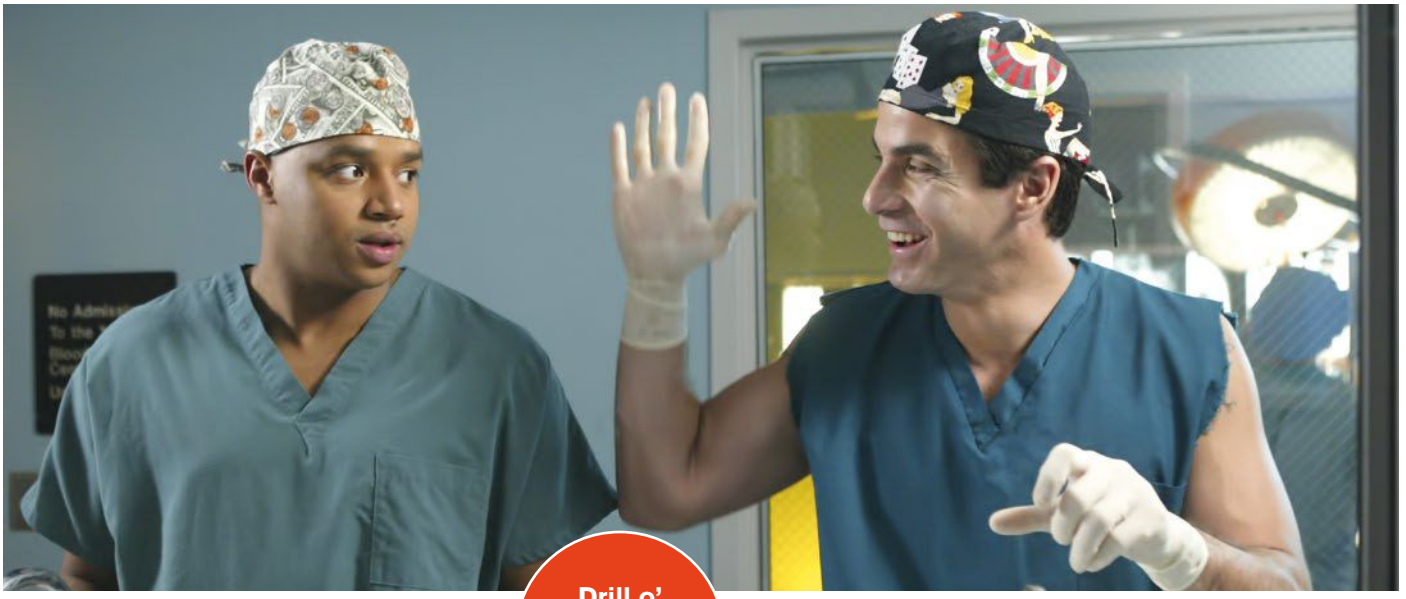




Err... THAT'S AWKWARD

So there's abso-*bloody*-lutely no way you can dodge those volatile embarrassing situations that are plain awkward! *FHM* tells you how to handle them the next time they get dumped on you.

WORDS BY **SIDDHARTH M JOSHI**



No. 03 THE HANGING HIGH-5

Drill o' logic
All hail the loser who put his high-5 low

Anyone who says that this hasn't happened to him is a lying bastard. You made a smart statement that everyone really appreciated, but you decided to take the celebration a notch higher. With an extended arm and an open hand near one of the hysterics' face, you hang in anticipation for someone to slap it. But it's too late before someone finally notices and gives you a sympathy high-5.

What to do?

Whenever you have the urge to demand a high-5, do that literally–verbally demanding one with the words, "Hey! Gimme five!" or anything else that makes your intentions clear.

No. 04 WRONG NUMBER



The who???
Mis-sent messages cause agony, my friend!

Thanks to Whatsapp you have been chatting night and day with that new chick on the block whom you helped get rid of scary pigeons from her balcony. Now even if you have to send an official reminder to your client, your thumb auto sends the message to her. She's been receiving all of them, followed individually by apology messages from you that the messages were sent in error. For all you know she thinks you're madly in love with her, which even if is true should not be conveyed to her like this with you playing an obsessive high school kid.

What to do?

Don't make 'Sorry, my mistake' your motto and be a little more aware. If you send a misplaced message, cover it up with a better and more creative story. She may still think you screwed up but at least you'll come out as someone who has a presence of mind and a sense of humour. If you can't think of a way how, this may give you an idea–after sending a wrong message, send a covering text as, "Could you check the grammar for me? Thanks."



No. 05 PAINFUL JOKE

Who doesn't want to appear interesting and fun in a group! Well, many of us don't, but this is for those who do and make an effort in that direction. You have some really funny jokes memorised and have been saving them for a cool party. The moment comes and you start telling your first one, expecting people to choke on their food laughing by the time it's over. But when you're half way there you realise you've forgotten the punchline. Getting hit in the nuts may be less painful than this.

What to do?

This may top the list of most awkward situations because you can't dodge all the attention you're under. Once again, let your presence of mind save the day and say something witty instead of keeping quiet or apologising profusely. You could say, "To be continued..." and start eating nonchalantly, as if nothing happened. This could be funnier than your original joke if executed well. You could also tell everyone how the joke ends right where you forgot it and that it has got a subjective interpretation. When no one seems to understand what just happened, exclaim with a straight face, "Oh! So there's no one who majored in Nietzsche in college?" and quickly change the topic with the wave of a hand.

No. 06 WRONG SIGNAL

An old lady friend finally says yes to hang out with you for a casual chit-chat and during the conversation she touches you with no other intention than an extension to a nonverbal aid to her story. The desperate prick that you are, you think she's leading you on and you make a move. Awkward! She looks at you like you're a scoop of turd.

What to do?

The only way out of this mess is to make a joke that she fell for your prank. Don't expect her to understand and let her leave for both of your good. Learn a lesson and hold the cigar within your pants a little longer next time.

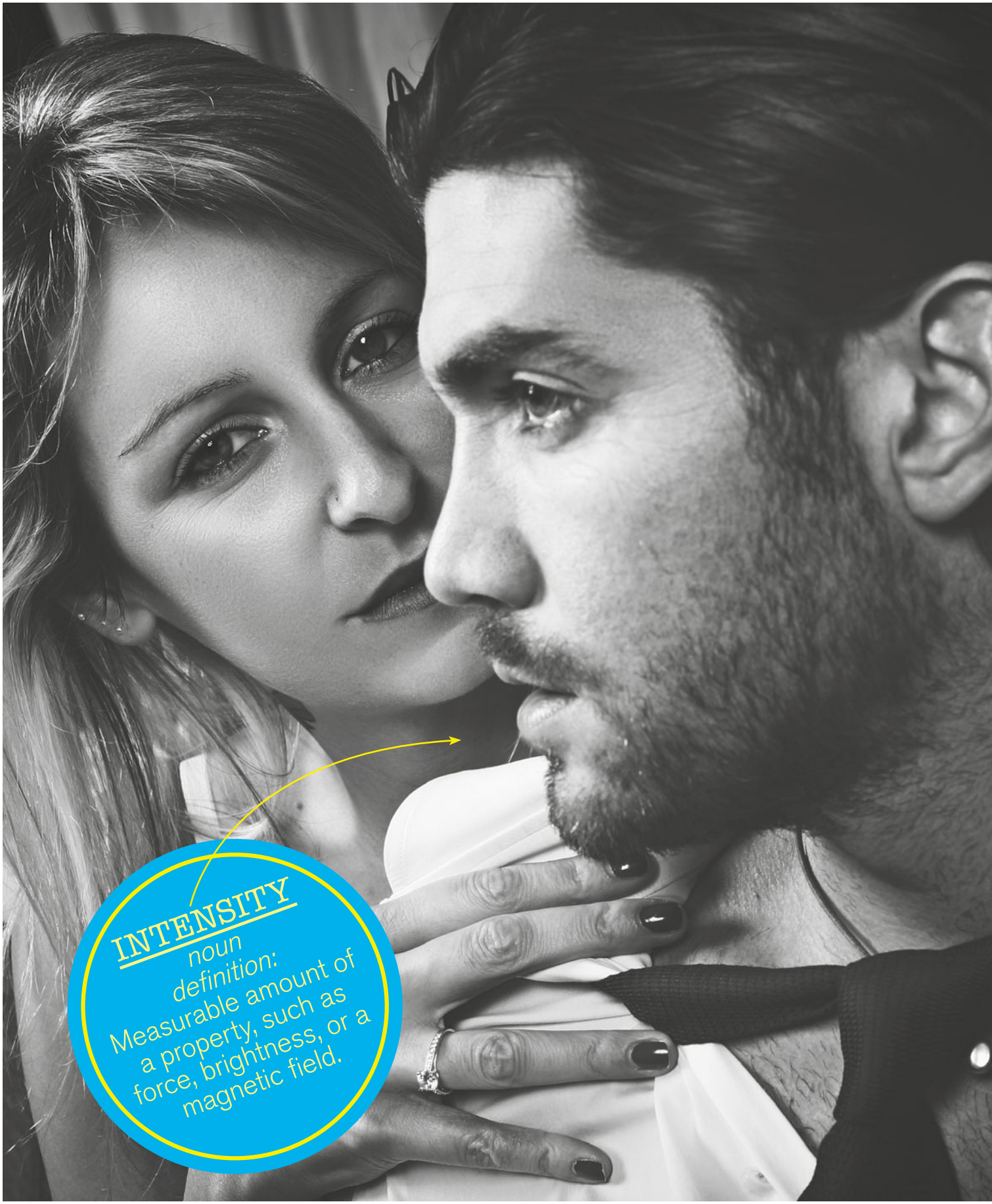


No. 07 EX-DEGREE BURN

You broke up with your psycho girlfriend and are on top of the world for being a free dog once again. It took you three parties to finally get over her and sift through a list of hot girls who'd want to go out with you. And finally you have one, walking by your side as you enter a friend's Friday get-together. But God won't let all your rides go so easy, would he! Sitting on the couch, sipping on a nauseous pink drink is your ex, expecting a reaction out of your thunderstruck face.

What to do?

She hates you anyway, but you still have some responsibility towards humanity and feminists in general. Take that arm off the new hottie's waist and throw the ex a casual greeting. Chances are she either won't recognise it or would mouth you a silent curse, which is fine. There's nothing better than aborting the party plan at this juncture, so quickly explain the case to the host and make a slip. At no cost let the old and new come face-to-face and enter into a conversation.

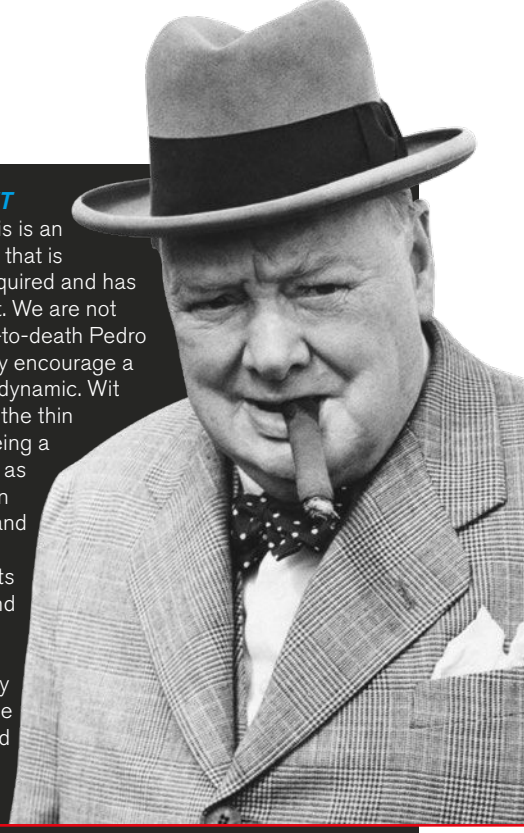

INTENSITY
noun
definition:
Measurable amount of a property, such as force, brightness, or a magnetic field.

How to tell MEN from boys

Push aside boyish looks and slapstick wit. You have graduated to a bigger game and your school tricks of swooning teenaged girls will barely get you past the starting line. We know what's missing and it's called Intensity. Here are FHM's ten commandments on how to turn the heat on your charm to get you to previously uncharted territories.



01 WIT



This is an art that is acquired and has no shortcut to it. We are not talking of done-to-death Pedro jokes that barely encourage a reaction. Wit is dynamic. Wit is adaptive. It is the thin line between being a passive listener as the conversation passes you by and breaking down serious moments with adapted and relevant funny comments. Had it been that easy then all would be adept at it… and what's the fun in that?

02 STUBBLE

Another thin-red-line point that we can go overboard with easily. There is an instant likeness towards careless stubble, a certain attitude that a close shave cannot even wrap its head around. However, a little more and it begins to look scruffy and unkempt… trust us that you don't want to go there. Naturally, we are not talking office settings here. We are referring to tapered satin shirts with linen jackets at casual dos. Get the picture?



03 INTENSE FRAGRANCE

We agree that there is only as much that we can talk about before we overwhelm the hearing sense of the opposite sex. How about taking a different route? All the while you are weaving magic with your words, let your fragrance play up the charm and intensity. Look no further than the new Axe Intense, which is an irresistible tour-de-force. Essentially a delicate mix of unforgettable beats of green hazelnut and the sensual, addictive Tahitian vanilla and Tonka bean, the fragrance delivers the perfect proportion of intensity to make your date notice little else but you.

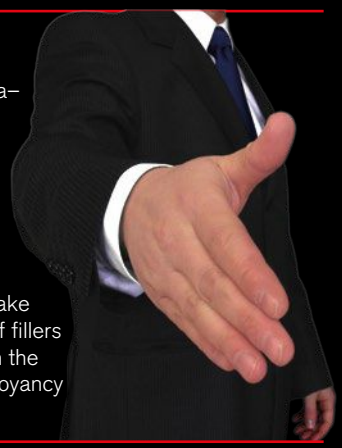


04 ROCKSTAR

You have crammed the textbooks, aced the exams and topped your degree college. And the cushy job beckons. Now is the time to put your feet up and take up something that you wanted to but time played a spoilt sport. And it also has another upside. Women swoon to an intensely followed hobby, which shows your I-can-be-excellent-at-more-things-than-one side. That guitar strumming you wanted to never give up? Or clicking nature landscapes you thought you were good at? Take it up again… and ace that too!

05 CONFIDENCE

We once heard a management mantra–even if you have to bulls**t, do it with confidence. It will take you places–and we loved it! Confidence is inherent yet acquired. It has to be honed and must reflect in anything to everything that you exude. Be it the way you sit or the way you shake someone's hand, or the number of fillers you use while speaking. Do it with the right kind of intensity and your buoyancy levels will go through the roof!





06 PASTIMES

Yes, at a gathering you can rant about the latest interest rate cut proposed by RBI and the ripple effect it would have on the economy. Yes, you're the go-to man for a scholar doing research on Africa becoming the next big thing. Yes, you're a certified geek. No one wants to know how you rummage through news sites for info. Talk about the last book you read, or a Satyajit Ray movie you were glued to. Finding a pastime that is engrossing will not only help you unwind you but also show that you have a life beyond work.

07 DRESSING

Imagine talking to everybody who sees you each time you step out of your confines. Sounds overwhelming, does it not? But that's exactly what you do with the way you dress… because what you adorn says more about you than is comfortably acceptable. Fret not! Here's the golden rule to swear by–your dressing is to accentuate your personality and not to suffocate it. Get noticed for your dressing subtly. Follow this to the T and you're ready to rock it.



08 SET OF WHEELS

We all dream of that certain car that will do all the talking for us. Be it Mr Bond's Aston Martin DB5 or the Lamborghini Huracan, we are all (well, most of us) are waiting for a miracle to happen when we would own our very own chariot of fire. We're sure that will happen, but till then we have our carthorses. Allow us to break it to you that how we keep our cars also talks a lot about how much we have come of age. Teenagers have dented and bruised cars but real men take care of their beauties.



09 KNOW YOUR DRINKS

You like whisky. Congratulations. But why do you like it? Can you tell a Speyside from Highlands? Why is good malt always 'single'? Don't just dabble with drinks and info… know it like you own it to give character to your social habit. It shows that you have rich taste and you don't get swooned by masses but like to hone your own opinion. Perfect.

10 CONVERSATION SKILLS



Boys chatter. Men converse. They talk, listen and adapt. They are gentlemen who say what they have to with tact without stepping on toes. They can say a hundred words with a line. Or say nothing at all but still talk volumes. They know the difference between chivalry and flirting. They know how to prove a point without starting a debate. But, most importantly, they know when to shut up.



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Stuff that men dream of

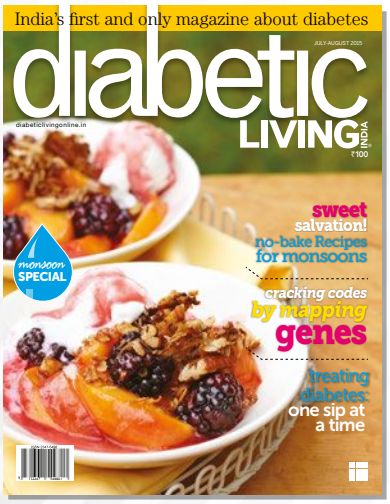
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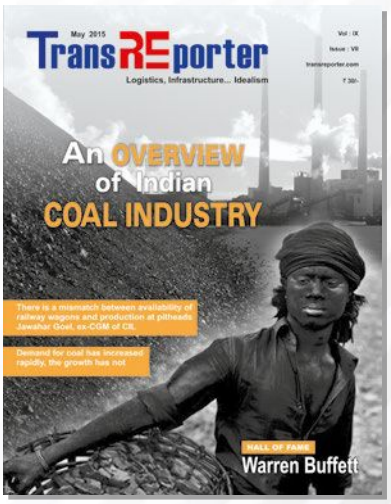
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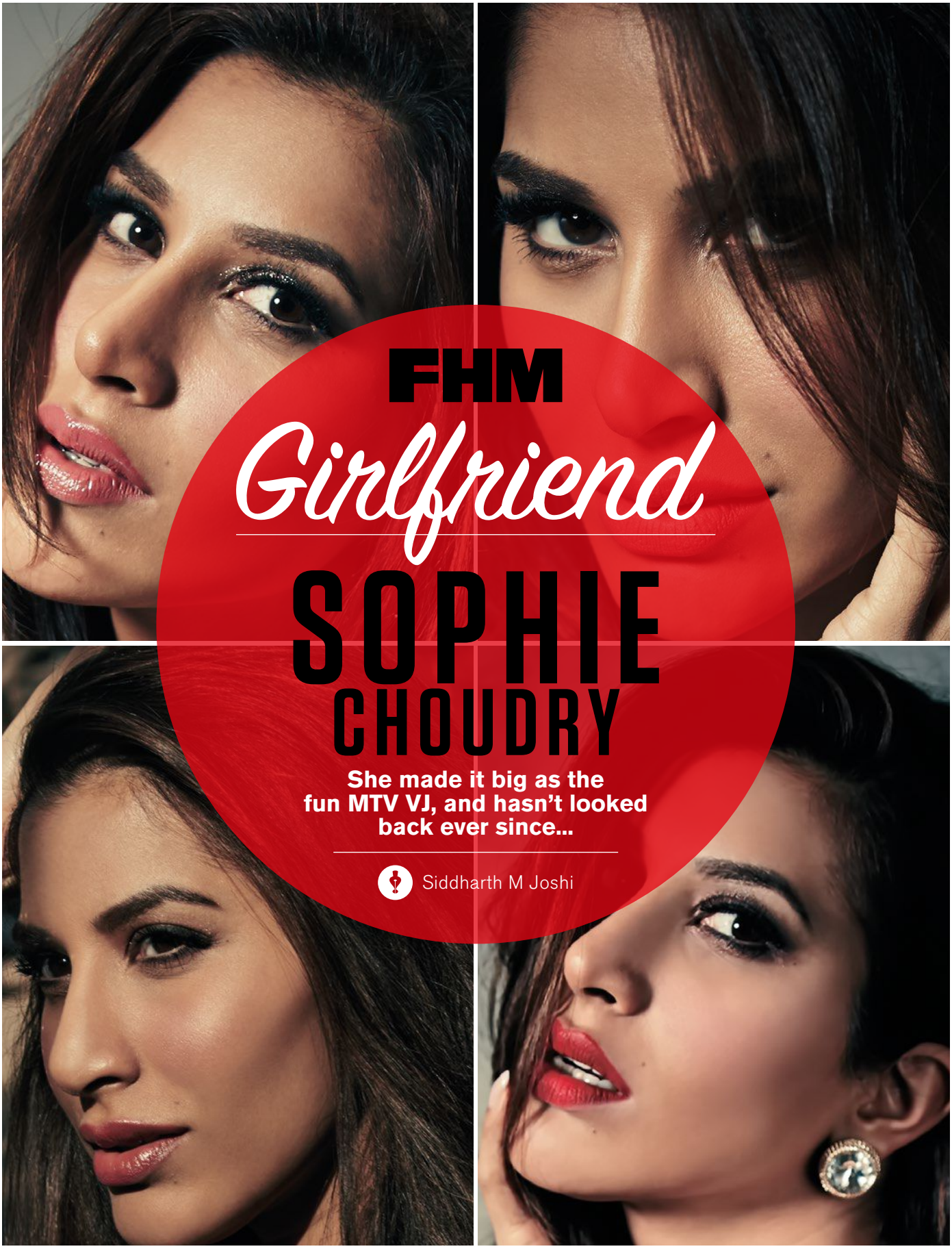
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THE BRITISH-INDIAN DIVA HAS EVERYTHING THAT A GIRL NEEDS TO STEAL YOUR HEART

"MUMBAI IS A CHAOTIC MESS BUT IT'S VERY INFECTIOUS AND THAT'S WHY I LOVE IT!"

Find more pics of Sophie on fhmindia.com



FHM Girlfriend

SOPHIE CHOUDRY

She made it big as the fun MTV VJ, and hasn't looked back ever since...

Siddharth M Joshi



FHM: **How does it feel to be hot and famous?**

Sophie Choudry: Oh gosh! I never think about it like that! People find me hot, which is great because women spend their whole lives trying to feel and look sexy. I never thought of myself as hot. It was only when I came to India and sat on that MTV loveline couch that overnight I was the hot new girl in the world of showbiz. I think my confidence and style was different from everyone's. Maybe it was the London, Paris, desi girl mix! Feels amazing to be recognised and known but in my own eyes I'm still the same girl who needs to work a lot harder! There are definitely some perks like getting tables quicker, getting looked after a bit more wherever you go, the love and appreciation wherever you are recognised, but the work is above everything else!

A nerd from London School of Economics entered show biz. How did that happen?

It actually happened while I was studying! I sang on *Made in India* when I was a little school kid! After that I knew that I wanted to pursue singing seriously and I was always a filmy *bachcha*. Films were a dream. I never thought it would happen. I got offered a development deal for music when I was 16, in the UK, but I never wanted to drop out of school. I was a straight A student who loved school and going to university was the best thing I ever did. Simultaneously I was able to record music and had a TV show in the UK on Zee TV that was a number one show for three years!

You were 'discovered' as a young talent by Biddu when you were just 12. Did you have a normal girl-next-door teen life?

Yes absolutely! And thank god for it!

When on earth did you find the time to learn all the languages you know? How many of them are there, again?

Urdu at home, English, French, Italian at school and university. I can sing in Arabic, thanks to all my childhood friends who were all of Arabic origin! My Punjabi singing is pretty cool too!

You were born and brought up in London. How different was Mumbai?

It's the opposite extreme! London is beautiful, clean, green, calm, organised!

Mumbai is a chaotic mess but it's very infectious and that's why I love it! I miss the quality of life you get abroad. Hygiene, great roads, pavements where you can walk. Even people are more straightforward, honest and polite. Mumbai is all about *jugaad*, and in a strange way it's a city that made my dreams come true, so it's special!

You've danced on TV and you've tried your hand on several dance forms. Which form do you find the sexiest?

The Latin forms for sure. Salsa and Bachata are gorgeous and sexy.

Talking of sexy, what is your definition of 'sexy' when it comes to men?

I love men who are quietly confident and stylish but not arrogant, because that's very putting-off! Sexiness comes from being well-put together but not vain, and for me sexiness in a man is more about his mind than his looks! And if he has rhythm on a dance floor, then that's some serious brownie points!

We've never seen you angry. Is that an asset you were born with or you've tried hard to be this composed, with always a smile on your face?

Oh please... I'm a Punjabi *kudi* and my gussa can be at another level. I hate being lied to so that gets me super angry and I can't bear inefficient, lazy people! Other than that I'm always composed and I think a smile looks great on me!

What's with the obsession with keeping your feet clean all the time?

Hahahahha! Oh God. You know about that! I just really have a foot fetish. I like my feet to look nice and clean! In fact when mum took me to learn *Bharatnatyam* as a kid, I said no because I saw it was bare feet. I went later at the age of 13 for about a year! Of course, *Jhalak* makes you forget about all of those inhibitions and just dance!

What's your favourite drink?

I'm not huge on alcohol. My friends tease me and call me Evian Queen! Otherwise a nice glass of Sancerre or Chablis if I'm out for dinner. At a party, vodka, soda lime! My favourite drink ever was in Abu Dhabi. A fresh raspberry mojito!
To die for!

What is the craziest thing you've ever done... a) sober b) drunk

Sober? Far too many things! Tried to drive a rickshaw, *Jhalak* and those insane stunts were crazy, considering I've had two slip discs in the past. Oh! and moving to India and pursuing singing and acting. That's insane! Haha.
Drunk? Thank god for amnesia! I do remember an attempted pole dance (fully clothed, of course) in Tokyo one night! The girls at the club decided they wanted to teach me. Hmmm.

Were you ever hit on by a guy who didn't know you were Sophie Choudry? How did that go?

Happens outside India all the time. It's fun. And sometimes it's fun to pretend to be someone else for a while.


“I REMEMBER AN ATTEMPTED POLE DANCE (FULLY CLOTHED, OF COURSE) IN TOKYO ONE NIGHT!”







Girls love to assign different adjectives to men they come across in their lives. What is your stack of adjectives? (a little heads up... men are dogs)
That is my favourite word for the ones who think they are so cool just because they have money. Money doesn't buy you class. Men, who order bottles of champagne once they hit their 30s just to spray on people at clubs, are absolute idiots!
There are so many others but I fear I would reveal my secret code for men if I tell you everything!

What does a guy have to do to keep you interested and engaged during a date?
He has to be himself because I can spot a fake. I love funny, intelligent and charming men! He has to be chivalrous and he has to know that the evening isn't just about him and his stories!

That brings us to... are you dating anyone right now?
No. Why, do you have someone in mind? ;)

Do you follow any fitness routine to maintain that figure of yours?
Of course I do! Everyone has to stay fit to be in shape! I train in Pilates with Yasmin Karachiwala. It's the best. And my two-hour-long live shows keep me fit!

What is that most flattering compliment you've ever received?
Probably that I'm even more beautiful on the inside than outside. Someone once said to me that when I'm on stage, performing, I look pure. That meant a lot because I love my work at the deepest level and stage for me is sacred, so along with looking hot and being a live wire, if someone felt I was pure then that for me means I am real, honest and passionate, and it shows!

Would you ever date a guy who you know nothing about, just because you find him mysterious and incredibly sexy?
Never say never!

How spontaneous are you?
I can be. It's all about why and with whom!

THE FINAL COUNTDOWN

10 THINGS ALL MEN SHOULD DO BEFORE THEY'RE 30



10 DRIVE SOMETHING

Cruising through NH-8 roadworks at a steady 90kmph for the first time after passing your test? Hell, you might as well be Vin Diesel. Alternatively, if you really want to get out of control, nick one of the vehicles at your local go-karting club and head out for a spin. There it is, you sticking it to The Man.

09 JOIN A CLUB

From fortnightly five-a-side to the weekly Wetherspoons Curry Club, a bit of male bonding gives your life a sense of purpose. Just don't accidentally join any death cults – you never know what'll happen at a Warhammer meet-up.

08 POSE FOR AN ICONIC PIC

No Facebook profile is complete without a snap of you dickishly 'pinching' the Eiffel Tower, 'pushing' the Leaning Tower of Pisa, or covering your bedroom with photos of your ex. Actually, maybe not the last one.

07 FINISH THE WIRE

People are only going to keep on asking you, aren't they? It's now more acceptable to be a virgin in your 30s than it is to have never seen any of the major HBO sagas, so get on it. See also: *Breaking Bad, Lost,* anything else that tit at work keeps going on about.

06 POACH AN EGG PROPERLY

Be the master of this one fiddly thing in the kitchen and women will forever think you're some sort of Gregg 'I'm tasting strawberries' Wallace/Gordon Ramsay sexbot. Clue: vinegar's the key (to the eggs, not the sex, obviously).

05 PRETEND TO BE A LADYBOY

Because tucking your bits inside your legs 'for lols' is fairly amusing when you're young, but not so much when you're 35 and in the changing area of a council swimming pool.

04 'SLEEP' ON A BEACH

Be it Norfolk or Ayia Napa, nothing puts you more at one with the elements than having a rave on a beach that goes on until dog walkers find you the next morning and assume they've found a washed-up corpse – albeit one covered in a mixture of fluorescent paint and Jägermeister.

03 TRY WEARING WHISKERS

Whether it's Guido Fawkes face-fuzz or a full-blown bushy beard, only faff with your facial hair while you're young enough to get away with it. Otherwise you'll resemble the sort of bloke who rummages in bins for used jazz mags.

02 BE A FESTIVAL IDIOT

It's a rite of passage to cause a ruckus at Reading or turn a caravan at Download into an all-night dubstep rave. But do it while you're young and single: no toddler wants to see their dad dancing with a tree at 7am when Glastonbury finished days earlier.

01 INVENT SOMETHING

Steve Jobs was 21 when he founded Apple, so get your skates on if you want to invent something that changes the world. Maybe sit under a tree in the hope you discover a successor to gravity. Or go online and steal someone else's idea. Easy.



Words: Si Cunningham. PHOTOGRAPHY: REX

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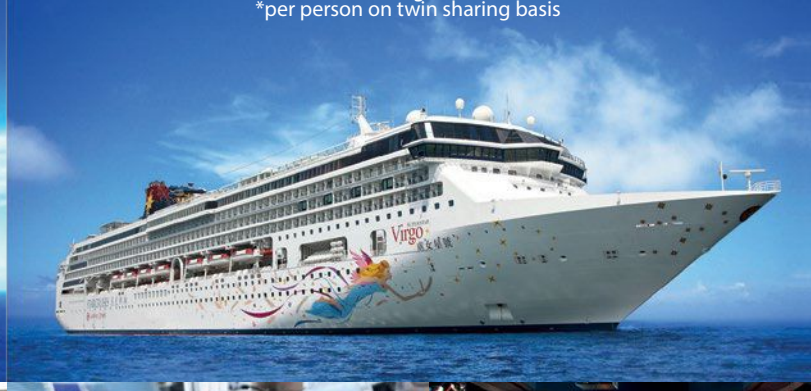
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